



## "HOME & FAMILY"

### HIGHLIGHTS FOR UPCOMING "HOME & FAMILY" ORIGINAL EPISODE WEDNESDAY, SEPTEMBER 30, 2020

**"Home & Family" airs Monday through Friday  
(10a.m. ET/PT, 9C - 12p.m. ET/PT, 11C)  
on Hallmark Channel**

Below are highlights for the upcoming **Wednesday, September 30, 2020** telecast of "Home & Family" on Hallmark Channel. **Debbie Matenopoulos** and **Cameron Mathison** host the ninth season of the three-time Daytime Emmy® nominated Hallmark Channel original lifestyle series. "Home & Family" airs new original episodes Monday through Friday (10a.m. ET/PT, 9C - 12p.m. ET/PT, 11C) on Hallmark Channel.

**Wednesday, September 30, 2020** - Debbie Matenopoulos and Cameron Mathison welcome TV host and New York Times bestselling author, **Kristin Cavallari** into our home. "This is Us" actor, **Sterling K. Brown** shares his work with "Survivorship Today". Celebrity chef **Marcel Vigneron** prepares carrot fritters with yogurt sauce. Financial expert **Dr. Lynn Richardson** shares tips on how you can start saving now for the holidays. Emmy award-winning journalist **Paula Faris** shares her new book "Called Out". Celebrity fitness trainer **Luke Milton** shows us a fantastic at-home workout. Maria Provenzano makes festive DIY pumpkin pie soap. Lawrence Zarian is keeping us stylish in fall jackets. Ken Wingard has a DIY scarecrow wreath. Maria also helps us decorate for an indoor fall picnic.

Tracy Verna Soiseth is the executive producer of "Home & Family." Jeff Rifkin, Miguel Enciso, and Ashley Sandoval are the directors. "Home & Family" is broadcast in 1080i, Hallmark Channel's selected HD Format. This program carries a TV-G parental guideline.

For more information on "Home & Family" please visit: [Hallmark Channel Home & Family](#)

For press information, photos and video clips please visit: [Crown Media Press](#)

Home & Family on Social Media: [Facebook](#), [Twitter](#), [Pinterest](#), [YouTube](#)

#### **PRESS CONTACT:**

Sheri Goldberg, [publicity@homeandfamilytv.com](mailto:publicity@homeandfamilytv.com)

Ron Del Rio, 818.755.2423, [rondelrio@crowmedia.com](mailto:rondelrio@crowmedia.com)

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