



RESTAURANT
BREWHOUSE

**FOOD ALLERGEN SENSITIVITIES MENU
AND GLUTEN-FREE SELECTIONS**

JANUARY 2018

GLUTEN-FREE SELECTIONS

The following information is provided for our guests who have an intolerance to gluten. Below is a list of menu items that, with slight modifications, may fit a gluten-free lifestyle. Please inform your server if you, or any guests in your party, have a gluten intolerance.

Modifications are listed in italics. Please be sure to order with the modifications. Calories provided reflect these modifications.

STARTER SALADS AND ENLIGHTENED AND ENTREE SALADS

BARBEQUE CHICKEN CHOPPED SALAD (cal. 870)

Crisp romaine | iceberg lettuce | sweet corn | black beans | crunchy jicama | mozzarella | tomatoes | green onions | cilantro | BBQ ranch dressing | *crispy onion strings (order without crispy onion strings)*

CAESAR SALAD ENTREE (cal. 650) SMALL (cal. 330)

(order without croutons)

DERBY-STYLE COBB (cal. 1060)

Crisp romaine | slow-roasted herb turkey breast | hard-boiled egg | Applewood smoked bacon | avocado | jack + cheddar cheese | cucumbers | tomatoes | bleu cheese crumbles | housemade avocado ranch dressing

FRESH MOZZARELLA AND TOMATO SALAD (cal. 260)

HOUSE SALAD (cal. 50)

(order without croutons)

KALE AND ROASTED BRUSSELS SPROUTS SALAD (cal. 440)

Baby kale | herb-roasted brussels sprouts | romaine | fresh blueberries | sweet red grapes | dried cranberries | goat cheese | cucumbers | candied pecans | toasted pepitas | red onions | strawberry vinaigrette

ROASTED PORTOBELLO AND ASPARAGUS STARTER SALAD (cal. 290)

Sliced portobello mushrooms | asparagus | baby field greens | balsamic vinaigrette | dried cranberries | goat cheese | toasted pepitas

SANTA FE SALAD (cal. 840)

Crisp romaine | blackened chicken breast | red onions | fire-roasted red peppers | jack + cheddar cheese | avocado | sweet corn | tomatoes | crisp corn tortilla strips | Santa Fe dressing *(order without tortilla strips)*

WEDGE SALAD (cal. 320)

SOUPS, SNACKS AND SIDES

BAKED POTATO (cal. 590)

BROCCOLI CHEDDAR SOUP (cal. 380)

GARLIC GREEN BEANS (cal. 70)

PERUVIAN QUINOA + BROWN RICE BLEND (cal. 280)

ROASTED ASPARAGUS (cal. 20)

ROASTED GOLDEN BEETS (cal. 160)

STEAMED BROCCOLI (cal. 40)

TURMERIC-ROASTED CAULIFLOWER (cal. 280)

TUSCAN TOMATO BISQUE (cal. 540)

(order without croutons)

VEGAN LENTIL WITH ANCIENT GRAINS SOUP (cal. 300)

WHITE CHEDDAR MASHED POTATOES (cal. 330)

SPECIALTY ENTREES

BJ's CLASSIC RIB-EYE* (cal. 1080)

Juicy, well-marbled, fresh 14 oz.▼ rib-eye

FRESH ATLANTIC SALMON* (cal. 440)

Flame-broiled or blackened salmon fillet | lemon Chardonnay butter sauce | rice pilaf | steamed broccoli *(order without rice pilaf and without lemon Chardonnay butter sauce)*

HOUSE TOP SIRLOIN* (cal. 500)

Thick, tender house special sirloin

ENLIGHTENED ENTREES®

FIRE-ROASTED BARBACOA CHICKEN (cal. 520)

Barbacoa-spiced chicken | brown rice | black beans | feta cheese | cilantro | Greek yogurt crema | fire-roasted tomato salsa

PERUVIAN QUINOA BOWL (cal. 430-780)

Peruvian quinoa + brown rice blend | sautéed red onions | sliced mushrooms | sautéed spinach | seasoned tomatoes | a drizzle of extra virgin olive oil + lemon juice

Available with chicken, shrimp, salmon* or vegetarian-style

*Contains or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

▼Pre-cooked weight.

Availability of items subject to change. © 2017 BJ's Restaurants, Inc.

GLUTEN-FREE SELECTIONS

PIZZA

GLUTEN-FREE THIN CRUST CHEESE PIZZA (cal. 130/slice; 6 slices)

Crisp, herb-infused 10-inch crust | zesty pizza sauce | BJ's signature five cheese blend

Add one of our Classic Toppings! With the exception of our housemade meatballs, all of the Classic Toppings are gluten-free.

STUFFED POTATOES

CREAMY BROCCOLI (cal. 640)

Steamed broccoli | creamy alfredo sauce | jack + cheddar cheese

(order without alfredo sauce)

GRILLED CHICKEN (cal. 820)

Grilled chicken | steamed broccoli | creamy alfredo sauce | jack + cheddar cheese

(order without alfredo sauce)

THE CLASSIC (cal. 590)

Butter | sour cream | green onions

WEEKEND BRUNCH (where available.)

BJ's CALIFORNIA SCRAMBLE (cal. 720)

Three scrambled eggs | seared hatch chiles | red onions | tomatoes | pepper jack cheese | crumbled Applewood smoked bacon + avocado on top | served over seasoned country potatoes and sourdough toast

(order without country potatoes and toast)

ENLIGHTENED VEGGIE OMELETTE WITH FRESH FRUIT (cal. 270)

Egg white omelette | feta cheese | portobello mushrooms | spinach | diced tomatoes | fire-roasted red peppers | sun-dried tomatoes | red onions | basil | Parmesan cheese | seasonal fresh fruit on the side

BRUNCH SIDES

APPLEWOOD SMOKED BACON (cal. 140)

FRESH FRUIT (cal. 60)

COUNTRY SAUSAGE LINKS (cal. 520)

GRILLED HAM (cal. 110)

DESSERTS

GLUTEN-FREE CHOCOLATE CHIP PIZOOKIE® (cal. 1180)

Fresh-baked chocolate chip cookie | rich vanilla bean ice cream

GHIRARDELLI® DOUBLE CHOCOLATE CHIP ICE CREAM (cal. 190/scoop)

RICH VANILLA BEAN ICE CREAM (cal. 200/scoop)

BEVERAGES

ALL OF OUR NONALCOHOLIC BEVERAGES ARE GLUTEN-FREE (cal. 0-210)

SHAREABLE APPETIZERS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Ahi Poke	•	•				•	•		•
Avocado Egg Rolls	•		•			•	•		•
Best Beginnings® Appetizer Combo	•		•			•	•		•
Chicken Lettuce Wraps	•				•	•	•		•
Chicken Pot Stickers	•					•			•
Chips and Fire-Roasted Salsa									•
Crisp Potato Skins Platter	•		•						•
Crispy Calamari	•		•		•				•
Crispy Flatbread Nachos			•			•			•
Crispy Fried Artichokes	•		•			•			•
Honey Sriracha Brussels Sprouts			•				•		•
Housemade Guacamole and Chips									•
Mozzarella Sticks	•		•						•
Root Beer Glazed Ribs			•				•		
Sliders						•			•
Sliders with Fries						•			•
Spinach and Artichoke Dip			•						•
Spinach Stuffed Mushrooms	•		•			•			•
Sriracha Queso Dip with Piranha® Pale Ale Chili			•			•	•		•
Sriracha Queso Dip with Seared Hatch Chiles			•				•		•

WINGS AND SAUCES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Bone-in Wings, 10 Piece	•		•						•
Boneless Chicken Wings, 1 lb.	•		•						•
BJ's Original Wings	•		•						•
with Cherry Chipotle	•		•			•	•		•
with EXXXtra Hot Buffalo	•		•						•
with Garlic Parmesan	•		•						•
with Hot and Spicy Buffalo	•		•						•
with Lemon Pepper Sesame Dry Rub	•		•						•
with Nashville Hot	•		•			•			•
with BJ's Peppered BBQ	•		•						•
with Root Beer Glaze	•		•				•		•
with Sriracha Dry Rub	•		•						•

BJ'S FLATBREAD APPETIZER PIZZAS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
California Club Flatbread Pizza	•		•			•			•
Margherita Fresca Flatbread Pizza			•						•
Pepperoni Extreme Flatbread Pizza			•						•

BJ'S SNACKS AND SMALL BITES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Blistered Shishitos & Crispy Pepperoni									•
Brewhouse Meatballs	•	•	•			•	•		•
Creamy Couscous Mac & Cheese			•			•			•
Fried Wisconsin Cheese Curds	•		•						•
Garlic Parmesan Knots			•			•			•
Hickory-Smoked Sausage	•					•	•		•
Roasted Golden Beets			•			•	•		
Sweet Potato Fries									•
Turmeric-Roasted Cauliflower						•	•	•	

STARTER SALADS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Golden Beet and Arugula			•				•	•	
Roasted Portobello and Asparagus			•				•		
Twisted BLT	•		•			•	•		•

SPECIALTY ENTREES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
BJ's Brewhouse Blonde® Fish 'n' Chips	•	•	•			•			•
Double Bone-in Pork Chop	•					•	•		
Fresh Atlantic Salmon		•	•			•	•		•
New Orleans Jambalaya			•		•	•	•		•
Parmesan-Crusted Chicken	•		•			•	•		•

RIBS AND STEAKS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Baby Back Pork Ribs, Full Rack						•			•
Baby Back Pork Ribs, Half Rack						•			•
BJ's Classic Rib-Eye									
House Top Sirloin									
Prime Rib	•	•	•			•	•		

SOUPS AND SIDES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Baked Potato			•			•			
Fries									•
Garlic Green Beans									
Honey Sriracha Brussels Sprouts			•				•		•
Loaded Baked Potato			•			•			
Peruvian Quinoa + Brown Rice Blend									
Rice Pilaf						•			•
Roasted Asparagus						•			
Steamed Broccoli									
White Cheddar Mashed Potatoes			•			•			
Broccoli Cheddar Soup, Bowl			•			•			
Chicken Tortilla Soup, Bowl			•			•			•
Clam Chowder, Bowl			•		•	•			•
Piranha® Pale Ale Chili, Bowl			•			•			•
Tuscan Tomato Bisque, Bowl			•			•			•
Vegan Lentil Soup with Ancient Grains, Bowl							•		
Sourdough Loaf						•			•
Caesar Side Salad	•	•	•			•			•
Fresh Mozzarella and Tomato Salad			•				•		
House Salad			•			•			•
Wedge Salad	•		•			•			

PASTA FAVORITES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Deep Dish Ziti	•		•			•			•
Garlic Knots						•			•
Grilled Chicken Alfredo			•			•			•
Italiano Vegetable Penne			•			•			•
Jumbo Spaghetti and Meatballs	•		•			•			•
Scampi Pasta			•		•	•			•
Shrimp and Asparagus Penne			•		•	•			•

BJ'S ENLIGHTENED ENTREES®

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Asian Chopped Salad	•					•			•
Barbacoa Cauliflower Pita Tacos			•			•	•		•
Barbeque Bison Burger	•		•			•	•		•
Cherry Chipotle Glazed Salmon		•				•			•
Fire-Roasted Barbacoa Chicken			•			•	•		
Kale and Roasted Brussels Sprouts Salad			•			•	•	•	
Lemon Thyme Chicken						•	•		•
Mediterranean Chicken Pita Tacos			•			•	•		•
Peruvian Quinoa Bowl with Chicken						•	•		
Peruvian Quinoa Bowl with Salmon		•				•			
Peruvian Quinoa Bowl with Shrimp					•	•			
Seared Ahi Salad	•	•	•			•	•		•
Shrimp and Arugula Pita Tacos			•		•	•	•		•
Spicy Peanut Chicken with Soba Noodles			•	•		•		•	•
Turkey Burger	•		•			•	•		•
Vegetarian-Style Peruvian Quinoa Bowl									

GARDEN FRESH SPECIALTY SALADS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Barbeque Chicken Chopped Salad	•		•			•			•
Caesar Salad	•	•	•			•			•
Derby-Style Cobb	•		•						
Honey-Crisp Chicken Salad	•					•		•	•
Santa Fe Salad	•		•			•			•

SIGNATURE DRESSINGS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Avocado Ranch Dressing	•		•						
BBQ Ranch Dressing	•		•						
Balsamic Vinaigrette							•		
Bleu Cheese Dressing	•		•			•			
Caesar Dressing	•	•	•						
Honey Ginger Dressing	•					•			•
Honey Mustard Dressing	•								
Italian Dressing									
Oil & Vinegar							•		
Ranch Dressing	•		•						
Rice Wine Vinaigrette						•	•		•
Santa Fe Dressing	•		•						
Strawberry Vinaigrette							•		
Thousand Island Dressing	•								

ENTREE ADD-ONS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Blackened Chicken, Add On						•			
Grilled Chicken, Add On						•			
Blackened Salmon, Add On		•				•			
Flame-Broiled Salmon, Add On		•				•			
Blackened Shrimp, Add On					•	•			

BJ'S SIGNATURE DEEP DISH PIZZAS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Barbeque Chicken			•			•			•
BJ's Classic Combo			•			•			•
BJ's Favorite	•		•			•			•
Buffalo Chicken	•		•			•			•
California Supreme			•			•			•
Cheese and Tomato			•			•			•
Chicken Bacon Ranch	•		•			•			•
Gourmet Five Meat	•		•			•			•
Great White®			•			•			•
Mediterranean			•			•	•		•
Pepperoni Extreme			•			•			•
Spicy Hawaiian Chicken			•			•			•
Sweet Pig®			•			•			•
Vegetarian			•			•			•

BUILD YOUR OWN DEEP DISH PIZZAS

Cheese and Tomato Deep Dish Pizza with one topping.

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
with Anchovies		•	•			•			•
with Artichoke Hearts			•			•			•
with Roasted Asparagus			•			•			•
with Applewood Smoked Bacon			•			•			•
with Black Olives			•			•			•
with Fresh Basil			•			•			•
with Roasted Garlic			•			•			•
with Green Bell Peppers			•			•			•
with Grilled Chicken			•			•			•
with Oven-Roasted Ham			•			•			•
with Jalapeños			•			•			•
with Housemade Meatballs	•		•			•			•
with BJ's Signature Five Cheese Blend			•			•			•
with Mushrooms			•			•			•
with White Onions			•			•			•
with Pepperoni			•			•			•
with Pineapple			•			•			•
with Fire-Roasted Red Peppers			•			•			•
with Italian Sausage			•			•			•

TAVERN-CUT PIZZAS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
BJ's Brewhouse Classic			•						•
Garlic Chicken Pesto			•			•			•
Old Country Tomato Basil			•						•
The Italian Market	•		•				•		•
The Spicy Pig			•						•

GLUTEN-FREE THIN CRUST CHEESE PIZZA

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Gluten-Free Thin Crust Cheese Pizza			•						

LOADED BURGERS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Bacon Cheeseburger	•	•	•			•			•
Bacon-Guacamole Deluxe Burger	•		•			•			•
Classic Burger	•	•	•			•			•
Crispy Jalapeño Burger	•		•			•			•
Hickory Brisket and Bacon Burger	•		•			•			•
Portobello Swiss Burger	•		•			•	•		•

BREWHOUSE BURGERS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Black and Bleu-House Burger	•		•			•	•		•
BJ's Brewhouse Bacon Cheeseburger			•			•	•		•
BJ's Brewhouse Burger			•			•	•		•

BURGER ADD-ONS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Avocado									
Brewhouse Burger Patty						•	•		
Loaded Burger Patty						•			
Cheddar Cheese			•						
Piranha® Pale Ale Chili			•			•			•
Fried Egg	•					•			
Gluten-Free Bun	•								
Housemade Guacamole									
Portobello Mushroom Patty						•			

CRISPY CHICKEN SANDWICHES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Chicken Fried Steak Burger	•		•			•	•		•
Classic Crispy Chicken Sandwich	•		•			•			•
Nashville Hot Crispy Chicken Sandwich	•		•			•			•
Southern Comfort Crispy Chicken Sandwich	•		•			•	•		•

SANDWICHES AND TACOS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Barbeque Pulled Pork Sandwich	•		•			•	•		•
California Chicken Club Sandwich	•		•			•			•
Classic Prime Rib Dip	•	•	•			•	•		•
Hand-Pulled Turkey Dip	•	•	•			•	•		•
Fried Mahi-Mahi Tacos	•	•	•						•
Grilled Mahi-Mahi Tacos	•	•	•			•			•
Shrimp Tacos	•		•		•	•			•

DESSERTS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
BJ's Baked Beignet	•		•			•			•
BJ's Peanut Butter S'mores Pizookie®	•		•	•		•			•
Chocolate Chunk Pizookie®	•		•			•			•
Cookies 'n' Cream Pizookie®	•		•			•			•
Ghirardelli® Double Chocolate Chip Ice Cream	•		•			•			
Gluten-Free Chocolate Chip Pizookie®	•		•			•			
Monkey Bread Pizookie®	•		•			•			•
Peanut Butter Pizookie®	•		•	•		•			•
Rich Vanilla Bean Ice Cream	•		•			•			
Salted Caramel Pizookie®	•		•			•		•	•
Triple Chocolate Pizookie® Made With Ghirardelli®	•		•			•			•
White Chocolate Macadamia Nut Pizookie®	•		•			•		•	•

LUNCH SPECIALS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Classic Potato with Bacon and Cheese			•			•			
Buffalo Chicken Grilled Cheese Sandwich	•		•			•			•
Caprese Piadina			•			•			•
Chicken Bacon Ranch Piadina	•		•			•			•
Chicken Tenders with Fries	•		•			•			•
The Classic Grilled Cheese Sandwich			•			•			•
Creamy Broccoli Potato			•			•			•
Grilled Chicken Potato			•			•			•
Hot Ham and Cheese Grilled Cheese Sandwich			•			•	•		•
Meat Lover's Piadina	•		•			•			•
Piranha® Pale Ale Chili and Cheese Potato			•			•			•
Southern Fried Chicken			•			•	•		•

KIDS' MENU ITEMS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Kids' Applesauce									
Kids' Brown Rice									
Kids' Burger						•			•
Kids' Cheese Pizza			•			•			•
Kids' Chicken Tenders	•		•			•			•
Kids' Fries									•
Kids' Garlic Knot						•			•
Kids' Grilled Cheese Sandwich			•			•			•
Kids' Grilled Chicken						•			•
Kids' Grilled Chicken Alfredo			•			•			•
Kids' Mac & Cheese			•						•
Kids' Mashed Potatoes			•			•			
Kids' Mini Corn Dogs	•		•			•			•
Kids' Pepperoni Pizza			•			•			•
Kids' Rice Pilaf						•			•
Kids' Side Salad	•		•						•
Kids' Smiley Fries									•
Kids' Spaghetti with Marinara									•
Kids' Steamed Veggies						•			
Kids' Sundae	•		•			•			
Kids' Sweet Potato Fries									•
Kids' Veggies and Dip	•		•						

BRUNCH ITEMS

where available.

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Applewood Smoked Bacon									
Avocado Toast	•					•			•
BJ's Breakfast Flatbread Pizza	•		•			•			•
BJ's California Scramble	•		•			•			•
Blueberry Topping									
Breakfast Monkey Bread Pizookie®	•		•			•	•	•	•
Breakfast Tacos	•		•			•			•
BJ's Classic Buttermilk Pancake Combo with Bacon	•		•			•			•
BJ's Classic Buttermilk Pancake Combo with Ham	•		•			•			•
BJ's Classic Buttermilk Pancake Combo with Sausage	•		•			•			•
BJ's Classic Buttermilk Pancakes, Full Stack	•		•			•			•
BJ's Classic Buttermilk Pancakes, Short Stack	•		•			•			•
Classic Breakfast Sandwich with Bacon with Toasted Parkerhouse Bun	•		•			•			•
Classic Breakfast Sandwich with Bacon with Toasted Sourdough Bread	•		•			•			•
Classic Breakfast Sandwich with Bacon with Toasted Whole Wheat Bread	•		•			•			•
Classic Breakfast Sandwich with Ham with Toasted Parkerhouse Bun	•		•			•			•
Classic Breakfast Sandwich with Ham with Toasted Sourdough Bread	•		•			•			•
Classic Breakfast Sandwich with Ham with Toasted Whole Wheat Bread	•		•			•			•
Classic Breakfast Sandwich with Sausage with Toasted Parkerhouse Bun	•		•			•			•
Classic Breakfast Sandwich with Sausage with Toasted Sourdough Bread	•		•			•			•
Classic Breakfast Sandwich with Sausage with Toasted Whole Wheat Bread	•		•			•			•
Country Sausage Links									
EnLIGHTened Veggie Omelette	•		•			•	•		
Fresh Fruit									
Grilled Ham									
Kids' Pancake Combo	•		•			•			•
Kids' Pancakes	•		•			•			•
Seasoned Country Potatoes						•			•
Sourdough Toast			•			•			•
Strawberry Topping									
Two Eggs Any Style with Bacon, Sourdough Toast	•		•			•			•
Two Eggs Any Style with Ham, Sourdough Toast	•		•			•			•
Two Eggs Any Style with Sausage, Sourdough Toast	•		•			•			•
Whole Wheat Toast			•			•			•

BJ'S HANDCRAFTED DRAFT SODAS AND FLOATS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Black Cherry Soda									
Orange Cream Soda									
Root Beer									
Vanilla Cream Soda									
Black Cherry Soda Float	•		•			•			
Orange Cream Soda Float	•		•			•			
Root Beer Float	•		•			•			
Vanilla Cream Soda Float	•		•			•			

BEVERAGES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Apple Juice									
Berry Hibiscus									
BJ's Fresh Squeezed Lemonade									
Brisk Raspberry Iced Tea									
Café Latte			•			•			
Cappuccino			•			•			
Chocolate Milk			•						
Coffee									
Cold Brew Iced Coffee									
Cranberry Juice									
Cucumber Mint Sparkling Water									
Decaf Coffee									
Diet Dr Pepper									
Diet Pepsi									
Dr Pepper									
Ginger Beer									
Grapefruit Juice									
Hot Chocolate			•						
Hot Tea									
Mandarin Orange Green Iced Tea									
Milk			•						
Mountain Dew									
Orange Juice									
Orange Twist									
Peachberry Iced Tea									
Pepsi									
Raspberry Sparkling Water									
Salted Caramel Cold Brew Iced Coffee			•						
Mist Twst									
Sparkling Raspberry Lemonade									
Strawberry Lemonade									
Sunset Peach									
Sweet Tea									
Tropical Iced Tea									
Unsweetened Black Iced Tea									

None of our menu items contain MSG.

BJ's uses a diverse and wide variety of menu items that contain one or more of the eight major food allergens: eggs, fish, milk, peanuts, crustacean shellfish, soybeans, tree nuts and wheat. BJ's menu items may also contain gluten. BJ's utilizes a variety of food manufacturers and suppliers who provide information to BJ's as to the use of food allergens in their products. Ingredients and preparation methods implemented by BJ's suppliers may change without notice.

While BJ's emphasizes food safety, we cannot guarantee that a menu item will be completely allergen free. Our kitchen operations are dynamic and involve shared preparation areas, utensils and cooking equipment, including common fryer oil and cooking surfaces, and menu items, including items from our Allergen Menu, may come into contact with food allergens.

Please notify your server if you have a food allergy or sensitivity.