



**EPHESIANS 6 STUDY:**

**TOPIC: WALKING IN VICTORY THROUGH GODLY RELATIONSHIPS AND SPIRITUAL WARFARE**

**– PASTOR ALTON TRIMBLE**

**BIBLE STUDY & LIFE GROUPS: WEDNESDAY, JUNE 3, 2026**

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Ephesians 6 (NASB1995)

*Children, obey your parents in the Lord, for this is right. <sup>2</sup> Honor your father and mother (which is the first commandment with a promise), <sup>3</sup> so that it may be well with you, and that you may live long on the earth. <sup>4</sup> Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord. <sup>5</sup> Slaves, be obedient to those who are your masters according to the flesh, with fear and trembling, in the sincerity of your heart, as to Christ; <sup>6</sup> not by way of eyeservice, as men-pleasers, but as slaves of Christ, doing the will of God from the heart. <sup>7</sup> With good will render service, as to the Lord, and not to men, <sup>8</sup> knowing that whatever good thing each one does, this he will receive back from the Lord, whether slave or free. <sup>9</sup> And masters, do the same things to them, and give up threatening, knowing that both their Master and yours is in heaven, and there is no partiality with Him. <sup>10</sup> Finally, be strong in the Lord and in the strength of His might. <sup>11</sup> Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil. <sup>12</sup> For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places. <sup>13</sup> Therefore, take up the full armor of God, so that you will be able to resist in the evil day, and having done everything, to stand firm. <sup>14</sup> Stand firm therefore, having girded your loins with truth, and having put on the breastplate of righteousness, <sup>15</sup> and having shod your feet with the preparation of the gospel of peace; <sup>16</sup> in addition to all, taking up the shield of faith with which you will be able to extinguish all the flaming arrows of the evil one. <sup>17</sup> And take the helmet of salvation, and the sword of the Spirit, which is the word of God. <sup>18</sup> With all prayer and petition pray at all times in the Spirit, and with this in view, be on the alert with all perseverance and petition for all the saints, <sup>19</sup> and pray on my behalf, that utterance may be given to me in the opening of my mouth, to make known with boldness the mystery of the gospel, <sup>20</sup> for which I am an ambassador in chains; that in proclaiming it I may speak boldly, as I ought to speak. <sup>21</sup> But that you also may know about my circumstances, how I am doing, Tychicus, the beloved brother and faithful minister in the Lord, will make everything known to you. <sup>22</sup> I have sent him to you for this very purpose, so that you may know about us, and that he may comfort your hearts. <sup>23</sup> Peace be to the brethren, and love with faith, from God the Father and the Lord Jesus Christ. <sup>24</sup> Grace be with all those who love our Lord Jesus Christ with incorruptible love.*

**SECTION I: CHILDREN AND PARENTS (EPHESIANS 6:1-3)**

Ephesians 6:1-3 (NASB1995)

*Children, obey your parents in the Lord, for this is right. <sup>2</sup> Honor your father and mother (which is the first commandment with a promise), <sup>3</sup> so that it may be well with you, and that you may live long on the earth.*

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Colossians 3:20 (NASB1995)

*Children, be obedient to your parents in all things, for this is well-pleasing to the Lord.*

Exodus 20:12 (NASB1995)

*Honor your father and your mother, that your days may be prolonged in the land which the LORD your God gives you.*

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**SECTION II: PARENTS AND THEIR RESPONSIBILITY - EPHESIANS 6:4**

Ephesians 6:4 (NASB1995)

*Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.*

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Proverbs 22:6 (NASB1995)

*Train up a child in the way he should go, even when he is old, he will not depart from it.*

Deuteronomy 6:6-7 (NASB1995)

*These words, which I am commanding you today, shall be on your heart. <sup>7</sup> You shall teach them diligently to your sons and shall talk of them when you sit in your house and when you walk by the way and when you lie down and when you rise up.*

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**SECTION III: WORKING FOR CHRIST IN EVERY SEASON OF LIFE- EPHESIANS 6:5-8**

Ephesians 6:5-8 (NASB1995)

*<sup>5</sup> Slaves, be obedient to those who are your masters according to the flesh, with fear and trembling, in the sincerity of your heart, as to Christ; <sup>6</sup> not by way of eyeservice, as men-pleasers, but as slaves of Christ, doing the will of God from the heart. <sup>7</sup> With good will render service, as to the Lord, and not to men, <sup>8</sup> knowing that whatever good thing each one does, this he will receive back from the Lord, whether slave or free.*

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Genesis 1:27 (NASB1995)

*God created man in His own image, in the image of God He created him; male and female He created them.*

Galatians 3:28 (NASB1995)

*There is neither Jew nor Greek, there is neither slave nor free man, there is neither male nor female; for you are all one in Christ Jesus.*

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Romans 13:1 (NASB1995)

*Every person is to be in subjection to the governing authorities. For there is no authority except from God, and those which exist are established by God.*

Proverbs 22:29 (NASB1995)

*Do you see a man skilled in his work? He will stand before kings; He will not stand before obscure men.*

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Luke 16:10 (NASB1995)

*He who is faithful in a very little thing is faithful also in much; and he who is unrighteous in a very little thing is unrighteous also in much.*

Galatians 1:10 (NASB1995)

*For am I now seeking the favor of men, or of God? Or am I striving to please men? If I were still trying to please men, I would not be a bond-servant of Christ.*

1 Corinthians 10:31 (NASB1995)

*Whether, then, you eat or drink or whatever you do, do all to the glory of God.*

**LIFE GROUP DISCUSSION QUESTIONS**

1. What is the difference between obedience and honor? Paul tells children to obey their parents, but he also commands believers to honor their parents. In your own words, how are obedience and honor different? Can someone obey outwardly while dishonoring inwardly? What might that look like today?
2. Think about a time when following the guidance of a parent, mentor, or trusted authority protected you from a mistake. What happened, and what did you learn from it?
3. Why do you think our culture often struggles with authority and submission? Whether at home, at school, at work, at church, or in society, many people resist authority. What are some reasons for that? How can we distinguish between unhealthy authority and godly authority?