



WEAPONS OF MASS DISTRACTION

Hebrews 12:1-2

September 23, 2018



HEBREWS 12:1-2

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith.

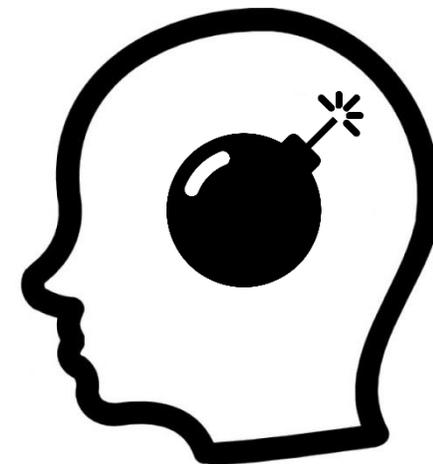
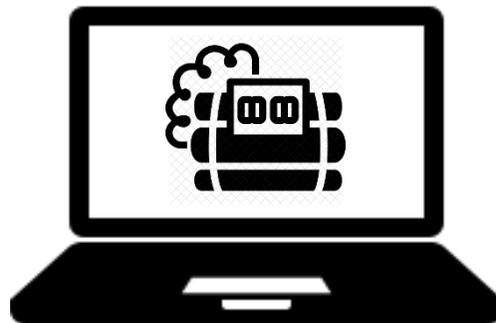
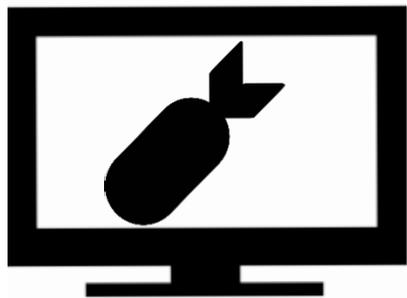


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**A DISTRACTION IS
ANYTHING THAT ENTANGLES
YOU OR HINDERS YOU FROM
YOUR ULTIMATE GOAL**



WHAT DISTRACTS YOU?

**SHINY
OBJECTS**

**“ONE MORE
THING”**



DIAGNOSING DISTRACTIONS

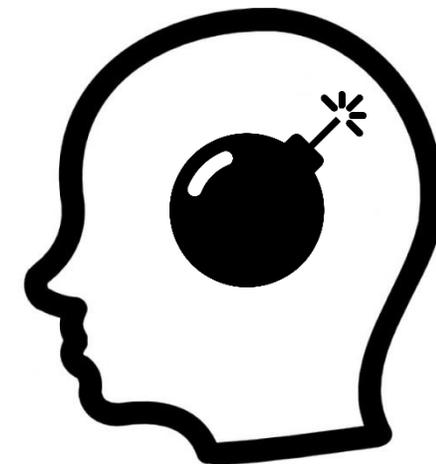
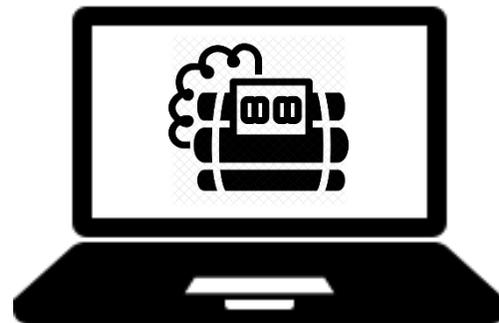
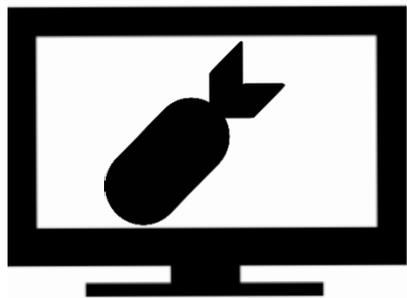
- Is it helping or hindering?
- Does it serve you or do you serve it?
- Do you have to hide it?
- Can you stop?
- Is it life giving?



**STOP HIDING
SHARE YOUR DISTRACTIONS
WITH SOMEONE YOU TRUST
(EPHESIANS 5:8-13, GALATIANS 6:2)**



**WALK IN THE
GRACE AND FREEDOM
OF JESUS CHRIST
(2 CORINTHIANS 12:9,
ROMANS 7:14-8:4)**



BREAK A HABIT
AND
MAKE A HABIT
(EPHESIANS 4:22-24)



**GET TO THE ROOT OF THE
DISTRACTION
(PROVERBS 4:23)**



LUKE 10:40-42

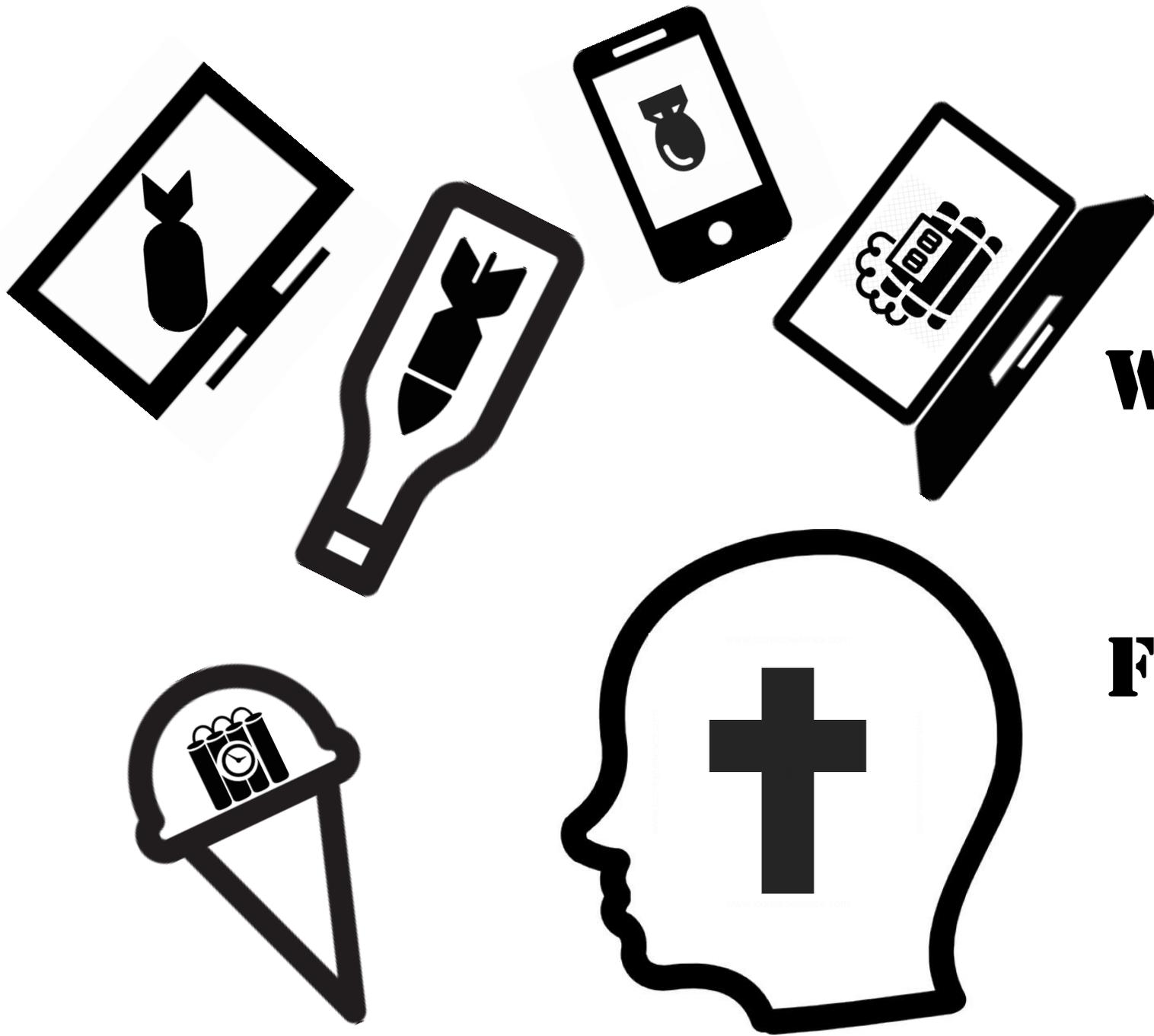
But Martha was **distracted** by all the preparations that had to be made. She came to him and asked, “Lord, don’t you care that my sister has left me to do the work by myself? Tell her to help me!”

“Martha, Martha,” the Lord answered, “you are worried and upset about many things, but few things are needed—or indeed only one. Mary has **chosen what is better**, and it will not be taken away from her.”



JAMES 4:7-8

Submit yourselves, then, to God.
Resist the devil, and he will flee
from you. Come near to God and
he will come near to you.



**SEEK AND
DESTROY
WEAPONS OF MASS
DISTRACTION**

**FIX YOUR MIND ON
JESUS**