

Concept: Synergy presents

A series by Lazaris and Beky for children and teenagers.

Introduction:

". . . . I'd like to introduce you to a friend of mine. His name is Lazaris there are three things I'd like to tell you about my friend, Lazaris. First, he has an accent so he may be difficult to understand at first, but by listening carefully, you will understand his words. Second, Lazaris is invisible; you can't see him. If you were sitting here with me, you could see me, but you still could not see Lazaris. Lazaris is an entity. That means he's an independent being. Now, I'm an entity -- an independent being -- and I have a body so you can see me. You are an entity -- an independent being -- and you have a body so people can see you. Lazaris is an entity -- an independent being -- and he does not have a body so no one can see him. The third thing about Lazaris is that I have found and your parents have found that Lazaris is a wonderful friend who has helped us be happier; helped us understand more; helped us be more successful. He can help you like he has helped me and your parents, if you let him. So I want you to meet Lazaris"

This description and introduction by Beky on the "Relaxation/Self-Love" title can help you as you are discussing the experience of Lazaris with your child -- an important first step in augmenting the usefulness of these special titles.

Things to know:

- The subject matter is divided into three age groups: 4 through 10; 11 through 13; and 14 through Adolescence.
- At the younger ages, your involvement is more important in defining terms and explaining concepts.
- All subjects are presented honestly but differently than they would be presented to adults. Growth is a process, a process of understanding, so concepts are not dealt with as fully as they would be with you. For example, you can understand and deal with a reality that is an

illusion. You can deal with the concept that walls are not solid, but a child cannot. A child needs the security of solid reality so the concept of reality being totally an illusion is not dealt with.

- The meditations are also different from adult meditations in that child fears are respected and conscientiously avoided whereas in adult meditations often the fears are respected and conscientiously confronted. For example, you can explore a murky lagoon to discover your fears -- a child cannot. All meditations are carefully guided and avoid any introduction of potentially scary material (like dark forests of being under water).
- These titles can be extremely effective with working with your "inner child and adolescent" as well as with your biological child.
- These titles are designed to augment your style of parenting, not to replace you. In fact, with these recordings, you will be more involved with your child than you were before.

Working with your child:

- Listen to the titles yourself first, anticipating questions and thinking of examples from your child's life that should augment the discussion.
- Listen to the titles with your child the first time they hear it, answering questions as they arise.
- Then allow them to listen to the recording as they desire -- support, don't insist. The meditations can be listened to as they go to sleep at night or at any other time, per their request. It's fine if they fall asleep.
- Assist your child in doing the exercises and/or projects suggested in the discussion.

Ongoing benefits of these titles:

- Open parent-child communication, thereby expanding the basis of your relationship.
- Create an avenue for your child to ask for what he/she wants, and gives you an opportunity to give it or to explain why not.

- Provide a basis for a synergy within the family of cooperation, appreciation, and understanding.
- Help you in making life less frightening -- more fun and easier for your child.
- Encourage the adoption of metaphysical concepts which can result in greater self-sufficiency, happiness, self-love, and independence for your child.
- Provide an easy way to learn and to use programming techniques; to learn about consciously creating reality; to develop inner strength -- to accomplish what you are trying to do without having to go through all the struggle, pain, and alienation you went through.

These titles are not designed to produce instant results, nor are they designed to reduce your responsibility to your child. In fact, with the gradual changes, a new foundation is established solidly that can benefit your child all of his/her life, a foundation that can have unforetold positive benefits on the evolution of consciousness as your child grows up and more and more consciously takes responsibility for his/her reality and the earth-reality.

Also, the titles are designed to provide more avenues of communication, and more ways to interact and love your child. Parents want to be good parents but they often don't really know how. These titles are not the answer, but they can perhaps move you closer to discovering the answers for yourself.