

ST. VINCENT DE PAUL PARISH SCHOOL

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AKRON, OHIO 44303
(330) 762-5912
WWW.STVINCENTCHURCH.COM

Greetings SVDP families! It is that time of year when our learners are gearing up for summer break. Please continue to remind them, as we do daily, that these last few weeks of school are so important. Please be sure to keep on top of their school work by checking their homework journals, Headmaster Online (grades 2-8), and teacher blogs to stay in the academic loop! -*Maria Meeker*

FIRST COMMUNION Our parish children in 2nd grade will be celebrating the Sacrament of First Communion tomorrow, Saturday, May 12. Please pray for these children and their families as they make this very important commitment in our Catholic faith.

ALLERGY SEASON Many of our learners are experiencing flare-ups with their seasonal allergies. Please read through the attached material from Akron Children's Hospital. We are limited in what we can offer by way of relief in our clinic, please check with your physician for treatment. If your child requires medication or eye drops while at school, please use the attached form which is required for us to administer those items during the school day, whether they are "over-the-counter" or prescription medications.

2017-2018 YEARBOOKS This year we are using Lifetouch Studios to compile our yearbook! You can purchase a yearbook, through May 18, online at YBPay.lifetouch.com and use the Yearbook ID Code: 13483418. If you have photos to contribute, please email them to lbelair@stvincentelementary.com.

SOAP BOX DERBY GRAVITY RACE CHALLENGE Mr. Milam and our learners are working hard to prepare for this year's challenge at Derby Downs. The event, which is open to the public, is being held on May 19. This year we will have 9 cars participating! Families are welcome to come out and spend the day cheering for our SVDP teams!

MUSIC PROGRAM and STEM Night Join us on Thursday, May 24, at for an evening celebrating our talented children! More details are attached!

BOX TOPS FOR EDUCATION The final Box Top collection for the year will be May 18th. The class who turns in the most will receive a special treat. So far the classes with the most are 4th (249), 5th (263) & 8th (264)! Hurry and turn yours in, and thank you for your participation!

PARISH KNIGHTS OF COLUMBUS Please consider joining us for our annual St. Vincent de Paul Parish Golf Outing on Sunday, June 3. Reservation information is attached and due by Saturday, May 19. All proceeds will go to our parish Knights of Columbus to fund their work in our parish, school, and community.

LAST DAY OF SCHOOL Tuesday, June 5 - **Last Day of School for PreK-7th grade!** We will begin the day with Mass at 8:15. At 11 a.m. we will hold an all-school picnic on the playground. All children will be dismissed at 1:00 p.m. (no Little Learners or Aftercare will be held) Parents & Families are invited to join us for this day.

ST. VINCENT DE
PAUL CATHOLIC
CHURCH

MASS SCHEDULE
SAT. 5:00 P.M.
SUN. 8:30 A.M.
SUN. 11:00 A.M.



IMPORTANT
DATES:

MAY 12
FIRST
COMMUNION

MAY 19
SOAP BOX DERBY
GRAVITY RACE
CHALLENGE

MAY 24
STEM NIGHT
SPRIN MUSICAL

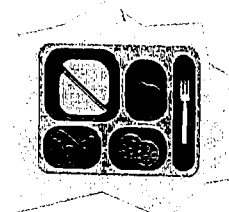
MAY 25 AND
MAY 28
NO SCHOOL

JUNE 4
8TH GRADE
GRADUATION

JUNE 5
LAST DAY OF
SCHOOL

St. Vincent de Paul Parish School

MENU



MONDAY May 14

Chicken Nuggets
French Fries
Pears
Milk

TUESDAY May 15

Hamburger Stroganoff
Green Beans
Apple
Milk

WEDNESDAY May 16

Pancakes and Eggs
Sausage
Oranges
Milk

THURSDAY May 17

POTATO BAR!!
Fix your own BAKED POTATO with a
selection of meats, vegees, cheese, etc.
Milk

FRIDAY May 18

Pepperoni Pizza
Cucumbers with Dip
Grapes
Milk

- Your lunch order and payment are due on the first day of the school week - one envelope/check per family is fine!
- Please send your child(ren's) lunch money in an envelope. **Each lunch is \$2.75 per day, per child.**
- Reduced price is \$.40 per day if you have applied/been approved.
- Please **clearly mark the front of the envelope** with each of your children's names and grades and indicate which days your child will be wanting the hot lunch tray.
- Milk is included in the tray lunch. You may purchase an extra milk ticket for \$2.50.
- For those who wish to pack their lunch, and just buy milk: Please follow the same procedure as you always have - mark your envelope:
"milk money, for _____, grade ____"
-The price of milk is \$2.50 per week or \$.50 per day. You may purchase an extra milk ticket for \$2.50 per week.

"USDA is an equal opportunity provider and employer."

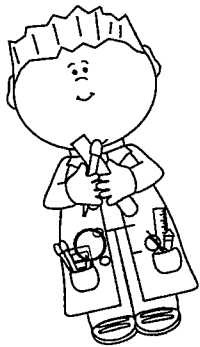
STEM NIGHT

and

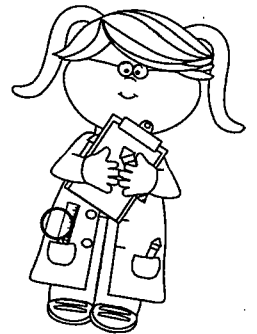
Back to Summer

The SVDP Spring Musical

THURSDAY, MAY 24



STEM NIGHT



- 5:30 p.m. - 6:15 p.m.
- classroom STEM activities

PTA will have light refreshments in the cafeteria from 6:15 p.m. - 6:45 p.m.

SPRING MUSICAL



Back to Summer

- doors open at 6:30 p.m.
- show begins at 7:00 p.m.
- SVDP Gymnasium



Back to Summer

Dear SVDP Parents,

We're almost to the finish line!

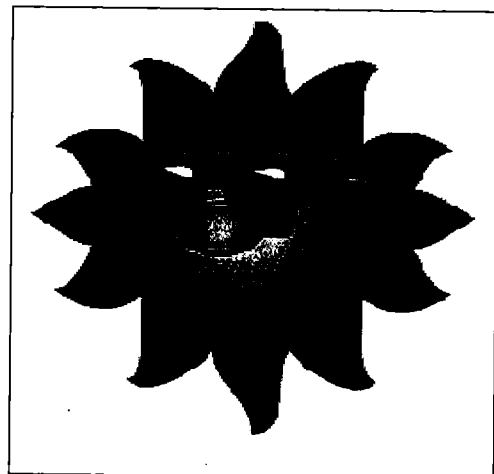
SVDP learners and staff would like to invite you to our Spring Concert on Thursday, May 24th, 2018 at 7 p.m.

The Spring Concert will start promptly at 7 p.m. in the gym. Learners should report to their classrooms at 6:30 p.m. Doors will open at 6:30 p.m.

Pre-k through fifth grade should wear school appropriate summer attire. No flip flops or spaghetti straps please! Mrs. Craine will discuss attire for middle school with the students in class.

Thank you,

SVDP Teachers and Staff



Tips to Grow By™



A publication of Akron Children's Hospital

Allergies

Up to 50 million Americans, including millions of kids, have some type of allergy. In fact, allergies account for the loss of an estimated 2 million school days per year.

About allergies

An allergy is an overreaction of the immune system to a substance that's harmless to most people. But in someone with an allergy, the body's immune system treats the substance (called an **allergen**) as an invader and overreacts, causing symptoms that can range from annoying to serious or life threatening.

Allergies can be seasonal (happening only at certain times of the year, like when pollen counts are high) or can occur any time someone comes in contact with an allergen.

Common airborne allergens

Some of the most common things people are allergic to are airborne (carried through the air):

- **Dust mites**
- **Pollen**
- **Molds**
- **Pet dander, urine and saliva**
- **Cockroach feces**

Common food allergens

The American Academy of Allergy, Asthma and Immunology estimates that up to 2 million kids in the United States are affected by food allergies, and that eight foods account for most of those: cow's milk, eggs, fish, shellfish, peanuts, tree nuts, soy and wheat.

Other common allergens

- **Insect stings.** For most kids, being stung by an insect means swelling, redness and itching at the site of the bite. But for those with insect venom allergy, an insect sting can cause more severe symptoms.
- **Medicines.** Antibiotics (used to treat infections) are the most common types of medicines that cause allergic reactions. Many other medicines, prescription and over-the-counter, also can cause allergic reactions. If your child reacts to a medicine, talk to your doctor before assuming the reaction is a sign of allergy.
- **Chemicals.** Sometimes, cosmetics or laundry detergents can cause an itchy rash. Usually, this is because someone has a reaction to the chemicals in these products. Dyes, household cleaners and pesticides used on lawns or plants also can cause allergic reactions in some people.

Some kids also have what are called **cross-reactions**. For example, kids who are allergic to birch pollen might have symptoms when they eat an apple because that apple is made up of a protein similar to one in the pollen.

Signs and symptoms

The type and severity of allergy symptoms vary from allergy to allergy and child to child. Allergies may show up as itchy eyes or an itchy nose, sneezing, nasal congestion, throat tightness, trouble breathing, vomiting and even faintness or passing out. Severe allergic reactions (called anaphylaxis) can be fatal if not treated in time.

Airborne allergy symptoms

Airborne allergens can cause something known as allergic rhinitis, which occurs in about 7% to 10% of Americans.

Symptoms can include:

- sneezing
- itchy nose and/or throat
- nasal congestion
- coughing

These symptoms are often accompanied by itchy, watery, and/or red eyes, which is called **allergic conjunctivitis**. (When dark circles are present around the eyes, they're called allergic "shiners.") Those who react to airborne allergens usually have allergic rhinitis and/or allergic conjunctivitis. Those who have asthma may have wheezing and shortness of breath from airborne allergens.

Symptoms of food, medicines or insect venom allergies

- wheezing
- trouble breathing
- coughing
- hoarseness
- throat tightness
- stomachache
- vomiting
- diarrhea
- itchy, watery or swollen eyes
- hives
- red spots
- swelling
- a drop in blood pressure, causing lightheadedness or loss of consciousness

Allergic reactions can differ. Sometimes the same person can react differently at different times. Some reactions are mild and involve only one system of the body, like hives on the skin. Other times the reaction can be more severe and

Allergies (continued)

involve more than one part of the body. A mild reaction in the past does not mean that a future reaction will also be mild.

About anaphylaxis

Kids with severe allergies (such as those to food, medication or insect venom) can be at risk for a sudden, potentially life-threatening allergic reaction called anaphylaxis. This reaction can be frightening — a child might faint or feel like his or her throat is closing, for example. But when treated properly, anaphylaxis can be managed.

If your child has been diagnosed with a life-threatening allergy, the doctor will want him or her to carry an epinephrine auto-injector in case of an emergency. Epinephrine is a drug injection that enters the bloodstream and works quickly against serious allergy symptoms; for example, it decreases swelling and raises blood pressure. Kids with severe symptoms or reactions to an allergen require an injection of epinephrine and **a call to 911 for immediate medical attention.**

Anaphylaxis can happen just seconds after being exposed to a triggering substance or can be delayed for up to 2 hours if the reaction is from a food. It can involve various areas of the body.

Fortunately, severe or life-threatening allergies occur in only a small group of kids. Those with asthma or a history of a previous anaphylactic reaction are at greater risk for these severe reactions.

Diagnosing allergies

To find the cause of an allergy, allergists usually do skin tests for the most common environmental and food allergens. As an alternative test, blood tests may be used in children with skin conditions, those who are on certain medicines or those who are extremely sensitive to a particular allergen.

Even if a skin test and/or a blood test shows an allergy, a child must also have symptoms to be diagnosed with an allergy. For example, a toddler who has a positive test for dust mites and sneezes a lot while playing on the floor would be considered allergic to dust mites.

Treating allergies

There is no real cure for allergies, but it is possible to relieve symptoms. The only real way to cope with them is to reduce or eliminate exposure to allergens.

If reducing exposure to environmental allergens isn't possible or is ineffective, medicines may be prescribed, including antihistamines (which you can also buy over-the-counter), eye drops and nasal sprays.

In some cases, an allergist may recommend immunotherapy (allergy shots) to help desensitize someone with an allergy. However, allergy shots are only helpful for allergens such as dust, mold, pollens, animals and insect stings. They're not used for food allergies.

Here are some things that can help kids avoid airborne allergens:

- Keep family pets out of certain rooms, like your child's bedroom.
- Remove carpets or rugs from your child's bedroom.
- Don't hang heavy drapes and get rid of other items that allow dust to build up.
- Clean when your child is not in the room.
- Use special covers to seal pillows and mattresses if your child is allergic to dust mites.
- For kids allergic to pollen, keep the windows closed when the pollen season is at its peak, change their clothing and bathe them after they've been outdoors and don't let them mow the lawn.
- Keep kids who are allergic to mold away from damp areas, such as some basements, and keep bathrooms and other mold-prone areas clean and dry.

Kids with food allergies need to completely avoid products made with their allergens. This can be tough as allergens can be found in many unexpected foods and products.

Always read labels to see if a packaged food contains your child's allergen. Manufacturers of foods sold in the United States must state in understandable language whether foods contain any of the top eight most common allergens.

Cross-contamination means that the allergen is not one of the ingredients in a product, but might have contaminated it during production or packaging. Companies are not required to label for cross-contamination risk, though some voluntarily do so. You may see advisory statements such as "May contain....," "Processed in a facility that also processes....," or "Manufactured on equipment also used for"

Since products without precautionary statements also might be cross-contaminated and the company simply chose not to label for it, it is always best to contact the company to see if the product could contain your child's allergen.

Cross-contamination also can happen at home or in restaurants when kitchen surfaces or utensils are used for different foods.



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**PRESCRIBER AND PARENT REQUEST
FOR THE ADMINISTRATION OF MEDICATION
AT SCHOOL**

(Medication Administration Record – MAR)

***** One Medication per Form *****

School _____

Student _____ Grade/Rm _____

Address _____

City/State/Zip _____

Name of Medication and Dosage _____

Times of Day to be Administered _____

Number of Times/Intervals Medication is to be Administered _____

Date to Begin Medication _____ Date to End Medication _____

Adverse/Severe Reaction that Should be Reported to Physician _____

Special Instructions for Administration of Medication _____

This medication can be safely administered by non-medical personnel Yes No

It is impossible to arrange for this medication to be taken at home and, therefore, it must be administered during school hours Yes No

This student is under my care. It is not possible to arrange for this medication to be taken at home under the supervision of a parent and therefore it must be taken during school hours.

Prescriber's Printed Name Tel _____

Prescriber's Signature Date _____

Please regard my signature below as my assurance that I release _____ School, PSI, and any or all of the school's and PSI's officers or employees from any liability or damages resulting from the consequences or adverse reactions of our child's taking or failing to take this medication at the times prescribed. I also agree to keep the school informed in writing of any revision in the physician's prescription. I have had the opportunity to ask questions. They have been fully answered to my satisfaction.

Parent's Printed Name Tel _____

Parent's Signature Date _____

St. Vincent de Paul Parish School

Family Contact Update

For the 2018-2019 School Year

We are updating our databases before the summer. If you have moved during this past school year, but have not submitted your current information to the school, please do so via this form. If you are planning a move this summer, please use this form and indicate the date you are moving next to your new address.

Parent Name: _____

Home Address: _____

Your student's name(s) _____

Primary Phone Number for Parent: _____

Secondary Phone Number for Parent: _____

Primary Email for Parent: _____

Secondary Phone Number for Parent: _____