

# Where to Refer a Child for Assessment in Contra Costa County

## Birth - 3 Years Old (Early Intervention)

### Regional Center of the East Bay (RCEB) (birth to 3 years old):

**Phone:** (510) 618-6195

**Email:** [earlystartreferrals@rceb.org](mailto:earlystartreferrals@rceb.org)

**Website:** [Apply for RCEB services](#)

- Provides evaluation and support to children birth to 3 years old who have developmental delays or are at-risk for a developmental disability.
- If found eligible, an IFSP will be developed and services may include: PT, OT, ST, infant development services, ABA, adaptive equipment, parent training, and more.
- RCEB serves both Contra Costa and Alameda Counties.

### San Ramon Infant Toddler Early Start (SITES) Program (San Ramon Valley Unified School District):

**Phone:** (925) 479-3848

**Website:** [SRVUSD SITES Program](#)

- Provides family centered EI services (e.g., ST, OT, PT, infant development services, and more!) for children birth to 2 years, 11 months who are at risk for developmental delay or has a special vision, hearing or motor need (or a combination). Services are FREE!

### Contra Costa County Office of Education (CCCOE) STRIDE Program:

**Phone:** (925) 754-0934 ext. 13

**Email:** [STRIDE@cccoe.k12.ca.us](mailto:STRIDE@cccoe.k12.ca.us)

**Website:** [Early Start STRIDE website](#)

- Provides developmental evaluation and EI services to children birth to 3 years old living in the following districts: Antioch, Brentwood, Byron, Canyon, John Swett, Knightsen, Lafayette, Martinez, Moraga, Oakley, Orinda, Pittsburg, and Walnut Creek.
- Services may include: ST, OT, PT, feeding strategies, family education, deaf/hard of hearing & vision services, assistive technology, and more. Services are FREE!

### Cameron School: L.I.F.T. Program (West Contra Costa Unified School District):

**Phone:** (510) 231-1445

- Offers quality EI services to infants and toddlers with disabilities or developmental concerns, and their families.
- Our transdisciplinary team provides support in all areas of development (e.g., motor, speech & language, cognitive, social, emotional & self-help). Our team of providers are professionals in the areas of deaf and hard of hearing, visual impairment, early childhood education, speech and language, and OT. Services are FREE!

## Over 3 Years old

### Regional Center of the East Bay (RCEB) (3 years and older):

**Phone:** (510) 618-6122

**Email:** [intakeoverthree@rceb.org](mailto:intakeoverthree@rceb.org)

**Website:** [Apply for RCEB services](#)

- Eligible children must have a qualifying developmental disability (e.g., autism, cerebral palsy, intellectual disability, epilepsy, etc.)
- If found eligible, services may include: ABA, case management, childcare support, respite, diapers, [social/recreation services](#). See [services list](#) for more information, specific eligibility criteria apply.
- Individuals may also be eligible for adult services as they age (e.g., Independent Living Services, Day Program, residential services, etc.).

### School Districts (Special Education):

- Contact the Special Education Department at your [resident school district office](#) (NOT your elementary school). Request an evaluation in the area(s) of concern or a full comprehensive evaluation, as needed.
- If found eligible, an IEP will be developed and services may include: ST, PT, OT, SDC.
- [List of all school districts in Contra Costa County](#)

#### **Legend:**

**OT** = Occupational Therapy

**PT** = Physical Therapy

**EI** = Early Intervention

**SDC** = Special Day Class

**IFSP** = Individual Family Service Plan

**ST** = Speech Therapy

**ASD** = Autism Spectrum Disorder

**ABA** = Applied Behavior Analysis

**IEP** = Individual Education Program

## Medical Insurance

- You can request a referral from your Pediatrician for the following evaluations: ST, OT, PT, ASD, hearing, vision, behavior/mental health concerns, attention/focus difficulties, eating difficulties, sensory processing challenges, and more.
- For **language and communication concerns**, request a referral from your pediatrician for a speech and language evaluation. Optional: ask for a referral for an Ear, Nose & Throat (ENT) doctor to rule out fluid in the ears or issues with the adenoids or tonsils and/or request an Audiologist to perform a formal hearing test.
- **Autism Spectrum Disorder (ASD)**: you can ask your pediatrician for a referral for an autism evaluation. ABA (one-on-one) services through medical insurance for home and/or school may be available for children with and without an ASD diagnosis.
- **California Children's Services (CCS)**: statewide program that arranges and pays for medical care, equipment, and rehabilitation for individuals from 0 - 21 years of age who have eligible medical conditions. Income restrictions apply. **Call (925) 655-0200** or visit [CCS Website](#).

### Social, Emotional, and Behavioral Health Services:

- **Lynn Center Children and Family Services** (0-6 years): call **(925) 439-9628** (East County)
- **We Care Services for Children** (0-6 years): call **(925) 671-0777 ext. 117** or visit the [We Care website](#) (Central County)
- **Early Childhood Mental Health Program (ECMHP)** (0-6 years): call **(510) 412-9200** or visit the [ECMHP website](#) (West County)
- **C.O.P.E. Family Support Center**: They provide parenting classes, counseling options, youth services, and more. Call **(925) 689-5811** or visit [C.O.P.E. website](#)
- **Contra Costa ACCESS**: for mental and behavioral health crisis services to Anyone, Anywhere, Anytime (A3) in the county. Call **(844) 844-5544** or visit [A3 website](#)
- Consultation for *early care providers*:
  - **The California Infant and Early Childhood Mental Health Consultation (IECMHC) Network** by calling **(877) 524-2422** or the [IECMHC website](#)
  - Consultation services also available at *We Care*, *ECMHP*, and *Lynn Center* for families with Medi-Cal.

### Additional Community Resources:

#### **CocoKids:**

- **Inclusion Warm Line**: Support for educators and families with questions about child development, disabilities, behavior challenges, community resources, and more! Online phone consultation available. Serves children of all ages. Call **(925) 595-0886** or email [joanne.funtila@cocokids.org](mailto:joanne.funtila@cocokids.org)
- **CocoKids Resource & Referral Department**:
  - Support finding [Child Care Referrals](#)
  - Apply for financial assistance for childcare [HERE](#) or call:
    - **East Office**: (925) 778-5437
    - **Central Office**: (925) 676-5437
    - **West Office**: (510) 758-5439

**Care Parent Network (CPN)**: Family resource center designed to provide advocacy and emotional support, resources, training, support groups, help navigating service systems, and more for families of children with special needs. All staff are parents of children with special needs. Call **(925) 313-0999** or visit the [CPN Website](#)

**Help Me Grow (HMG)**: Developmental playgroups & resource connections to support children's development ages 0-5 & their families. Call **2-1-1 & ask for HMG**

### Important Notes:

- Submit all requests for assessment in writing.
- Share any reports (e.g., medical, educational, etc.) with the school district, RCEB, therapists or child care program.
- Connect the school district and/or therapists with child care program for additional support.
- School districts provide low incidence services for children under 3 years old with hearing, vision, and/or severe orthopedic impairments.
- If a child receives an IFSP, there will be a transition meeting with the school district before the child turns 3 years old. IEP qualifications through the school district are different than EI services, not all children who received EI services qualify for special education services.
- If a child does not qualify for an IEP but they need additional support in the school district classroom, ask for a 504 Plan for [accommodations or modifications](#).
- Families can proceed with medical & school district evaluations at the same time.
- Some children may be eligible for RCEB services in addition to other EI, medical and school district services - ask a RCEB case manager for more information.
- There is often a co-pay for medical assessments and therapy sessions, please verify before starting if finances are a factor.

For additional support & guidance, please contact the **CocoKids Inclusion Warm Line at (925)595-0886** or [joanne.funtila@cocokids.org](mailto:joanne.funtila@cocokids.org)



Scan for Warm Line website