Dear fellow shooter:

I designed the pencil drill and this target to make firearms training at home more effective and more fun! Dry weapons training (a.k.a. dry fire) is one of the most effective training tools you have at your disposal. It’s also rule #5 in the New Rules of Marksmanship.

One of the drawbacks, maybe the only drawback of dry fire training is it can be a little... dry. Use this drill and target to keep your training interesting. The only way to get better is to practice — now “boring” is one less excuse!

**How to use the target:**
1. Print out the target on the next page.
2. Post the target at a height that when you’re in your standing shooting position, the first line is inline with your sights.
3. Follow all firearms safety rules and ensure your weapon is clear and there is no ammunition in the room you are training. **Firearms safety is your responsibility!** If you have ammunition in the gun, you are not dry firing.
4. Find a pencil with a full, flat eraser head and sharpen it.
5. Insert the eraser end of the pencil into the barrel.
6. Find a distance from the target where the pencil tip is about ½ to 1 inch from the target.
7. Go through the drills and make sure you practice slow perfect technique each and every time.
8. The target is not designed to make you work on any single fundamental of marksmanship. Use the New Rules of Marksmanship to decide where YOU need to focus as you train.
9. To learn how to shoot, you can buy my book *Navy SEAL Shooting* on Amazon: [http://amzn.to/1N1dR3v](http://amzn.to/1N1dR3v)
10. If you’d like me to be your instructor, you can sign up for a lot cost membership at [http://chrissajnog.com/membership](http://chrissajnog.com/membership) and save time and money learning to shoot at home.

**The Drills**

**The Firing Line**
Start on the left side. Aim at the line and fire. Reset and each time aim a little to the right of the last shot. Go all the way to the end. Next time go the other direction. The goal is to not look at your pencil impacts until you’re done and see how straight a line you can make below the firing line.

**Fill It Up**
Start on the far left box. Aim in the center of the box and fire. Reset and each time move to the right one box. Go all the way to the end. Next time go the other direction. Do not look at your pencil impacts until you’re done. Your goal is for a straight line with evenly spaced impacts.

**Vertical Virtuosity**
Aim at the dot. Reset and each time move down and aim at your last impact. The goal is have a straight line of impacts going down.

**Scan and Shoot**
Start aiming at the big arrow and scan to the right maintaining front sight focus and staying on the line. When you get to the cross-mark, engage. Reset and continue scanning and engaging at each cross-mark. The goal is to have your impacts directly below and at the same distance of each cross-mark. (Each gun’s distance will vary)

NOTE: The pencil drill will not work with every handgun. ☺

**Hooyah!**
Chris “Snowman” Sajnog

*With Proper Practice you are Paving your Path to Perfection!*
**Firing Line:** Make a straight line below the firing line.

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**Fill It Up:** Find the center of each.

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**Vertical Virtuosity:**
Aim at the dot.
Make a straight line down.

**Scan and Shoot:** Scan the line and shoot when you get to the mark.