



Part
8

Gentleness

This past weekend Dr. Wayne continued the series about the fruit of the Spirit entitled, Organic. During this series, we have invited you to answer these questions with someone at work, your family, or find a place to do it alone or with a friend. So let's continue to grow and do life together during this series.

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. (Galatians 5:22-23)

- 1) God calls his people to be gentle (read Titus 3:2, James 3:17, and Colossians 3:12). Gentleness is misunderstood by many; it is thought of as weak. But the opposite of gentleness is harshness. That puts the word in a different light. When people are harsh to you, how does that make you feel?
- 2) Dr. Wayne defined gentleness this weekend as a willingness to make allowances for others by meeting real needs in God's way and furnishing what is needed. So thinking about this definition, who is someone that you can bless this week? If you can't think of someone, ask God to show you someone you can bless.
- 3) One of the results of the Holy Spirit working in our lives is that we will be gentle (read 1 John 3:2 NIV).
 - Roots determine fruits (Luke 6:43-44 NLT)
 - The deeper the roots the greater the fruits (Ephesians 3:17 NLT)
 - Fruitfulness isn't about trying harder, it's about trusting (Zechariah 4:6NIV)
 - Keep rooted in Christ (John 15:4-5 NIRV)
 - Get plenty of light from the Scriptures (Psalm 119:105)
- 4) Have a discussion about the points above from Dr. Wayne's sermon.
- 5) In the sermon we learned: physically, you are what you eat. Spiritually, you are what you think. Make a commitment to think on good things this week and to fill your mind with Scripture. What negative or destructive thinking do you need to get rid of? Help each other to think of some good strategies to do so.

Close in prayer.