

Celebrate Recovery Five SMALL GROUP Guidelines

- 1.) KEEP YOUR SHARING FOCUSED ON YOUR OWN THOUGHTS AND FEELINGS. PLEASE LIMIT YOUR SHARING TO 3-5 MINUTES.

- 2.) THERE WILL BE NO CROSS TALK PLEASE. CROSS TALK IS WHEN TWO INDIVIDUALS ENGAGE IN DIALOGUE, EXCLUDING ALL OTHERS. EACH PERSON IS FREE TO EXPRESS FEELINGS WITHOUT INTERRUPTION.

- 3.) WE ARE HERE TO SUPPORT ONE ANOTHER. WE WILL NOT ATTEMPT TO "FIX" ANOTHER.

- 4.) ANONYMITY AND CONFIDENTIALITY ARE BASIC REQUIREMENTS. WHAT IS SHARED IN THE GROUP STAYS IN THE GROUP.

- 5.) OFFENSIVE LANGUAGE HAS NO PLACE IN A CHRIST-CENTERED RECOVERY GROUP.