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SUNDAY, SEPTEMBER 13

8:00 a.m. | Holy Eucharist Rite I | St. Nicholas Chapel

9:00 a.m. | Holy Eucharist Rite II | Cathedral

10:10 a.m. | Ministry Fair | Dean Willey Hall & East Garden

Join us for Rally Day and our annual Ministry Fair as we kick off a new program year! Meet ministry leaders and explore ways to get involved in Dean Willey Hall, then head to the East Garden for a bounce house, ice cream, and time with old friends and new. Something for everyone!

11:15 a.m. | Holy Eucharist Rite I | Cathedral

4:00 p.m. | Choral Evensong with Holy Eucharist | Cathedral

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MONDAY, SEPTEMBER 14

12:00 p.m. | AA Meeting | Making Medicine Room

12:10 p.m. | Feast of the Holy Cross | Holy Eucharist | St. Nicholas Chapel

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TUESDAY, SEPTEMBER 15

12:00 p.m. | AA Meeting | Making Medicine Room

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WEDNESDAY, SEPTEMBER 16

12:00 p.m. | AA Meeting | Making Medicine Room

12:10 p.m. | Wednesday Holy Eucharist | St. Nicholas Chapel

1:00 p.m. | Prayer Shawl Ministry | Reception Area

6:00 p.m. | Treble Evensong | Cathedral

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THURSDAY, SEPTEMBER 17

12:00 p.m. | AA Meeting | Making Medicine Room

1:15 p.m. | Monestary of the Heart Book Study | Sun Dancer Library

Explore Monastery of the Heart by Sr. Joan Chittister and discover how Benedictine spirituality can shape daily life. Participants should purchase the book. Contact MaryAnn Sonntag at Masonntag48@gmail.com for details.

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FRIDAY, SEPTEMBER 18

12:00 p.m. | AA Meeting | Making Medicine Room

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SATURDAY, SEPTEMBER 19

10:00 a.m. | Centering Prayer with Cynthia Jones | Sun Dancer Library

Join leader Cynthia Jones for Centering Prayer on Saturdays from 10 a.m.-11:45 a.m. in the Sun Dancer Library of the Administration Building. Space is limited to 12 participants. Email chj3708@cox.net to register or for details.

10:00 a.m. | Ministry Leader & Volunteer Appreciation Brunch | Churchwells' Home

All St. Paul's volunteers and ministry leaders are invited to join the clergy and staff for a special morning of fellowship, delicious food, and refreshment as we celebrate your faithful service to our Cathedral community.

FOR LONG-TERM HEALING

Alice Costello † Anne Lynch
Arlene Halley † David Parker
Dorothy Dodd † Jody Vandijk
Hank Bowen † Marinell Guild
Mike King † Elizabeth King
Mary Crabbe † Peter Duncan
Stephanie Wilson † Jack Towner
Regina Browne † Laura Skalak
Richmond Thweatt
Mardy Grubb † Gerald Butcher
Will Schneeberger
Cheryl Baker † David Ponstein
Bretton Pierce † Patsy Kiespert
Mike Kiespert † Mike McDonald
Leighton Kirkpatrick
Alex Goodman † Tony Pendegraph
Barbara Peschka † David Berry
The Pedigo Family
Robert Brandi † Ralph Guild
Evangeline Allbright
Lucia Dougherty † Diane Parker
Margaret Crawford-Peacock

FOR THE RECENTLY DEPARTED

Drew Scott † David H. Miller

FOR URGENT AND SHORT-TERM HEALING

Lauren Bass † William James
Carmen Wilhite † Bob Delay
Jax Henderson † Cathy Owen
David Bradley

OTHER NEEDS & REQUESTS

The Allbright Family
The Delay Family

FOR ST. PAUL'S POSTULANTS

JD Weiss
Mark Sessing
Christopher Haygood

FOR ST. PAUL'S ASPIRANT

Kyle Foster

CATHEDRAL CYCLE OF PRAYER

Rally Day and
the Ministries of
St. Paul's Episcopal Cathedral

DIOCESAN CYCLE OF PRAYER

Christ Church, Tulsa

ANGLICAN CYCLE OF PRAYER

The Anglican Church in
Aotearoa, New Zealand and
Polynesia

SUBMIT A PRAYER REQUEST



PRAYER REQUESTS

Prayer is at the heart of our common life. Submit a prayer request for yourself or someone you love. Names remain on the prayer list for four months unless otherwise requested.

To submit a prayer request

Scan the QR code or go to stpaulsokc.org/prayer-requests

CHERUB CHOIR | Monday, September 21 | Choir Suite | 4:45–5:15 p.m.

It's a new musical season! Our youngest singers (Grades K–2) gather each Monday to build musical skills, learn sacred music, and grow as worship leaders at St. Paul's. Contact jripka@stpaulsokc.org for details! First rehearsal is Monday, September 21, and children are welcome to join anytime.

BELOVED CIRCLE | Thursday, September 24 | Reception Area | 6:30 P.M.

The Beloved Circle, St. Paul's community for LGBTQ+ people and allies, gathers monthly for fellowship, connection, and community. Locations and hosts may occasionally rotate, but you can always plan to gather at the Cathedral in the Reception Area unless otherwise announced. Questions or details: Contact jrhouch7@icloud.com or aozan@stpaulsokc.org

BROTHERHOOD OF ST. ANDREW | Saturday, September 26 | Garden Gallery | 8:30–10:30 A.M.

Men of all ages are invited to gather each month for breakfast, fellowship, study, prayer, service, and conversation with the Brotherhood of St. Andrew. Come connect and learn more about this growing ministry of prayer, study, and service at St. Paul's. Breakfast is potluck; contact Brennan Thompson for details or to contribute. Contact: Brennan Thompson | brennantisme@gmail.com

SUPPORT OUR
CATHEDRAL
CHOIR

*Help send our singers to
New York City in
2027.*

CATHEDRAL CHOIR

Poinsettia Sale Fundraiser

PICK UP OR DELIVERY
\$20/EA
6-inch Red Poinsettias

Your purchase supports the
Cathedral Choir's
2027 NYC Residency!



Order Today!
Scan QR code or go [HERE](#)

WEEKLY eNEWS



STAY CONNECTED

Get Cathedral news and upcoming events, delivered to your inbox.

WHAT'S HAPPENING

View the Cathedral calendar at stpaulsokc.org/calendar

TO SUBSCRIBE SCAN QR CODE
OR GO TO stpaulsokc.org/email

PRACTICES *for* DAILY LIVING

FALL 2026

*Faithful conversations for the questions, practices,
and experiences that shape our everyday lives*TEA
WITH TONY*Conversation over a cup of tea*OCTOBER 6 • NOVEMBER 3
DECEMBER 1
2 P.M. | GARDEN GALLERYCANON
CONVERSATIONS*Following Sunday Evensong*SEPTEMBER 27 • OCTOBER 25
NOVEMBER 22
5:30 P.M. | RECEPTION AREA

A FAITHFUL LIFE: PRACTICES FOR DAILY LIVING

Fall Formation Begins September 20 | Worship • Prayer • Care • Service • Learning • Rest

Faith formation doesn't end when we grow up. Beginning **Sunday, September 20**, Adult Learning at St. Paul's invites us to explore what it means to live a faithful life—not only on Sunday mornings, but throughout the rhythms of our everyday lives. This year, our opportunities for learning, conversation, prayer, and practice are shaped around six Faithful Life Practices: Worship, Prayer, Care, Service, Learning, and Rest. Together, we'll explore the Episcopal tradition behind each practice, the ways it has shaped the life of the Church, and practical ways to make it part of our daily lives.

There are many ways to take part—on Sundays and throughout the week: Dean's Hour • Sunday Bible Study • Tea with Tony • Canon Conversations • Dean's Book Club • Member Engagement • Thursday Book Study • Lectio Divina • Centering Prayer • Embodied Practices • Exercises of St. Ignatius • Seasonal Contemplative Retreats • Retreat in Daily Life (RIDL)

EXPLORE ADULT
FORMATION

Choose a place to begin—and discover how ancient practices can shape everyday discipleship.

For programs, dates & details scan the QR code or go to stpaulsokc.org/adult-formation

EXPLORE CHILDREN &
YOUTH FORMATION

There's a place for every age at St. Paul's. Explore formation opportunities for children and youth and discover ways to learn, grow, and live a faithful life together.

For programs, dates & details scan the QR code or go to stpaulsokc.org/children-youth