

The Good Shepherd – Psalm 23 9.16.18 - Trevor Van Laar

Psalm 23 NIV

- <sup>1</sup>The LORD is my shepherd; I shall not want.  
<sup>2</sup> He makes me lie down in green pastures.  
He leads me beside still waters.  
<sup>3</sup> He restores my soul.  
He leads me in paths of righteousness  
for his name's sake.
- <sup>4</sup> Even though I walk through the valley of the shadow of death,  
I will fear no evil,  
for you are with me;  
your rod and your staff,  
they comfort me.
- <sup>5</sup> You prepare a table before me  
in the presence of my enemies;  
you anoint my head with oil;  
my cup overflows.
- <sup>6</sup> Surely goodness and mercy shall follow me  
all the days of my life,  
and I shall dwell in the house of the LORD  
forever.
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Five things a sheep needs to rest

1. Freedom from \_\_\_\_\_

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“The LORD replied, “My Presence will go with you, and I will give you rest.”

Isaiah 43:1

2. Freedom from \_\_\_\_\_

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Rejoice in the Lord always; again, I will say, rejoice. <sup>5</sup> Let your reasonableness be known to everyone. The Lord is at hand; <sup>6</sup> do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. <sup>7</sup> And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus

Philippians 4:4-7

3. Freedom from \_\_\_\_\_

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[Cast] all your anxieties on him, because he cares for you.

1 Peter 5:7

4. Freedom from \_\_\_\_\_

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Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.

John 6:35

5. Freedom from \_\_\_\_\_

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Jesus said to her, "Everyone who drinks of this water will be thirsty again, but whoever drinks of the water that I will give him will never be thirsty again. The water that I will give him will become in him a spring of water welling up to eternal life."

John 4:13-14

6. A sheep who seeks the Shepherd: Enjoys \_\_\_\_\_

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"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls."

Matthew 11:28-29

Research

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Phillip Keller, *A Shepherd Looks at Psalm 23*, (World Wide 1970)

Kenneth Bailey, *The Good Shepherd*, (InterVarsity Press, 2104)

Max Lucado, *Safe in the Shepherds Arms*, (Thomas Nelson, 2002)

<http://www.tlc.org/resources/sermons/when-im-restless-and-stressed/>