



Date _____

Reflection Sheet

*Therefore if you have been raised up with Christ, **keep seeking the things above**, where Christ is, seated at the right hand of God. **Set your mind on the things above, not on the things that are on earth.** Colossians 3:1–2 NASB*

What is my Word for the day?

Each day continue to meditate on this truth and pray about it! Ps 119:97

Verse -

What God spoke to me -

Application/Action -

What difference would this truth make in my life?

What step is the Lord asking me to take or prompting me to do?

Prayer -



Date _____

One Week Later

Effects/Results - At the end of each week take sufficient time to reflect back on the truths God has shown me.
In what ways has this truth made in my life/relationships/attitude/perspective/peace?

Further action/prayer needed?

Be still and know that I am God

Ps 46:10

