



Part
1

Check Your Fuel Gauge

This past weekend Pastor Ken started a five-week series about increasing hope in our lives entitled, Great Expectations. Over these five weeks, we invite you to answer these questions with someone at work, your family, or find a place to do it alone or with a friend. Let's grow and do life together during this series.

All praise to God, the Father of our Lord Jesus Christ. It is by his great mercy that we have been born again, because God raised Jesus Christ from the dead. Now we live with great expectation, 1 Peter 1:3 NLT

1. If you want to keep hope alive in your heart you have to check your fuel gauge (read Isaiah 40:31).
2. Do you know what drains you? And do you know what refuels you? Discuss these with the group.
3. One way to fill up your tank is to create a healthy rhythm in your life with the help of Jesus, between working and resting, giving and receiving, being active and being still, engaging and withdrawing (read Luke 5:16, Psalm 46:10, and Mathew 11:28-30).
4. One of the main refueling stations we have is when we come together with people of faith and we meet God in this moment (read Hebrews 10:23 and Psalm 73:17). When we worship it recalibrates us, it refuels us, it helps us to regain our perspective, our confidence and our hope. Make a commitment today to create space for God in your daily life.
5. What we open our mind up to repeatedly has a way of shaping our mindset, which shapes your actions, and your actions shape your character which shapes your destiny (read John 6:63).
6. Those who you rub shoulders with have a way of rubbing off on you (read Proverbs 12:26) and if you spend most of your time with people who drain you your tank is going to be empty. Think of someone who is full of hope and have a way of energizing you and building you up, then make it a point to spend time with them this week and make plans with them to continue spending time together.

Close in prayer