

Infants – Under 1 year of age (0 through 11 months)

- **Breastmilk** - is allowed at any age. Store correctly and label with **child’s name** and the **date** breastmilk was expressed.
- **Iron Fortified Infant Formula (IFIF)** – Please check labels to be sure formula (both provider formula and/or parent provided formula) meets requirements: it must be **Infant formula**; it must be purchased in the **USA** through a USA vendor, and it must be **iron fortified** with a minimum of 1 mg/100 kcal of iron. Please write the brand name of the formula the provider offers, and the brand name of the formula the parent brings (if applicable) on the child enrollment form.
- **Any other formulas or milks require a signed Medical Statement** from a State licensed medical professional which includes the medical reason and substitution, this form must be submitted to CocoKids Food Program.

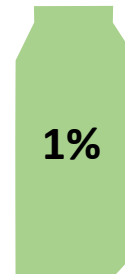
Children 1 year old

- Pasteurized **Whole** Cow’s milk
- Pasteurized **Whole** Goat’s milk
- Pasteurized **Whole** Buttermilk
- Non-Dairy Beverages that meet the ***Nutrition Requirements shown below, AND with a Parental Request for fluid milk substitution form** signed and submitted to CocoKids Food Program
- Pasteurized **Whole** Lactose-free milk
- Breastmilk, correctly labeled and stored



Children 2 years old and older

- Pasteurized **Non-fat/fat-free/skim or 1% low-fat** Cow’s milk
- Pasteurized **Non-fat/fat-free/skim or 1% low-fat** Goat’s milk
- Pasteurized **Non-fat/fat-free/skim or 1% low-fat** Buttermilk
- Pasteurized **Non-fat/fat-free/skim or 1% low-fat** Lactose-free milk
- Breastmilk, correctly labeled and stored
- Non-Dairy Beverages that meet the ***Nutrition Requirements shown below, AND with a Parental Request for fluid milk substitution form** signed and sent to CocoKids Food Program



***Minimum Nutrition Requirements per Cup**

Calcium	276 mg.	Phosphorus	222 mg.
Protein	8 g.	Potassium	349 mg.
Vitamin A	150 mcg. retinol activity equivalents	Riboflavin	0.44 mg.
Vitamin D	2.5 mcg.	Vitamin B-12	1.1 mcg.
Magnesium	24 mg.		

Currently Allowable Non-Dairy Beverages – Requires a Parental Request for Fluid Milk Substitution

The following non-dairy beverages require a Parental Request for Fluid Milk Substitution, form CACFP 49. *(Since content values change, check with your Nutrition Specialist).*

Soy Milk

Pacific Foods Ultra Soy Milk Original



bettergoods Plant-based Soymilk Original



Silk Original Protein



Silk Original Soymilk and Unsweet Soymilk



Your Good Foods Organic Unsweetened Soy Beverage



Pea Milk Original Ripple Kids Shelf-stable or refrigerated



Unsweetened ripple Kids Shelf-stable or refrigerated



Original ripple Shelf-stable ONLY



Milks / Non-dairy Beverages NOT Allowed in the CACFP – Require a Medical Statement

Any other milks or non-dairy beverages not listed above are not allowed in the CACFP, unless a Medical Statement to Request Special Meals and/or Accommodations signed by a State licensed medical professional.

Soy Milks NOT Allowed in the CACFP – Milks requiring a Medical Statement

- Any flavored milks (including vanilla)
- EdenSoy
- Great Value
- Kikkoman
- O Organics
- SoyDream
- Sunrich Naturals
- WestSoy

Other Milks NOT Approved in the CACFP – Milks requiring a Medical Statement

Other milks made from nuts, seeds or grains are currently not nutritionally equivalent to milk. This includes but is not limited to milks made from: almonds, cashews, coconuts, hemp, macadamias, oats, peanuts, peas, quinoa, rice, and walnuts. Low iron infant formulas, toddler formulas, and 2% milk. Also, if a child must drink a different fat content such as whole milk after they turn 2 a medical statement is required.

CACFP Forms

To access all Food Program forms, scan the following QR code with your smart device.

Medical Statement to Request Special Meals and/or Accommodations must be completed and signed by a State licensed medical professional or Registered Dietician.

