



Easy, timely, confidential, digital access to wellbeing resources and support, customized just for you.

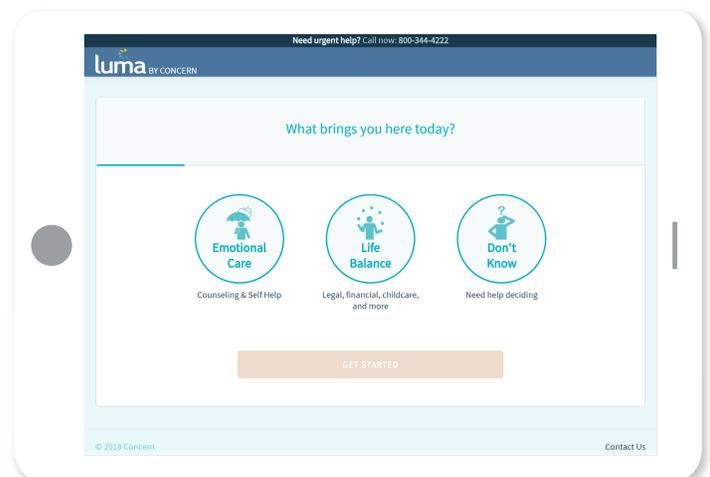
Brought to you by Concern

Life is getting busier, and trying to juggle work, family, finances, and more can be challenging.

Keeping things on track can be stressful. Luma, Concern's powerful, simple-to-use, digital solution quickly connects you to the help you need to navigate life's ups and downs.

Help Wherever You Are

Accessible from your phone, tablet or computer, Luma is your digital front door to everything Concern has to offer. Luma combines technology, counseling, self-help tools, life balance resources, and compassionate human interaction all in one place. Easily get the help you need, when you need it, and on your own terms.



Simple Digital Assessment

Answering a few questions quickly leads you to a custom care plan



Dynamic, Personalized Dashboard

Here, you can request additional help, track progress and find the customized resources you need in the moment



Personalized Self-Help Tools & Life Balance Solutions

Guides you to specific resources like apps, videos, articles, consultations, and service referrals, all customized to your needs



Client-Counselor Matching

Helps you find a professional you're comfortable confiding in from the start while maintaining privacy



Convenient Counseling Choices for Busy Lifestyles

Choose from counseling offerings— telephone, face-to-face, and now Luma unlocks access to next generation video counseling

You can count on Luma for **confidential, 24/7 access** to the Concern services you've always relied on.

Getting started is simple.

Just visit employees.concernhealth.com, log in with your company code, and follow any of the in-page links to begin. For questions about Luma, Concern services, or for immediate support **call 800-344-4222**

