



Part
2

JOY

This past weekend Pastor Ken continued a nine-week series about the fruit of the Spirit entitled, Organic. Over the next nine weeks, we invite you to answer these questions with someone at work, your family, or find a place to do it alone or with a friend. So let's grow and do life together during this series.

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. (Galatians 5:22-23)

- 1) Joy is providing brightness in the lives of others by maintaining a spirit of cheerfulness (read 2 Corinthians 7:4 and 8:2). This week Pastor ken encouraged us to choose joy (read Psalm 118:24).
- 2) First, he gave us two options: you can endure the journey or you can enjoy the journey (Philippians 4:4).
- 3) At Cathedral of Faith, we believe in reaching for our dreams. But in order to do that, we need the strength that comes from the joy of the Lord (Nehemiah 8:10). Share your dream with those in your group.
- 4) Secondly, you can give away your power or hold on to your power. You can rise above your circumstances. Is there a circumstance that you are facing right now? Stop and pair up and pray for each other.
- 5) Lastly, you can keep your old mindset or take on a new mindset (read Romans 12:2). Let God transform you by changing the way that you think. One way is to change the way that you think about trials (read James 1:2). Have a discussion about suffering, trials, and how you can learn to keep your joy in the midst of them.
- 6) If it is appropriate where you are, sing a couple of joyful songs to the Lord. If not share your favorite song and why you like it and how it speaks to your life.

Close in prayer.