New Rules Team Member

QUICK-START GUIDE
YOUR MEMBER’S DASHBOARD

- See the latest members post.
- Watch or register for a Hangout.
- You need to purchase resources if grayed out.
- You have access to colored resources.
- Resume your last lesson.

Chris, get the latest library video.
Check out our latest Team Hangout.

Team Grip Strength
Team Hangout, 15 November 2016
FIND ANSWERS/GET HELP: https://support.centermassgroup.com/hc/en-us
IF YOU STILL NEED HELP, SUBMIT A REQUEST
FOR MY BLOG, YOU NEED TO GOTO THE MAIN SITE: https://chrissajnog.com/blog/

A NAVY SEALs LESSONS IN TEAMWORK [PODCAST]

I had the honor to sit down with Ryan Michler, founder of Order of Man, and discuss the lessons I learned as a Navy SEAL that has helped me become a bestselling author, successful entrepreneur and (most importantly) a father to two amazing young men. If you've never had the good fortune of being part [...]
THE TEAM ROOM: https://members.chrissajnog.com/team-room

BEFORE YOU POST A QUESTION: SEARCH FOR THE TOPIC

Pick the best forum to post a new topic
INTERACT WITH THE TEAM

Make a general reply at the bottom of the discussion

Or reply directly to a specific person using the link at the top right of each comment
VIEW OR UPDATE YOUR TEAM PROFILE
CHANGE YOUR PROFILE & COVER PHOTOS

THAT'S ME TEACHING MY BOYS HOW TO MAKE TOUGH-GUY FACES!

Change Cover Image
Your Cover Image will be used to customize the header of your profile.

Drop your file here
or
Select your File

Your new cover image was uploaded successfully.

If you'd like to delete your current cover image but not upload a new one, please use the delete Cover image button.

Delete My Cover Image
IF YOU WANT TO UPDATE YOUR EMAIL OR/AND PASSWORD GO TO MY ACCOUNT/ACCOUNT DETAILS

Account Details

First name *
Chris

Last name *
Sajnog

Email address *
chris@chrisajnog.com

Password Change
Current Password (leave blank to leave unchanged)

New Password (leave blank to leave unchanged)

Confirm New Password

Save changes

Edit
UPDATE YOUR SUBSCRIPTION AND ADDRESSES

Addresses

Shipping Address

First Name *
Chris

Last Name *
Sajnog

Company Name
Center Mass Group, LLC

Country *
United States (US)

Address *
9921 Carmel Mountain Rd, #556

Town / City *
San Diego

State *
California

Zip *
92129

Save Address

Edit
UPDATE YOUR PROFILE VISIBILITY SETTINGS
UPGRADE SUBSCRIPTION OR SWITCH TO ANNUAL PLAN
OR SHOP FOR COACHING OR PRODUCTS

Shop

New Rules Shooter Membership (Annual)
$197.00 / year
SIGN UP NOW

New Rules Shooter Membership
$19.97 / month
SIGN UP NOW

New Rules Shooter VIP Membership (Annual)
$997.00 / year
SIGN UP NOW

New Rules Shooter VIP Membership
$97.00 / month
SIGN UP NOW

Coaching: Video Call (Per Hour)
$977.00
ADD TO CART

Coaching: One-On-One (Per Day)
$10,500.00
ADD TO CART

Navy SEAL Shooting (Signed)
$47.00
ADD TO CART

25 Yard Sight In Target (Iron Sights)
$14.00
ADD TO CART
TRACK YOUR PROGRESS

My Courses

Profile

Name: Chris
Username: Chris Sajnog
Email: chris@chrisajnog.com

Registered Courses

- Downloads
- Resource Vault
- Member Discounts
- Dry Training Drills
- Weekly Training Tips
- New Rules Mini Course

Edit profile
COMMUNICATE WITH EACH OTHER IN GROUPS

- HOW TO SHOOT LIKE A NAVY SEAL
  - active 2 hours, 25 minutes ago
  - How To Shoot Like A Navy SEAL
    - Private Course Group / 565 members

- NAVY SEAL SHOOTING
  - active 2 hours, 35 minutes ago
  - This training is based on my Amazon best-seller on shooting. By using the book and this course you will learn to plan your training, improve your accuracy and speed, shoot while moving, and clear malfunctions. You [...]
Please post ALL training questions in the TEAM ROOM and ALL questions for support using the SUPPORT system. I am unable to reply to personal messages here. Thank you for understanding! - Chris
MEMBERS ONLY CONTENT

Library

Team Grip Strength

Favorite

Chris  May 27, 2016  7 comments
STILL NEED HELP?
My “Steal from a SEAL” Money-Back Guarantee is more than just a catchy title; it’s my personal guarantee. If you don’t know me, just understand this — my word is my bond (I know, not too many people like that left).

Anyways, just ask. No need to give a reason,

“Hey Chris, cancel my membership.” - That’s it.

Sure, I’ll be sad, but if you didn’t like something and want to let me know, I’m always open to constructive criticism and who knows, maybe I can keep you around!.
MOST IMPORTANT!

Remember this – It's really just me – Chris.
If you need help or something is not working, please let me know!
If a link or video is not working, it's not a "scam"...
I'm trying to something no one else has done before;
give you personal access to me & teach you at home...
I'm going to mess online stuff up, but I will always make it right!
We can build an awesome & truly unique community together.

THANKS!

Any Questions?

HOOYAH!
Chris

support@centermassgroup.zendesk.com
http://chrissajnog.com