

TABLETOPICS

⁵You shall love the Lord your God with all your heart and with all your soul and with all your might. ⁶And these words that I command you today shall be on your heart. ⁷You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

DEUTERONOMY 6:5-7 (ESV)

The following “Table Topics” are intended to keep the weekend message on our hearts and minds throughout the week! We pray this resource stirs personal engagement and reflection, as well as conversations with others around the Word of God. Take a few moments with your spouse in the morning, text a friend, or discuss one of the questions around the dinner table. Let’s fill our days and conversations with the Truth and spiritual bread we need every day!

1. Read John 14:15-18; Galatians 5:16-25; Ephesians 5:1-14
2. Take a moment and consider characteristics of fruit and the refreshment fruit brings in one’s life. Which fruit is your favorite?
3. Look at the characteristics of a “Spirit-led” life and one that is not. What is the difference? What are the effects of each kind of life?
4. What needs to happen in our own life for us to be “Spirit-led?” How does one “crucify the sinful nature...”? (Galatians 5:24-25)
5. Examine the “fruit of the Spirit.” Go deeper. What are the qualities/ characteristics of each expression of the Spirit? What is the Biblical definition of each word? For example, what does it mean to love? To have joy? (Galatians 5:22-28)
6. How should we live as “children of the light?” (see Ephesians 5:1-14).
7. As you read these passages, does the Lord bring to light anything that might be out of place in your life? Any changes that need to be made? Sin that needs to be confessed and addressed?