

# EMMAUS



church community

**09.16.2018** Sunday gathering **#702**  
Series: The Wisdom of Stability Sermon: The Need to Not Run

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**Run!**

**The Bible is a chase scene.**

**Stability synonyms:**

**What does a Gyrovague need?**

**What do vows do?**

**The need to not run away:**

**A little strictness:**

**How did Paul “learn the secret?”** \_\_\_\_\_

“I \_\_\_\_\_ toward the goal...” Phil. 3:14

“I \_\_\_\_\_ my body the marks of Jesus.” Gal 6:17

“Remember my \_\_\_\_\_.” Col. 4:18

“My grace is sufficient for you, for my \_\_\_\_\_ is  
made perfect in \_\_\_\_\_.” 2 Cor. 12:8-9

“Be strong in the Lord...so you may be able to \_\_\_\_\_ your ground,  
and after you have done everything, to \_\_\_\_\_.” Eph. 6:10 & 13

**Three ways to practice being here.**

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**Respond: go deeper.**

- . Favorite movie? Chase scene?
- . What unhealthy trend was St. Benedict trying to address with the vow of stability?
- . Discuss this: “A man does not keep the vow; the vow keeps the man.”
- . Did Paul learn the secret of contentment through stability?  
Consider the quotes used from Paul’s letters; share your thoughts.
- . How have you/might you learn to be here?