

**Emeritus at
Meadowlands Terrace**
License #000-379

3801 N Martin Luther King Jr Blvd
Waco, TX 76708

Telephone: (254) 714-2222



EMERITUS

at Meadowlands Terrace

Staff

- Paula Bodnar - Executive Director
- Jennifer Ferguson - Resident Care Director
- Megan Jones - Community Relations Director
- Janice Turner - Business Office Director
- Kay Thomas - Life Enrichment Director
- Mary Anderson - Dietary Director
- Al Brumfield - Maintenance Director
- Jo Dennis - Transportation



FEBRUARY EVENTS

Meadowlands Terrace Senior Living offers our residents many opportunities for socializing through participation in a variety of programs, activities and entertainment that reflect the talents, interests and personalities of our residents.

There's always plenty going on around the community and we want everyone to be involved in the fun activities including bingo, afternoon games, crafts, cooking, outings, exercise, singing and evening socials.

Check out our FEBRUARY Activities Calendar for scheduled daily and weekly activities and special events. Plan to attend and participate. You can help

foster a caring environment for all by spending more time with old friends and by taking a few minutes to invite new residents to our community activities.

Our special guests for February entertainment include All That Jazz Dance Team, Ron Fritz, Dance Celebration with Jeff, our Ever Popular Classie Ballou, and Ken Elliott as Elvis for our Valentine's Evening Dance. Come on down and join in the fun.



Sandra Langford and Sage Hunsinger with Ken Elliott as Elvis

FEBRUARY FAMILY NIGHT

VALENTINE PARTY & DANCE

6 p.m. - Refreshments

7 p.m. - Entertainment

Provided by Ken Elliott as Elvis

Please R.S.V.P. by Feb. 11.

We hope to see you!

FEBRUARY EVENTS

- 6 RON FRITZ, NOSTALGIA LANE
- 8 DANCE CELEB. W/JEFF
- 9 ALL THAT JAZZ DANCE TEAM
- 13 FEBRUARY BIRTHDAY PARTY
- 14 VALENTINE'S PARTY/DANCE
- 20 CLASSIE BALLOU





FEBRUARY BIRTHDAYS RESIDENTS

- 3 JANIE PERRY
- 13 LOIS CHAMBERS



FEBRUARY BIRTHDAYS STAFF

- 5 KAY THOMAS
- 22 TREVIA ONEAL
- 26 NICOLE EVANS



SPIRIT OF THE BELLS



RON FRITZ - SILVER HAIRED POP & COUNTRY



CHINA SPRING GIRL SCOUTS

February Celebrations

- Keep your heart in mind during American Heart Month.
- Stay organized and focused for National Time Management Month.
- Give yourself a pat on the back—it's International Boost Self-Esteem Month.

A VERY SPECIAL THANK-YOU TO ...

our volunteers, staff and family members who give your time and support for activities and special events at Meadowlands Terrace.

Sponsors and volunteers are always needed for activities such as arts/crafts, cooking, games, sewing, parties, Bible study group, exercise class, mail-outs, outing escorts, special events, sing-alongs, and all types of entertainment.

If you would like to participate, please call Kay Thomas at (254) 714-2222 or (254) 855-5409 - cell.

Pretty in Purple

The birthstone for February is amethyst, a purple quartz. Amethyst symbolizes humility and sincerity.



Positive Thought

"There are exactly as many special occasions in life as we choose to celebrate." —Robert Brault

Our Family is Committed to Yours.



Letter From the Executive Director

At Emeritus Senior Living, our residents' well-being is our top priority. We know that the number one reason people select a senior living community is the quality of care they receive.

We are passionately committed to making a difference in people's lives by providing service of the highest quality and value in a supportive environment, promoting the health, independence and social interaction of seniors.

We're dedicated to providing this exceptional care for our residents, and if there is ever anything we can do for you, please do not hesitate to ask.

As always, our family is committed to yours.



Emeritus Family Spotlight

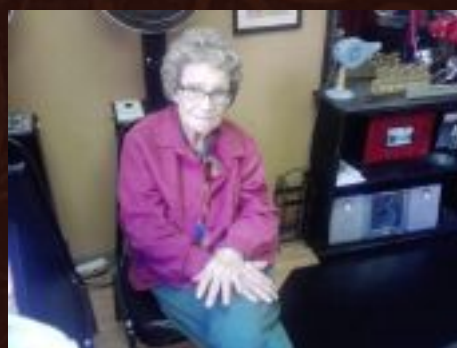
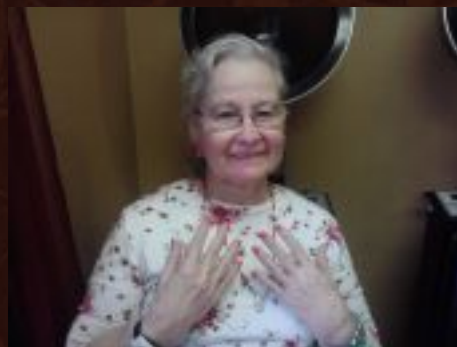
Emeritus is known for hiring some of the most dedicated, compassionate individuals in the senior living industry. Every day, they live the Emeritus Family Values. We are grateful for their service and teamwork, for their integrity and responsiveness and most importantly, for honoring the dignity of our residents and always striving to exceed their expectations.

Emeritus Family Values.

These values are upheld by all of our employees in their commitment to our residents and loved ones.

As a member of the Emeritus family ...

- I welcome, smile at and greet everyone I have contact with.
- I am a good listener and I communicate honestly with others.
- I take pride in my appearance and in the appearance of our Emeritus home.
- I am responsive to resident and family choices.
- I strive to exceed the expectations of all those I come in contact with.
- I am a problem solver by taking ownership of issues and searching for solutions.
- I make a difference every day.



Ladies of Meadowlands Terrace were treated to a Hand Spa Day with wonderful hand massages and lovely manicures by our beauty shop operator, Meredith Garcia. Thank you very much for the special treat.



COMMUNITY NEWS!

Our Chapel has recently been relocated downstairs. Church service is provided each Sunday morning at 9 a.m. Residents, employees, their family members and friends are all welcome and encouraged to attend.

Renovations are taking place all over our community. Our new downstairs Chapel looks great and has more accessibility for our residents. The upstairs room which previously held the Chapel is currently being furnished with equipment for our new Fitness Center. Plans are being made to upgrade the TV room. Come by for a visit and check out all of our new areas.

Health & Wellness

“Ask A Nurse” is being provided by Evelyn with Guardian Health Care Services on Thursdays from 3 to 4 p.m. in the community dining room. A short presentation will be given with February topics including Diabetes, Hypertension, Stress Management and Adult Vaccinations, followed by question and answer sessions or private consultations.



BINGO SPONSORS!

Meadowlands Terrace residents enjoy Bingo every Monday evening and Thursday afternoon. These games are sponsored by healthcare providers, LESLIE MURPHY with TEXAS HOME HEALTH, DEANNA MAREK with INTEGRACARE, MIKE NEELY and RACHEL REUTER with STANDARDS HOME HEALTH. Thank you, MANDY HALE, for all the Bingo games you provided in 2012. We welcome GENERAL GEORGE BRINEGAR with RIGHT AT HOME and DAVID RIDLEY with BLUEBONNET HEALTH SERVICES and look forward to your visits.

WE APPRECIATE YOU!

Be My Valentine Word Search February

- | | |
|-----------|-----------|
| Arrow | Heart |
| Candy | Hug |
| Card | Kiss |
| Cupid | Love |
| February | Red |
| Flowers | Roses |
| Friends | Sweet |
| Groundhog | Valentine |

G	V	A	L	E	N	T	I	N	E	F	D	R	A	C
O	F	R	U	O	X	C	O	S	R	E	W	O	L	F
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S	F	C	P	D	I	U	W	S	Z	K	D	E	M	R
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U	K	Y	Z	S	B	D	R	K	S	T	J	C	K	K
W	W	Z	K	U	B	L	I	D	U	I	G	O	B	X
C	E	Z	X	P	X	F	H	K	B	U	K	C	A	A