

Our Rehabilitation Program

128 Bed - Residential

Facility

Adult Men and Women

Six months to One year

12 Step Social Model

Christian Based &

Work Therapy

Our Internship Program

Six months to One year

AODS and BBS approved

Emphasis on Individual &

Group Counseling

To Schedule an Interview

Contact Teresa Whitney
Program Manager

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COUNSELING INTERNSHIPS



Counseling Internship Program at
The Salvation Army San Diego ARC

The Salvation Army ARC facilitates the rehabilitation of individuals suffering from alcoholism and/or drug addiction through a social model, work therapy-based program. The six to twelve month residential, 128-bed program prepares its "beneficiaries" to re-enter society and return to gainful employment. Frequently, those rehabilitated are reunited with their families, resolve outstanding legal issues, improve their physical and mental health and resume a normal lifestyle.

The work therapy portion of the Center includes the collection and repair of donated goods and the operation of the Salvation Army thrift stores. The Center is supported by the proceeds from the thrift stores; therefore, there is no charge to beneficiaries for the rehabilitation services offered by the program.

All residents are required to participate in a comprehensive program of work therapy, individual and group counseling, chemical dependency education, relapse prevention, nicotine cessation, Twelve Step meetings, Bible study, and chapel services. Throughout the program, regular drug testing and breathalyzer testing is done to ensure a drug-free environment.

- Excellent working environment
- Supportive atmosphere
- Comprehensive training
- Assigned individual caseload and group
- Exposure to all twelve core functions
- AODS Group Supervision provided
- BBS approved Group Supervision provided
- Networking opportunities



DOING THE MOST GOOD

THE SALVATION ARMY
ADULT REHABILITATION CENTER
SAN DIEGO, CA