



**TOPIC: BE UNSHAKABLE: OVERCOMING THE WORLD & MASTERING YOURSELF IN TURBULENT,
UNCERTAIN TIMES – MINISTER LOGAN BAUGHMAN III, MSW
BIBLE STUDY & LIFE GROUPS: WEDNESDAY, MARCH 25, 2026**

John 16:33 (NLT)

I have told you all this so that you may have peace in me. Here on earth, you will have many trials and sorrows. But take heart, because I have overcome the world.

John 16:33 (MSG)

In this godless world you will continue to experience difficulties. Be of Good Cheer! I've conquered the world.

John 16:33 (AMP)

I have told you these things, so that in Me you may have perfect peace. In the world you have tribulation and distress and suffering, but be courageous, be confident, be undaunted, be filled with joy; I have overcome the world. My conquest is accomplished, My victory abiding.

UNDERSTANDING THE FIELDS OF BATTLE.

- **The External Battle (The World)**

1 John 5:4 (NLT)

For every child of God defeats this evil world, and we achieve this victory through our faith.

1 John 5:4 (MSG)

Every God-born person conquers the world's ways. The conquering power that brings the world to its knees is our faith.

1 John 5:4 (AMP)

For everyone born of God is victorious and overcomes the world; and this is the victory that has conquered and overcome the world our continuing, persistent faith in Christ.

- **The Internal Battle (Self)**

Galatians 5:17 (NLT)

The sinful nature wants to do evil... just the opposite of what the Spirit wants.

Galatians 5:17 (MSG)

Flesh and Spirit are in constant conflict.

Galatians 5:17 (AMP)

For the sinful nature has its desire which is opposed to the Spirit, and the desire of the Spirit opposes the sinful nature; for these [two, the sinful nature and the Spirit] are in direct

opposition to each other continually in conflict, so that you as believers do not always do whatever good things you want to do.

PRINCIPLE 1: ANCHOR YOURSELF IN GOD’S TRUTH.

Ephesians 4:14 (NLT)

Then we will no longer be immature like children. We won’t be tossed and blown about by every wind of new teaching.

Ephesians 4:14 (MSG)

No prolonged infancies; not blown off course by every wind of teaching.

Ephesians 4:14 AMP

So that we are no longer children spiritually immature, tossed back and forth like ships on a stormy sea and carried about by every wind of shifting doctrine, by the cunning and trickery of unscrupulous people, by the deceitful scheming of people ready to do anything for personal profit.

Hebrews 13:8 (AMP)

Jesus Christ is [eternally changeless, always] the same yesterday and today and forever.

PRINCIPLE 2: MIND MANAGEMENT:

- Your Life Follows Your Thinking, Emotions, and Behavior/Reactions

Romans 12:2 (NLT)

Let God transform you into a new person by changing the way you think.

Romans 12:2 (AMP)

And do not be conformed to this world any longer with its superficial values and customs, but be transformed and progressively changed as you mature spiritually by the renewing of your mind focusing on godly values and ethical attitudes, so that you may prove for yourselves what the will of god is, that which is good and acceptable and perfect in his plan and purpose for you.

Proverbs 4:23 (NLT)

Guard your heart above all else, for it determines the course of your life.

2 Corinthians 10: 4-5 (NKJV)

For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ, and being ready to punish all disobedience when your obedience is fulfilled.

PRINCIPLE 3: DEVELOP SELF-CONTROL (MASTER YOURSELF)

Galatians 5:22–23 (AMP)

*But the fruit of the Spirit the result of God' presence within us is love unselfish concern for others, joy, inner peace, patience not the ability to wait, but how we act while waiting, kindness, goodness, faithfulness, gentleness, **self-control**. Against such things there is no law.*

Proverbs 25:28 (NLT)

A person without self-control is like a city with broken-down walls.

Proverbs 25:28 (MSG)

A person without self-control is like a house with its doors and windows knocked out.

PRINCIPLE 4: STAY ROOTED IN CHRIST (YOUR SOURCE OF STABILITY)

- Freedom from Rules and New Life in Christ

Colossians 2: 6-7

And now, just as you accepted Christ Jesus as your Lord, you must continue to follow him. Let your roots grow down into him and let your lives be built on him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness. Let, your roots grow down into him... Then your faith will grow strong.

Psalms 62:6 (NLT)

My fortress and my defense, I will not be shaken or discouraged. He alone is my rock and my salvation... I will not be shaken.

Matthew 7:24–25 (NLT)

So everyone who hears these words of Mine and acts on them, will be like a wise man a far-sighted, practical, and sensible man] who built his house on the rock. And the rain fell, and the floods and torrents came, and the wind blew and slammed against that house; yet it did not fall, because it had been found on the rock.

LIFE GROUP DISCUSSION QUESTIONS:

1. Foundation Check (Truth vs. Influence):

- “Then we will no longer be immature like children, tossed back and forth by every wind of teaching” (Ephesians 4:14).
- When life’s pressures hit, what specific truth about God do you hold onto to steady your emotions and resist outside influences?
- Identify one promise of God from Scripture that you can meditate on this week to strengthen your foundation.

2. Internal Battle (Self-Mastery):

- *“The sinful nature wants to do evil, which is just the opposite of what the Spirit wants” (Galatians 5:17).*
- What area of your life feels like a constant internal struggle, and how can you invite the Holy Spirit to help you overcome it?
- This week, pray daily for God’s strength in that specific area and journal any progress or victories.

3. Thought Life (Mind Management):

- *“Let God transform you into a new person by changing the way you think” (Romans 12:2).*
- What recurring thought or belief in your mind does not align with God’s Word, and how can you replace it with His truth?
- Write down one negative thought you’ve been battling and find a Scripture verse to counter it. Memorize and declare that verse daily.

4. Root System (Spiritual Stability):

- *“Let your roots grow down into Him, and let your lives be built on Him” (Colossians 2:7).*
- If a storm hit your life today, what would it reveal about the strength of your spiritual roots?
- Commit to one action this week, whether it’s deeper prayer, Bible study, or serving others, that will help you grow stronger in Christ.