

***Attention Deficit***

***Discipleship***

Hebrews 12:1-12

March 5, 2017



## **Hebrews 12:1**

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked

## **Hebrews 12:2–3**

Let us fix our eyes on Jesus,  
the author and perfecter of our  
faith, who for the joy set before  
him endured the cross,  
scorning its shame, and sat  
down at the right hand of the  
throne of God. Consider him

**WARNING**

**THIS SIGN**

**IS ONLY A**

**DISTRACTION**

The key to following  
Jesus  
isn't desire.  
It's ***focus.***

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## **Hebrews 12:4–6**

In your struggle against sin, you have not yet resisted to the point of shedding your blood.

And you have forgotten that word of encouragement that addresses you as sons: “My

## **Hebrews 12:7–8**

Endure hardship as discipline; God is treating you as sons. For what son is not disciplined by his father? If you are not disciplined (and everyone undergoes discipline), then you are illegitimate children and

## **Hebrews 12:9–10**

Moreover, we have all had human fathers who disciplined us and we respected them for it. How much more should we submit to the Father of our spirits and live! Our fathers disciplined us for a little while

## **Hebrews 12:11–13**

No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.

Therefore, strengthen your

## *“Make Level Paths.”*

- Evaluate your habits and rhythms.
- Identify your WMDs (Weapons of Mass Distraction).
- Intentionally disrupt your rhythms and invite Christ into the disruption.

*The Opportunity of Lent*  
*(March 1-April 16)*

**Break a Habit.**

**Make a Habit.**

**Focus on Christ.**

Fix your eyes on  
Jesus.