

# Summer Camp 2024

**When:** Sunday, June 23rd to Saturday, June 29th

**Where:**

**Teen Valley Ranch**

216 TVR Loop Rd  
Plumtree NC 28664  
Phone: (828) 765-7860



**Cost:** \$485 *(Includes most meals. We'll give details on travel meals at the parent meeting)*

**Register:** <http://www.anastasiachurch.org/summercamp>

**What to bring:**

- Bible, pen, notebook
- Clothes: **All clothing must be clean, neat, and modest**
- Clothes to play in everyday
- Bathing suits
- Evening worship clothing
- Shoes
- Sunscreen
- Beach Towel
- Toiletries
- Spending money for snacks or souvenirs
- Only ONE BAG per student. Please CLEARLY MARK your luggage.

**Departure:**

Sunday, June 23rd **Arrive at the Student Center Island Campus for check-in**

**Return:**

Saturday, June 29th *(detailed schedule available at the parent meeting)*

**Mandatory Parent Meeting:**

Sunday, June 16th

**Photos:**

We will upload photos to our parent group & Instagram throughout the week.  
Follow / Like us to join the fun!

**Questions?**

Send an email to [ally.w@anastasiachurch.org](mailto:ally.w@anastasiachurch.org)  
Or text/call: (407)-462-0248



# TVR SUMMER CAMP 2024

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*Hello! We are so excited that you have chosen to send your child to summer camp at TVR! We want to do our best to provide you with all the materials you need before you arrive. If you have any other questions after reading through this material, please do not hesitate to give us a call at 828.765.7860 or email Brianna at [brianna@tvr.org](mailto:brianna@tvr.org). As well, you may find helpful info on our website, [tvr.org](http://tvr.org)*

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## GENERAL INFORMATION

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**Physical Address:** 216 TVR Loop Rd. Plumtree, NC 28664

(If using a GPS, type in Pancake Rd, Plumtree, NC 28664 to receive a more direct route, or call our office)

**Mailing Address:** TVR, PO Box 10, Plumtree, NC 28664

**Office Phone Number:** 828.765.7860 ex. 103 (Registration)

**Office Email:** [info@tvr.org](mailto:info@tvr.org)

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## CAMP PHOTOS & VIDEOS

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<http://tvr.org/media/summer-camp-photos> Password: **tvr1968**

\*Videos will be uploaded to our YouTube channel at the end of the summer

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## MEDICATIONS

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All medications (prescription & OTC) must be checked-in with the camp nurse upon arrival (including leaders staying on-site). Please complete the medication form provided in this packet to accompany any medications. Your youth leader will collect these medications and forms before you depart for TVR so they can be checked-in together with our camp nurse upon arrival.

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## VISITORS

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All visitors to TVR during the week are required to check-in at our office (upstairs in the Chalet). We ask that you please call our office prior to arrival, **notify your group's leader**, and wear the provided guest lanyard so that you can be identified by our staff.





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# CAMPER COMMUNICATION

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For any form of communication, you will need to know what age group your child is in:  
Rising Grades 3-5: **Pioneers** // Rising Grades 6-8: **Rangers** // Rising Grades 9-12:  
**Mountaineers**

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## PHONE CALLS

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You are welcome to call your child at camp throughout the week (828.765.7860). As well, they are always allowed to use our office phones for calls home. Please expect a delay when you call, as we typically have to page your child to the office from wherever they may be on campus at the time. **Most often, the best time to reach your child is when campers gather together during meal times. Please refer to the sample schedule provided in this packet.**

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## MAIL & PACKAGES

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You are welcome to send letters and packages to your camper. Please plan ahead to ensure the arrival of your mail before your camper departs!

**Camper mail & packages are handed out during Wednesday and Friday morning sessions during mail time.**

Address packages as follows:

TVR Christian Camp  
Camper Name & Age Group (ex. Jane Smith, Mountaineers)  
PO Box 10  
Plumtree, NC 28664



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## E-MAILS

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Emails are handed out during Wednesday and Friday morning sessions only. Please send emails by Thursday night as any received after that time will not be able to be delivered. Also, please limit emails to family members only.

### Important Instructions for Sending Emails:

1. Indicate camper name and age group in the subject line.  
(Example: Jane Smith, Mountaineers)
2. Send email to appropriate email address for your child. We have three emails for our separate age groups:

Pioneers: [pioneer@tvr.org](mailto:pioneer@tvr.org) // Rangers: [ranger@tvr.org](mailto:ranger@tvr.org) // Mountaineers: [mountaineer@tvr.org](mailto:mountaineer@tvr.org)

*Note: If an email does not have the appropriate notations, we cannot guarantee it will be able to be delivered*

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# WHAT TO BRING TO TVR

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## WHAT WE SUGGEST BRINGING:

- Bible, pen, and notebook
- Small bag or backpack (*for sessions, hiking, or off-site trips – HS only*)
- Water Bottle
- Sleeping bag or sheets/blanket & pillow (*All beds are twin-sized*)
- A towel for water activities and one for the cabin
- Toiletries
- Jacket or sweatshirt for cooler mornings and evenings
- T-shirts and appropriate-length shorts for camp activities (running, climbing, etc). Feel free to reach out to our office if you have any questions.
- Extra clothes that can get dirty (*more than you think!*)
- Raincoat/Poncho
- Hat and sunscreen
- Camera to capture camp memories (see note regarding cell phones below)
- Clothes for Slop-A-Roo (shaving cream fight)
- Clothes for optional theme days (ex. Hawaiian shirts, neon for glow in the dark activities, western clothes for rodeo, etc)
- Swim trunks or swimsuit to wear under clothes for water activities (river tubing & ziplining into the pond)
- Long pants and closed-toed shoes (Required for horseback riding)
  - o *Crocs, sandals, and shorts are not suitable for riding.*
- Shoes that are appropriate for water activities and hiking (*secure/closed-toed shoes*)
- Snack Shack Cash
- Prescription Medications: All medications (including prescription & OTC) must be checked-in on Monday and will be distributed as instructed throughout the week by the camp nurse. Please be sure to pack your child's epi-pen and/or inhaler if applicable and contact the office regarding allergies.

## WHAT NOT TO BRING:

- Tobacco, alcohol, vapes
- Cell Phones\*\*
- Laptop, iPod, headphones
- Weapons
- Pets
- Sleeveless shirts, tank tops
- Shorts which are not an appropriate length/fit for camp activities. Feel free to reach out to our office if you have questions!
- Tight-fitting or revealing clothing, including leggings, yoga pants, biker shorts.
- We strongly discourage flip flops due to difficult terrain.
- As-needed OTC medications (ex. Ibuprofen, tums, etc). These medications are provided by TVR and given to campers by the camp nurse (as permitted by parents on the registration form). Feel free to pack medicines which are taken daily (allergy, etc.).



*\*\*Summer Camp is designed to leave a lot of these things behind for a little while in order to be a part of an atmosphere that is "free from all distractions." In this spirit, we **strongly** discourage allowing your child to have a cell phone at camp, and we do have office phones that are always available for use. Likewise, we encourage sending cameras for photos so that a cell phone does not have to be used.*

*\*TVR is not responsible for lost or stolen items\**

# MEDICATION FORM

Please attach this form to medications and bring to camper drop-off.

While your child is here for summer camp, we want to make sure that you are able to rest at ease in knowing that your camper is well taken care of. Each week of summer camp we have a camp nurse who administers all camper meds and assesses all injuries. In our medical closet we carry a wide variety of over-the-counter medications such as allergy meds, pain relievers, ointments, and stomach meds. **Please do not send these items to camp with your child, as well as non-essential (for the week) vitamins and supplements.**

We ask that you fill out the form below and place it in a Ziploc bag ready **to turn in to your youth leader at drop off the morning of camp. Please do not send this form in before check-in.** ALL medicine must be filed and turned in to our staff on the Monday of camp. For those with inhalers, we will discuss the best options for your child with you and our staff.

If you have further questions concerning medications, please feel free to contact Shelia at 828.765.7860, or email her at [soakley@tvr.org](mailto:soakley@tvr.org).

Camper Name: \_\_\_\_\_

## Age Group: Circle One

Pioneer (3<sup>rd</sup>-5<sup>th</sup> grade)

Ranger (6<sup>th</sup>-8<sup>th</sup> grade)

Mountaineer (9<sup>th</sup>-12<sup>th</sup> grade)

Please list **all** medication taken routinely. Bring enough medication to last during the entire stay at camp. Please clearly and accurately label medication if not in original packaging, so that the label identifies the name of the medication, the dosage, and the frequency of administration. If at all possible, it is much more feasible on our end to administer bedtime medications at dinnertime, if the medication allows for flexibility in administration time (allergy meds, over-the-counter drugs, etc.). This request is due to the volume of campers and medications dispensed, along with the campers' schedule later in the evening. It makes for a smoother process to administer as many medications earlier in the evening as possible.

**Please be as clear as possible as to dosage and timing of administration.**

Med #1 \_\_\_\_\_ Dosage \_\_\_\_\_ Time (circle): AM PM BEDTIME

Med #2 \_\_\_\_\_ Dosage \_\_\_\_\_ Time (circle): AM PM BEDTIME

Med #3 \_\_\_\_\_ Dosage \_\_\_\_\_ Time (circle): AM PM BEDTIME

Med #4 \_\_\_\_\_ Dosage \_\_\_\_\_ Time (circle): AM PM BEDTIME

Additional Notes/Instructions:

\_\_\_\_\_  
\_\_\_\_\_

**\*For Office Use Only\*\***

Counselor Name: \_\_\_\_\_ Rooming Assignment: \_\_\_\_\_

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## Sample Schedule: Rangers & Mountaineers (6<sup>th</sup>-12<sup>th</sup>)

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### Monday:

10:00 - 2:00 - Registration... Welcome to TVR!

12:00 – 1:00 Lunch

1:00 - 4:00 - Free time, all activities open

- BB & Archery Ranges
- Horseback Riding
- Climbing & Rappelling Tower
- Snack Shack & Walt Bobs
- Putt Putt & Disc Golf
- Ballfield/Gym Games, and more!

4:00 - Meet on the ballfield to divide into teams!

5:00 - Team meetings (memorize Scripture, the theme verse, etc).

6:00 - Dinner

7:45 - Evening Session (Games, Worship, & Teaching)

10:30 - Huddle Time (Small group time w/ cabin)

### Tuesday:

8:15 - Breakfast

9:15 - Cabin clean up time

9:45 – Morning devotionals

10:15 - Huddle time

11:00 – Morning Session

12:00 - Lunch

1:00 - 5:00 - Free time

5:00 - Team meetings

6:00 - Dinner

8:00 - Session

9:30 - Huddle Time

10:30 - Viva la Glowche (Glow-in-the-dark activities)

### Wednesday:

8:15 - Breakfast

9:15 - Cabin clean up time

9:45 – Morning devotionals

10:15 - Huddle time

11:00 – Morning Session

12:00 - Lunch

1:00 - Mountaineer offsite activity

1:00 - Ranger camp wide activity

3:00 - 5:00 - Free time

5:00 - Team meetings

6:00 - Dinner

8:00 - Session

9:30 - Huddle Time

10:30 - Movie Night

### Thursday:

8:15 - Breakfast

9:15 - Cabin clean up time

9:45 – Morning devotionals

10:15 - Huddle time

11:00 – Morning Session

12:00 - Lunch

1:00 - 3:30 - Free time

3:30 – Slop-A-Roo (Shaving Cream Fight!)

5:00 - Clean up

6:00 - Dinner

8:00 – Evening Session

9:30 - Huddle Time

10:00 – TVR Game Show

### Friday:

8:15 - Breakfast

9:15 - Cabin clean up time

9:45 – Morning devotionals

10:15 - Huddle time

11:00 – Morning Session

12:00 - Lunch

1:00 - 5:00 - Free Time

5:00 - Team Meetings

6:00 - Dinner/Carnival

7:15 – Rodeo

8:30 - Announce team winners

9:00 – Team Party

9:30 - Campfire service and testimony time

### Saturday:

8:00 - Breakfast

8:00 - 10:00 – Checkout



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## Sample Schedule: Pioneers (3<sup>rd</sup>-5<sup>th</sup>)

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### MONDAY

10:00am: Check-In  
12:00-1:00: Lunch  
1:00-2:00: Free time  
2:00: Team sorting  
3:30: Team Time  
4:15: Game & Scavenger Hunt  
5:30: Dinner  
6:30: Session  
7:20: Huddle Time  
7:50: Group Activity  
8:20: Viva La Glowche  
9:30: Glow in the dark dodge ball  
10:30: Lights Out

### TUESDAY

7:45: Breakfast  
8:25: Cabin clean-up/get ready  
8:55: Devotional Time  
9:25: Morning Session  
10:00: Huddle Time  
10:30: Horseback Riding  
11:30: Lunch  
12:15: Hike  
1:00: Free time  
2:00: BB & Archery  
3:00: Team Game  
3:30: Team time  
4:00: FOBOB  
5:30: Dinner  
6:15: Game/Activity  
7:00: Session  
7:45: Huddle Time  
8:15: Field Game  
9:15: Talent Show  
10:00: Bed Time

### WEDNESDAY

7:45: Breakfast  
8:20: Cabin clean-up  
8:45: Devotional Time  
9:15: Morning Session  
9:45: Huddle Time  
10:15: Kiddy Pool Kickball  
11:30: Lunch  
12:00: SLOP-A- ROO  
1:00: Card Boat Race  
1:30: Clean-Up  
2:00: Free Time  
3:00 Activity/Game  
3:30: Team Time  
4:00: FOBOB  
5:30: Dinner  
6:15: Horse Barn  
7:15: Session  
8:00: Huddle Time  
8:30: Hayride/Bonfire  
9:45: Bedtime  
10:30: Lights Out

### THURSDAY

7:45: Breakfast  
8:20: Cabin clean-up  
8:45: Devotional Time  
9:05: Morning Session  
9:55: Huddle Time  
10:15: Tubing - Girls  
11:30: Lunch  
12:00: Tubing - Boys  
1:30: Free Time  
2:30: Gym Games  
3:30: Team Time  
4:00: FOBOB

5:30: Dinner  
6:15: Session  
7:10: Huddle Time  
7:40: Snack Shack  
8:10: Movie Night  
10:00: Bedtime

### FRIDAY

7:45: Breakfast  
8:25: Cabin Clean-up  
8:55: Devotional Time  
9:25: Morning Session  
10:00: Huddle Time  
10:30: Pio Rodeo!  
11:30: Lunch  
12:15: Group games in gym  
1:15: Group Activity  
2:00: Free time  
3:00: PIO RODEO GAMES  
4:00: Team time  
4:30: FOBOB  
6:00: Carnival/Dinner  
7:00: All camp rodeo  
7:30: Announce Winning Team  
8:00: Ice cream party!  
8:30: Bonfire Session  
9:05: Final Huddle Time  
9:30: Snack shack attack  
10:10: bedtime

# Optional Supplemental Insurance Form

(You do not need to complete this form if you do not need supplemental insurance)

Completed forms should be submitted to your Youth Leader with \$6

## Sports / Recreation ACCIDENT INSURANCE

Standard Life and Casualty Insurance Company • P.O. Box 510690 • Salt Lake City, UT 84151-0690  
Fax: 801-538-0392 • Toll Free: 800-327-0695

**VOLUNTARY  
\$250,000 COVERAGE**

- PRIMARY COVERAGE – Pays regardless of other insurance, directly to you, your doctor, or hospital.
- NO DEDUCTIBLE – Pays from first visit.
- ALL ACTIVITIES – Sponsored and supervised by the recreation organization – except 10-12<sup>th</sup> grade football.

The policy covers participants enrolled for activities conducted by the policyholder for bodily injury caused by accidents while:

Attending or participating in any regularly scheduled or authorized group activity of the policyholder which is conducted under the supervision of a leader;

Traveling with other members of the policyholder as a group under the supervision of a leader.

### ACCIDENT MEDICAL EXPENSES BENEFIT \$250,000 – NO DEDUCTIBLE

Covers expenses incurred within 24 months after the date of accident for doctors, dentists, surgeons, hospitals, ambulance or registered nurse for treatment (commencing within 30 days) of any covered injury, with the following limitations:

Doctor's Calls - \$25.00 first visit and \$15.00 per daily visit thereafter for non-surgical treatment.

Surgeon's fees according to schedule - \$1,100 maximum.

Anesthesiologist – 25% of the surgical allowance.

Out-patient X-ray, including radiologist - \$25.00 per X-ray - \$125.00 maximum.

Hospital room and board limited to \$115.00 daily maximum.

Hospital miscellaneous - \$200.00 first day confined, \$100.00 second and \$50.00 daily thereafter.

Emergency Room - \$115.00 maximum.

The maximum limit for dental expenses as result of injury to natural teeth is \$200.00.

Ambulance - \$75.00 each trip - \$150.00 maximum.

**HOW THE PLAN WORKS** – A policy is issued to the Recreation Organization. You will be either insured from the effective date of the policy or from the date on which premium is paid, whichever is later. Because of the small charge for this protection, there is no reduction in cost for late enrollment. Your insurance will expire at the end of the Recreation Organization's policy term.

#### Send All Claims To:



Standard Life and Casualty  
PO Box 510690  
Salt Lake City, UT 84151-0690

#### PARTIAL DESCRIPTION ONLY – RECREATION ORGANIZATION HAS POLICY.

THE PREMIUM per person insures that person for ALL sports and ALL other activities in which he / she participates throughout the policy period.

Please Complete Enrollment Form & return To The Recreation Office With correct Premium

Through Age 18

**\$6.00**

Per Person

#### ENROLLMENT FORM

I do want \_\_\_\_\_ insured

(name)

I do not want \_\_\_\_\_ insured

(name)

X \_\_\_\_\_ Date \_\_\_\_\_

(Signature of insured, parent or guardian)

Please make check payable to your recreation organization.