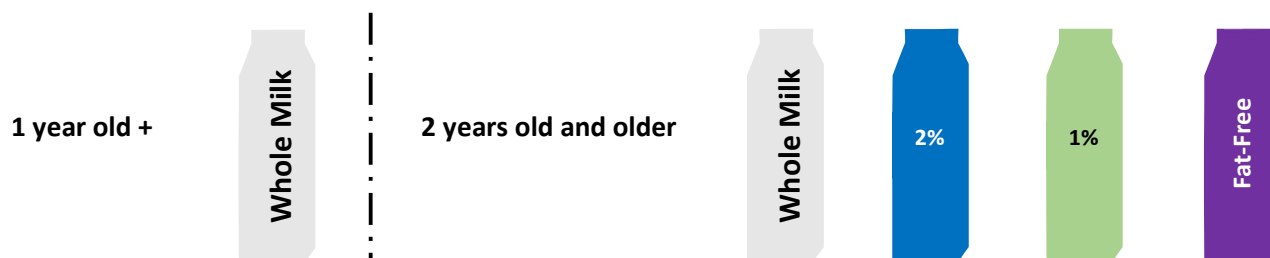


Infants – Under 1 year of age (0 through 11 months)

- **Breastmilk** - is allowed at any age. Store correctly and label with **child's name** and the **date** breastmilk was expressed.
- **Iron Fortified Infant Formula (IFIF)** – Please check labels to be sure formula (both provider formula and/or parent provided formula) meets requirements: it must be **Infant formula**; it must be purchased in the **USA** through a USA vendor, and it must be **iron fortified** with a minimum of 1 mg/100 kcal of iron. Please write the brand name of the formula the provider offers, and the brand name of the formula the parent brings (if applicable) on the child enrollment form.
- **Any other formulas or milks require a signed Medical Statement** from a State licensed medical professional which includes the medical reason and substitution, this form must be submitted to CocoKids Food Program.

Children – 1 year of age and older

- Breastmilk
- Pasteurized Cow's milk
- Pasteurized Goat's milk
- Pasteurized Buttermilk
- Pasteurized Lactose-reduced milk
- **Appropriate fat content:**
 - Whole milk (children 1 year +)
 - 2% Reduced-fat milk (children 2 years +)
 - 1% Low-fat milk (children 2 years +)
 - Non-fat or skim milk (children 2 years +)



For CACFP, milk is a required component at breakfast, lunch, and dinner. Milk is optional at snacks. Most cheese products, (except cream cheese and cheese foods) are creditable as meat/meat alternates, and cannot be served to replace the milk requirement. See Meat/Meat Alternate section.

If a 1-year-old child must drink a different fat requirement from whole milk, a Medical Statement is required.

***Minimum Nutrition Requirements per Cup**

Calcium 276 mg.
 Protein 8 g.
 Vitamin A 150 mcg. retinol activity equivalents
 Vitamin D 2.5 mcg.
 Magnesium 24 mg.

Phosphorus 222 mg.
 Potassium 349 mg.
 Riboflavin 0.44 mg.
 Vitamin B-12 1.1 mcg.

Currently Allowable Non-Dairy Beverages – Requires a Parental Request for Fluid Milk Substitution

The following non-dairy beverages require a Parental Request for Fluid Milk Substitution, form CACFP 49. (*Since content values change, check with your Nutrition Specialist*).

Soy Milk
Pacific
Foods
Ultra Soy
Milk
Original



bettergoods
Plant-based
Soymilk
Original



Silk Original
Protein



Silk Original
Soymilk and
Unsweet
Soymilk



Your Good
Foods
Organic
Unsweetened
Soy Beverage



Pea Milk
Original
Ripple Kids
Shelf-stable or
refrigerated



Unsweetened
ripple Kids
Shelf-stable
or
refrigerated



Original
ripple
Shelf-stable
ONLY



Milks / Non-dairy Beverages NOT Allowed in the CACFP – Require a Medical Statement

Any other milks or non-dairy beverages not listed above are not allowed in the CACFP, unless a Medical Statement to Request Special Meals and/or Accommodations signed by a State licensed medical professional.

Soy Milks NOT Allowed in the CACFP – Milks requiring a Medical Statement

- Any flavored milks (including vanilla)
- EdenSoy
- Great Value
- Kikkoman
- O Organics
- SoyDream
- Sunrich Naturals
- WestSoy

Other Milks NOT Approved in the CACFP – Milks requiring a Medical Statement

Other milks made from nuts, seeds or grains are currently not nutritionally equivalent to milk. This includes but is not limited to milks made from: almonds, cashews, coconuts, hemp, macadamias, oats, peanuts, peas, quinoa, rice, and walnuts. Low iron infant formulas, and toddler formulas. Also, if a child must drink a different fat content such as 2% while they are 1 year old, a medical statement is required.

CACFP Forms

To access all Food Program forms, scan the following QR code with your smart device.

Medical Statement to Request Special Meals and/or Accommodations must be completed and signed by a State licensed medical professional or Registered Dietician.

