Packages and Celebrations

Couples Massage
Experience the massage of your choice side by side with ambient candlelight, rose petals, and a special treat after your service.
50 or 80 minutes  Add $50 to any two massages

Sports Book
50-minute Just for Guys Facial
50-minute Back, Neck, and Shoulder Massage
2 hours  $180

Weekday Getaway (Mon–Fri Only)
50-minute Custom Facial
50-minute Therapeutic Massage
2 hours  $180

Diamond Deluxe
50-minute Custom Facial with Eye Treatment
80-minute Hot Stone Massage
50-minute California Glow
Spa Manicure and Pedicure
4.5 hours  $400  Add gel nails (hands) $20

Spoil Me
50-minute Stress Relief Wrap with Scalp Massage
50-minute Swedish Massage with Foot Mask
50-minute Oxygen Facial with No-tox Botox Booster
3 hours  $335

Spa Barona Details

Cancellation
Should you need to cancel or reschedule your appointment, please notify us by 5pm the day prior to your service (48 hours for packages) to avoid being charged in full.

Late arrivals
Your appointment is reserved exclusively for you. In order to honor each guest’s experience, late arrivals will receive time remaining of their appointment.

Health Considerations
Inform us of any medical conditions or special needs prior to your treatment. If you are pregnant or have high blood pressure, avoid any heat treatments. Skin care procedures and waxing services have specific contraindications related to pregnancy and prescription drugs.

Health and wellness extends past the individual. Care for others and yourself is key. If your provider is exposed to a cold or flu, they can share it with other providers, coworkers, and clients before they are even aware that they are sick. Please be considerate and schedule your care accordingly.

Recommended Attire
Robes, slippers, and personal dressing rooms are provided within each treatment room.

Securing Valuables
Please leave valuables at home or in your guest room safe.

Gratuities
Gratuities are not included in any of our spa services but are greatly appreciated.

Returns
All gift card sales are final. Unopened products with original packaging within 7 days with a receipt will be issued a full refund.

Age Requirements
Young adults 14 and older are welcome to receive spa services. A parent must be present in the spa.
### Custom Facial
This facial includes skin analysis, cleansing, exfoliation, and a relaxing face, neck, and shoulder massage. Active ingredients will transform the condition of your skin and help you reach your skin care goals.

50 minutes  $98

### Restorative Facial
Extended facial includes neck and shoulder massage, eye and lip treatment, and hydrating paraffin hand treatment.

80 minutes  $155

### Oxygen Facial
This facial deeply hydrates, plumps, minimizes uneven skin tone, reduces appearance of pore size, and softens fine lines. Intraceuticals leaves your skin luminous, refreshed, and rejuvenated. Recommended for all skin types.

50 minutes  $155  No-tox Botox Boost  $40

### Microdermabrasion
This treatment uses crystals to gently resurface superficial layers of the skin. Perfect for anyone looking to minimize fine lines, pigmentation problems, dull and sun-damaged skin.

45 minutes  $128

Add-on to Oxygen Facial or Custom Facial  $45

### Just for Guys
Organic minerals and cutting edge ingredients promote younger, healthier, and more refined skin.

50 minutes  $98  Add a brow, nose, or ear wax  $20

### Back Facial
A facial for the back includes cleansing, steam, exfoliation, extractions, mask, and light massage.

50 minutes  $98

### Tattoo Brightening
Using microdermabrasion, crystals gently resurface superficial layers of the skin. Increases pigments and removes dull skin.

Price ranges from $45–$250 based on size.

### Permanent Tattoo Make-Up
- Full eyebrows  $450
- Top liner  $350  Top and bottom liner  $550

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### Customized Peels
Restorative peels for the skin are available in mild, medium, or deep treatments. These peels relieve congested skin, improve collagen production, brighten dull skin, and firm, tighten, and even out skin tone.

45 minutes  $112–$175

### Pumpkin Peptide Peel
Mid-depth peel exfoliates skin cells, provides antioxidant support, and leaves skin with a more youthful appearance.

45 minutes  $112

### Tomato Peel
Mid-depth peel is the perfect remedy for troubled, congested skin.

45 minutes  $112

### Wine Peel
Minimizes fine lines and wrinkles, improves skin texture, and increases collagen production.

45 minutes  $130

### Melanin Lift
Lightens and brightens the skin, making overall tone and texture more even.

45 minutes  $150

### Firming and Toning Peel
Rejuvenates and tightens tired, prematurely-aged skin for a more youthful appearance.

45 minutes  $150

### Baby Boomer Peel
Wake up aging skin and return your face to a more optimal state of health and improved appearance.

45 minutes  $175

### Skin Peels and Waxing Services

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brow wax</td>
<td>$20</td>
</tr>
<tr>
<td>Face</td>
<td>$25</td>
</tr>
<tr>
<td>Lip or chin</td>
<td>$15</td>
</tr>
<tr>
<td>Underarm</td>
<td>$20</td>
</tr>
<tr>
<td>Chest</td>
<td>$45+</td>
</tr>
<tr>
<td>Bikini</td>
<td>$35+</td>
</tr>
<tr>
<td>Upper leg</td>
<td>$35</td>
</tr>
<tr>
<td>Full leg</td>
<td>$60</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Waxing Service</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face Wax</td>
<td>$25</td>
</tr>
<tr>
<td>Arm Wax</td>
<td>$30</td>
</tr>
<tr>
<td>Chest Wax</td>
<td>$35</td>
</tr>
<tr>
<td>Bikini Wax</td>
<td>$50</td>
</tr>
<tr>
<td>Upper leg wax</td>
<td>$15</td>
</tr>
<tr>
<td>Full leg wax</td>
<td>$25</td>
</tr>
</tbody>
</table>
# Salon Services

## Nails

<table>
<thead>
<tr>
<th>Service</th>
<th>Duration</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spa Manicure and Pedicure</td>
<td>95 minutes</td>
<td>$80</td>
</tr>
<tr>
<td>Deluxe Manicure</td>
<td>45 minutes</td>
<td>$35</td>
</tr>
<tr>
<td>Deluxe Pedicure</td>
<td>50 minutes</td>
<td>$55</td>
</tr>
<tr>
<td>Gel Removal and New Set</td>
<td>60 minutes</td>
<td>$68</td>
</tr>
</tbody>
</table>

*Includes soak, exfoliation, hand massage, cuticle removal, shape nails, and polish*

## For Those on the Go

<table>
<thead>
<tr>
<th>Service</th>
<th>Duration</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Express Manicure</td>
<td>30 minutes</td>
<td>$25</td>
</tr>
<tr>
<td>Express Pedicure</td>
<td>30 minutes</td>
<td>$40</td>
</tr>
<tr>
<td>Polish Change</td>
<td>15 minutes</td>
<td>$15</td>
</tr>
</tbody>
</table>

*Includes soak, cuticle removal, shape nails, and polish*

## ADD ON

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>French Manicure or Pedicure</td>
<td>$25</td>
</tr>
<tr>
<td>Gel Polish/Gel French</td>
<td>$25/$15</td>
</tr>
<tr>
<td>Gel Polish Removal</td>
<td>$20</td>
</tr>
</tbody>
</table>

## Bridal and Special Event

<table>
<thead>
<tr>
<th>Service</th>
<th>Duration</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hair Styles</td>
<td>60 minutes</td>
<td>$85+</td>
</tr>
<tr>
<td>Shampoo and Blow-Out</td>
<td>60 minutes</td>
<td>$40</td>
</tr>
<tr>
<td>Haircut</td>
<td></td>
<td>$50+/25+</td>
</tr>
<tr>
<td>Makeup Application</td>
<td>60 minutes</td>
<td>$75+</td>
</tr>
<tr>
<td>Brow Tint</td>
<td></td>
<td>$20</td>
</tr>
<tr>
<td>Lash Tint</td>
<td></td>
<td>$25</td>
</tr>
<tr>
<td>Brow and Lash Tint</td>
<td></td>
<td>$40</td>
</tr>
<tr>
<td>Lash Extensions</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Full Set</td>
<td>Up to 2 hours</td>
<td>$200</td>
</tr>
<tr>
<td>Two-week lash touch up</td>
<td>1 hour</td>
<td>$90</td>
</tr>
</tbody>
</table>
Back, Neck, and Shoulders
Relieving chronic tension with our targeted back, neck, and shoulder massage, complete with a cooling topical pain relief serum.
25 minutes $60  50 minutes $95

Relaxation Massage
This light pressure, full-body Swedish massage uses long, soothing strokes to induce deep relaxation.
50 minutes $98  80 minutes $130

Therapeutic Massage
Deep tissue, full-body massage releases tightness and reduces pain by targeting specific areas of tension.
50 minutes $120  80 minutes $150

Hot Stone Massage
Hot and cold stones are placed on the stress areas of the body, releasing tension and toxins as you relax into a serenely altered state of mind. Combined with massage pressure points and essential oils, this service is pure bliss.
50 minutes $130  80 minutes $150

Mineral Mud Wrap
A detoxifying wrap, starting with dry brushing to prep the skin followed by an application of warm mineral-rich mud and relaxing scalp massage.
70 minutes $111

Stress Relief Wrap
Starts with dry brushing to increase circulation, followed by an aromatherapy massage. Warm, moist linens are then wrapped around your body to cleanse pores, eliminate toxins, and reduce muscle tension.
50 minutes $98

California Glow
Full-body exfoliation removes dull surface cells and softens skin. Choose between Sugar Scrub, Sea Salt Scrub, or Avocado Scrub.
50 minutes $90

Airbrush Bronzing
The look of a natural tan without the harmful UV rays. Wear loose dark clothing. For best results, please shower and exfoliate prior to service.
20 minutes $45

Boost Your Spa Experience:

<table>
<thead>
<tr>
<th>Service</th>
<th>Time</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Soothing Scalp Massage</td>
<td>10 min</td>
<td>$25</td>
</tr>
<tr>
<td>Energizing Foot Mask</td>
<td>20 min</td>
<td>$30</td>
</tr>
<tr>
<td>Paraffin Hydration</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hands or Feet</td>
<td>15 min</td>
<td>$15</td>
</tr>
<tr>
<td>Both</td>
<td>25 min</td>
<td>$25</td>
</tr>
</tbody>
</table>

Mommy-to-Be
Improves circulation, eases sore spots, and provides much needed relaxation for Moms-to-Be. 2nd and 3rd trimester only please.
50 minutes $98

Reflexology
Reflex points in the hands and feet that correlate to individual parts of the body. This technique helps promote relaxation and rejuvenation.
25 minutes $60  50 minutes $95
Traditional Asian Medicine

**Acupuncture**
A system of complementary medicine that involves the insertion of thin, sterile pins to specific points on the body to alleviate pain and treat various physical, mental, and emotional conditions. It is recognized by the World Health Organization to treat back pain, sciatica, headache, depression, and allergic rhinitis.

*50 minutes $110+*

**Cupping**
A therapeutic method where a partial vacuum is created in cups placed on the skin via suction. This soothing technique activates the lymphatic system and the circulatory system to relieve toxins and alleviate pain.

*20 minutes $45+  Add-on during acupuncture $20*

**Gua Sha**
This ancient technique is an effective method to restore range of motion and relieve pain. Skillful pressure is applied using a smooth tool over a target area. This modality is highly recommended for golfers’ elbow and shoulder and neck movement restrictions.

*20 minutes $45+  Add-on during acupuncture $20*

**Theta Healing**
A meditation based energetic healing modality that works to discover and clear undesirable subconscious core beliefs. This method is easily incorporated with acupuncture sessions to help with anxiety, addictions, and phobias. Highly recommended for reoccurring issues.

*50 minutes $80  Add-on during acupuncture $30*

**Ear Seed Treatments**
A needle-free form of treating the body using seeds placed on acu-points on the ear. Treatments are especially effective for addiction management, mood disorders, anxiety, and pain.

*Walk-in 10 minute treatments $15+*
You have to try it!
One 50-minute treatment $130 ($40 cost of bodysuit not included)

Endermologie Packages
Buy Five
Get the sixth treatment free $650*

Lucky 7
Series of seven 40-minute treatments $700*

Royal Flush
Series of 12 40-minute treatments $912*

Sweet 16
Series of 16 40-minute treatments $1,200*

* Bodysuit and one free spray tan included with prepaid packages ($85 value)

Benefits of Endermologie
Target fat
Even with a perfectly healthy lifestyle, the activity of these cells tends to slow down over time, leading to an acceleration of fat storage and a constriction of blood and lymphatic vessels.

Smooth appearance of cellulite
Cellulite, which affects 90% of women (even the thinnest and most athletic), is the result of both fat storage in the adipocytes (fat cells) and of water retention in the body.

Resculpt the body
The body’s shape is often asymmetrical, and curves may appear uneven. The most affected areas are generally the waist, stomach, thighs, and the buttocks.

Tone the skin
Due to weight fluctuations, pregnancies, aging, and other factors, the skin gradually loses its tonicity and suppleness.

Improve circulation
Symptoms such as heavy and painful legs or swollen feet and ankles are the result of poor blood and lymphatic circulation.
Life is better at the SPA

To purchase gift certificates or to book online, visit SpaBarona.com

HOURS OF OPERATION
Monday–Saturday 10am–7pm
Sunday 9am–6pm
Holiday hours may vary.