

Emmaus Church Community

10.04.2015 Sunday gathering #550

The Work of the Church, p. 5: *The Gift of Confession*

How does the discipline of regular confession shape us?

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Confession is a gift.

When we confess our sins to God, we are...

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Why is confession included *as part of* Christian worship?

For the ride home or your home group:

- . Some people say “I’m sorry” a lot. Others rarely do. Some pledge to “never apologize.” Why the wide range of feelings about asking for forgiveness?
- . Read Psalm 32. Discuss David’s experience with confession of sin.
- . In Christian worship, we proclaim, practice, and celebrate the truth. How does confession of sin fit into this?
- . Often confession feels connected to legalism or negativism. But in the Bible, it’s connected to freedom. What needs to change in our heads/hearts in order for us to embrace confession as a gift?