

# DAILY MEDITATIONS

January 20/21, 2018

**Memory Verse:** *Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil's schemes.*

James 5:7-8 (NLT)

**Monday – Begin the day in prayer; meditate on the memory verse.**

Review the sermon outline. Which part of the sermon spoke to you?

What part of the sermon challenged you?

What change do you need to make in your life as a result of hearing the sermon?

**Tuesday – Begin the day in prayer; meditate on the memory verse.**

Read Romans 13:11-12.

What does Paul tell his readers to understand (v. 11 NIV)?

Why is it important for believers to have an understanding of the present time?

Why would anticipating Christ's return wake up believers spiritually?

What are we to remove?

What are we to put on?

Why would Paul use the image of taking off and putting on clothes when talking about right living?

Why is it important to first remove the old before putting on the new?

**Wednesday – Begin the day in prayer; meditate on the memory verse.**

Read Ephesians 6:10-18.

Where does our strength come from (v. 10)? Why is this so important for us to remember?

How can we take our stand against the enemy?

Against whom is our struggle?

How does knowing your struggle is not against flesh and blood help you in your current situation?

List the armor we are to put on. What other action are we to take (v. 18)?

Why is it important for us to realize we have an active role in standing firm?

**Thursday – Begin the day in prayer; meditate on the memory verse.**

Read Romans 13:13-14.

How are we called to live?

How do our outward actions alert us to the condition of our hearts?

Why is it important for us to deny the desires of our sinful nature?

How is Paul reiterating what he said in Romans 13:8-10?

**Friday – Begin the day in prayer; meditate on the memory verse.**

What do the following verses say about how we should live?

John 15:16

Ephesians 4:1

Ephesians 5:8

Colossians 1:9-14

Matthew 5:14-16

How are you putting these verses into practice?