

Resilient:
cultivating a life
that bounces back





A Restored Soul

Psalm 23

August 18, 2019



Psalm 23:1–3

The LORD *is* my shepherd; I shall not want.
He makes me to lie down in green
pastures; He leads me beside the still
waters. He restores my soul; He leads me
in the paths of righteousness For His
name's sake.



Psalm 23:4

Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You *are* with me; Your rod and Your staff, they comfort me.



Psalm 23:5–6

You prepare a table before me in the presence of my enemies; You anoint my head with oil; My cup runs over. Surely goodness and mercy shall follow me All the days of my life; And I will dwell in the house of the LORD Forever.

Psalm 23 (The Message)

GOD, my shepherd! I don't need a thing. You have bedded me down in lush meadows, you find me quiet pools to drink from. True to your word, you let me catch my breath and send me in the right direction. Even when the way goes through Death Valley, I'm not afraid when you walk at my side. Your trusty shepherd's crook makes me feel secure. You serve me a six-course dinner right in front of my enemies. You revive my drooping head; my cup brims with blessing. Your beauty and love chase after me every day of my life. I'm back home in the house of GOD for the rest of my life.





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**Come to the Shepherd.
Let Him Restore Your Soul.**