

Instagram Contract

My Instagram account is a privilege not a right and can be taken away at anytime. I understand that the rules my parents set for my Instagram account are for my safety both now and in the future.

1. I will keep in mind that any picture I post on Instagram is out there forever.
2. I will only post pictures that reflect my best self and will not post anything inappropriate like nude or disrespectful photos.
3. I will not post pictures to harm or bully anyone.
4. I understand that my social media is an online resume and will post only photos that I would want a possible employer to see.
5. I will not post photos from my bedroom or bathroom.
6. I will not post pictures from a sleepover both at home or at a friends house.
7. I will not follow or follow back anyone without my mom and/or dad's permission.
8. I know that mom and dad will have full access to my account and I will delete any pictures mom and/or dad says to.
9. I will have only one account and will not make any other accounts.
10. I will keep my Instagram account set to private at all times.
11. I will not change the name of my account or password without asking first. Mom and Dad will always know my password.
12. I will never share my personal information on Instagram like address, phone number, age, or any other identifiable information.
13. I will follow any time restrictions mom and/or dad set for me.
14. I will not post pictures of someone without their knowledge.
15. I will not lie about what I am doing on my Instagram account because lying breaks the trusting relationship between us that I value.
16. I will not be on Instagram during family time or any meal.
17. I will tell you immediately if anyone bullies me or sends scary or suspicious messages or other communication.
18. Mom and/or Dad have the right to lock me out of my Instagram account if I break any of the above rules.
19. OPTIONAL: I will not post any photos without getting approval of that photo from mom and/or dad.

Child

Parent



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