



21 DAYS OF FASTING & PRAYER 2026 GUIDE

21 DAYS OF FASTING & PRAYER

Theme: A Time of Consecration and Seeking God

OVERVIEW

This 21-day journey is designed to deepen your relationship with God through fasting, prayer, and reflection. We will follow the **Daniel Fast** eating plan, engage in daily scripture readings, and dedicate focused quiet time with God.

WHAT IS THE DANIEL FAST?

The Daniel Fast is inspired by the biblical account of Daniel, who abstained from certain foods while seeking God's guidance and favor. It is a strict vegan diet that excludes animal products, leavened bread, processed foods, caffeine, and alcohol.

KEY SCRIPTURES:

"In those days I, Daniel, was mourning three full weeks. I ate no pleasant food, no meat or wine came into my mouth, nor did I anoint myself at all, till three whole weeks were fulfilled."

— Daniel 10:2-3 (NKJV)

"Dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him. ² Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect."

— Romans 12:1-2 (NLT)

"If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land."

— 2 Chronicles 7:14 (NIV)

"So humble yourselves before God. Resist the devil, and he will flee from you. ⁸ Come close to God, and God will come close to you. Wash your hands, you sinners; purify your hearts, for your loyalty is divided between God and the world. ⁹ Let there be tears for what you have done. Let there be sorrow and deep grief. Let there be sadness instead of laughter, and gloom instead of joy. ¹⁰ Humble yourselves before the Lord, and he will lift you up in honor."

— James 4:7-10 (NLT)

DAILY SCHEDULE

Each day will include:

1. **Quiet Time with God:** Prayer and listening to God.
2. **Daily Scripture Reading:** Meditate on scriptures (included below) that reveal God's character and our identity in Him.
3. **Reflection:** Journal your thoughts, prayers, and insights.
4. **Devotional Reading:** Access "Manna For Today" by Pastor Alton Trimble online at www.glorychristian.org or on Facebook at www.facebook.com/glorychristianfellowship, and other devotional, or spiritual growth readings.

FASTING GUIDELINES

Foods to Avoid

- **Animal Products:** Meat, poultry, fish, eggs, dairy.
- **Sweeteners:** Sugar, honey, syrups, molasses.
- **Leavened Bread:** Bread containing yeast or baking powder.
- **Processed Foods:** Artificial additives, preservatives, white flour, white rice.
- **Deep-Fried Foods:** Chips, fries, etc.
- **Beverages:** Coffee, tea, soda, alcohol, energy drinks.

FOODS TO INCLUDE

- **Fruits:** Fresh, frozen, dried, or canned.
- **Vegetables:** Fresh, frozen, dried, or canned.
- **Whole Grains:** Brown rice, quinoa, oats, whole wheat, etc.
- **Legumes:** Lentils, beans, peas.
- **Nuts & Seeds:** Including nut butters.
- **Oils:** Olive, canola, sesame, etc.
- **Beverages:** Water (spring, distilled, or pure).

For a detailed list, visit the [Daniel Fast Food List](https://danielfast.wordpress.com/daniel-fast-food-list/).
<https://danielfast.wordpress.com/daniel-fast-food-list/>

WEEKLY FOCUS

- **Week 1 (Jan 5–10, 2026):** Daniel Fast
 - **Week 2 (Jan 11–17, 2026):** Daniel Fast
 - **Week 3 (Jan 18–24, 2026):** Daniel Fast or Juices & Water Only
 - **Week 4 (Jan 25, 2026):** Daniel Fast
 - **Jan 26, 2026:** Break the Fast
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CORPORATE PRAYER SCHEDULE

- **Sunday:** 9 AM (Overflow Room)
 - **Tuesday:** 12 PM or 7 PM (via Zoom)
 - Text “prayer” to (310) 589-4046 for the link or call (669) 900-9128 (Meeting ID: 884 7344 2183).
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DAILY REFLECTIONS AND READINGS

Each day focuses on a specific aspect of God’s character and our identity in Him. The scriptures are provided in full text for meditation and reflection.

Day 1: My God is Faithful

- **Scripture Focus:**
 - **1 Corinthians 10:13 (NIV):**
"No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it."
 - **1 Peter 1:23 (NKJV):**
"Having been born again, not of corruptible seed but incorruptible, through the word of God which lives and abides forever."
 - **Ephesians 1:7 (NKJV):**
"In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace."
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- **Hebrews 9:14 (NKJV):**
"How much more shall the blood of Christ, who through the eternal Spirit offered Himself without spot to God, cleanse your conscience from dead works to serve the living God?"
- **1 John 1:9 (NIV):**
"If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."
- **2 Corinthians 5:17 (NKJV):**
"Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new."
- **Prayer:**
Heavenly Father, thank You for Your faithfulness. You never leave me or forsake me, and You always provide a way through every challenge. Help me to trust in Your promises and to walk in the confidence of Your faithfulness. Strengthen my faith as I seek You today. In Jesus' name, Amen.
- **Call to Action:**
Reflect on God's faithfulness in your life. Write down three ways He has provided for you or answered your prayers. Thank Him for His unwavering faithfulness.

Day 2: My God is Light

- **Scripture Focus:**
 - **1 John 1:5 (NIV):**
"This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all."
 - **1 Corinthians 6:19 (NKJV):**
"Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own?"
 - **Colossians 1:13 (NKJV):**
"He has delivered us from the power of darkness and conveyed us into the kingdom of the Son of His love."
 - **1 Peter 1:18-19 (NKJV):**
"Knowing that you were not redeemed with corruptible things, like silver or gold, from your aimless conduct received by tradition from your fathers, but with the precious blood of Christ, as of a lamb without blemish and without spot."

- **Prayer:**

Lord, You are the light of the world, and in You, there is no darkness. Shine Your light into every corner of my heart and reveal anything that does not align with Your will. Help me to walk in Your light and reflect Your holiness to those around me. In Jesus' name, Amen.

- **Call to Action:**

Spend time in prayer, asking God to reveal any areas of darkness in your life. Commit to walking in His light and living as a reflection of His holiness.

Day 3: My God is Patient

- **Scripture Focus:**

- **2 Peter 3:9 (NIV):**

"The Lord is not slow in keeping his promise, as some understand slowness. Instead he is patient with you, not wanting anyone to perish, but everyone to come to repentance."

- **Deuteronomy 28:2-12 (NKJV):**

"And all these blessings shall come upon you and overtake you, because you obey the voice of the Lord your God. ³ "Blessed shall you be in the city, and blessed shall you be in the country. ⁴ "Blessed shall be the [a]fruit of your body, the produce of your ground and the increase of your herds, the increase of your cattle and the offspring of your flocks. ⁵ "Blessed shall be your basket and your kneading bowl. ⁶ "Blessed shall you be when you come in, and blessed shall you be when you go out. ⁷ "The Lord will cause your enemies who rise against you to be defeated before your face; they shall come out against you one way and flee before you seven ways. ⁸ "The Lord will command the blessing on you in your storehouses and in all to which you set your hand, and He will bless you in the land which the Lord your God is giving you. ⁹ "The Lord will establish you as a holy people to Himself, just as He has sworn to you, if you keep the commandments of the Lord your God and walk in His ways. ¹⁰ Then all peoples of the earth shall see that you are called by the name of the Lord, and they shall be afraid of you. ¹¹ And the Lord will grant you plenty of goods, in the fruit of your body, in the increase of your livestock, and in the produce of your ground, in the land of which the Lord swore to your fathers to give you. ¹² The Lord will open to you His good treasure, the heavens, to give the rain to your land in its season, and to bless all the work of your hand. You shall lend to many nations, but you shall not borrow."

- **Deuteronomy 28:13 (NKJV):**
"And the Lord will make you the head and not the tail; you shall be above only, and not be beneath, if you heed the commandments of the Lord your God, which I command you today, and are careful to observe them."
 - **Prayer:**
Father, thank You for Your patience with me. You are slow to anger and full of mercy. Teach me to extend that same patience to others, even when it's difficult. Help me to trust in Your timing and to rest in Your perfect plan. In Jesus' name, Amen.
 - **Call to Action:**
Think about a situation where you need to be patient with someone else. Pray for God's help to show the same patience He has shown you.
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Day 4: My God Gives Good Gifts

- **Scripture Focus:**
 - **James 1:17 (NIV):**
"Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows."
 - **1 Peter 1:16 (NKJV):**
"Because it is written, 'Be holy, for I am holy.' "
 - **Ephesians 1:4 (NKJV):**
"Just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love."
 - **Colossians 3:12 (NKJV):**
"Therefore, as the elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering."
 - **Romans 8:33 (NKJV):**
"Who shall bring a charge against God's elect? It is God who justifies."
 - **Prayer:**
Gracious God, every good and perfect gift comes from You. Thank You for the blessings You have poured into my life. Help me to recognize and appreciate Your gifts and to use them to glorify You. May I be a blessing to others as You have been to me. In Jesus' name, Amen.
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- **Call to Action:**

Write a gratitude list of the good and perfect gifts God has given you. Share one of these blessings with someone today to encourage them.

Day 5: My God is My Comfort

- **Scripture Focus:**

- **Psalms 46:1 (NKJV):**

- "God is our refuge and strength, a very present help in trouble."*

- **Ephesians 2:13 (NKJV):**

- "But now in Christ Jesus you who once were far off have been brought near by the blood of Christ."*

- **John 8:31-32 (NKJV):**

- "Then Jesus said to those Jews who believed Him, 'If you abide in My word, you are My disciples indeed. And you shall know the truth, and the truth shall make you free.' "*

- **Ephesians 6:10 (NKJV):**

- "Finally, my brethren, be strong in the Lord and in the power of His might."*

- **Romans 6:1,11 (NKJV):**

- "What shall we say then? Shall we continue in sin that grace may abound? ¹¹ Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord."*

- **1 Peter 2:24 (NKJV):**

- "Who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed."*

- **Prayer:**

Lord, You are my refuge and strength, a very present help in trouble. Comfort me in my struggles and remind me of Your constant presence. Help me to share Your comfort with others who are hurting. Thank You for being my source of peace and hope. In Jesus' name, Amen.

- **Call to Action:**

Spend time in prayer asking God to comfort you in any areas of struggle. Then, reach out to someone who may need comfort and offer them encouragement.

Day 6: God's Word is Living

- **Scripture Focus:**

- **Hebrews 4:12 (NIV):**

- "For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart."*

- **Romans 8:37 (NKJV):**

- "Yet in all these things we are more than conquerors through Him who loved us."*

- **Romans 8:13 (NKJV):**

- "For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live."*

- **Ephesians 1:13 (NKJV):**

- "In Him you also trusted, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit of promise."*

- **Prayer:**

Father, thank You for the power of Your Word. It is alive and active, guiding me in truth and transforming my heart. Help me to meditate on Your Word daily and to apply it to my life. Let it shape me into the person You've called me to be. In Jesus' name, Amen.

- **Call to Action:**

Choose one verse from today's readings and meditate on it throughout the day. Write it down and place it somewhere visible as a reminder of God's living Word.

Day 7: God's Ways Are Higher

- **Scripture Focus:**

- **Isaiah 55:9 (NKJV):**

- "For as the heavens are higher than the earth, so are My ways higher than your ways, and My thoughts than your thoughts."*

- **1 Corinthians 1:30 (NKJV):**

- "But of Him you are in Christ Jesus, who became for us wisdom from God—and righteousness and sanctification and redemption."*

- **Colossians 2:10 (NKJV):**

- "And you are complete in Him, who is the head of all principality and power."*

- **Galatians 2:20 (NKJV):**
"I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me."
- **Prayer:**
Lord, Your ways and thoughts are higher than mine. I surrender my plans and desires to You, trusting that Your will is perfect. Guide me in Your wisdom and help me to follow Your path, even when I don't understand. Thank You for leading me. In Jesus' name, Amen.
- **Call to Action:**
Surrender a specific area of your life where you've been trying to control the outcome. Trust God's higher ways and pray for His guidance.

Day 8: My God's Way is Perfect

- **Scripture Focus:**
 - **Psalms 18:30 (NIV):**
"As for God, his way is perfect: The Lord's word is flawless; he shields all who take refuge in him."
 - **John 5:24 (NKJV):**
"Most assuredly, I say to you, he who hears My word and believes in Him who sent Me has everlasting life, and shall not come into judgment, but has passed from death into life."
 - **2 Corinthians 5:18 (NKJV):**
"Now all things are of God, who has reconciled us to Himself through Jesus Christ, and has given us the ministry of reconciliation."
 - **Colossians 2:12 (NKJV):**
"Buried with Him in baptism, in which you also were raised with Him through faith in the working of God, who raised Him from the dead."
 - **Colossians 2:7 (NKJV):**
"Rooted and built up in Him and established in the faith, as you have been taught, abounding in it with thanksgiving."
- **Prayer:**
Heavenly Father, Your way is perfect, and Your Word is flawless. Help me to trust in Your plan for my life, even when it's hard to see the bigger picture. Shield me with Your love and guide me in Your truth. Thank You for being my refuge. In Jesus' name, Amen.

- **Call to Action:**

Reflect on a time when God's plan turned out better than your own. Share this testimony with someone to encourage them to trust in God's perfect way.

Day 9: God's Gift is Eternal Life

- **Scripture Focus:**

- **Romans 6:23 (NIV):**

"For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord."

- **1 John 5:18 (NKJV):**

"We know that whoever is born of God does not sin; but he who has been born of God keeps himself, and the wicked one does not touch him."

- **Revelation 17:14 (NKJV):**

"These will make war with the Lamb, and the Lamb will overcome them, for He is Lord of lords and King of kings; and those who are with Him are called, chosen, and faithful."

- **Ephesians 2:19 (NKJV):**

"Now, therefore, you are no longer strangers and foreigners, but fellow citizens with the saints and members of the household of God."

- **Ephesians 2:20 (NKJV):**

"Having been built on the foundation of the apostles and prophets, Jesus Christ Himself being the chief cornerstone."

- **Prayer:**

Lord, thank You for the gift of eternal life through Jesus Christ. I am humbled by Your love and grace. Help me to live each day with eternity in mind and to share the hope of salvation with others. Thank You for calling me Your child. In Jesus' name, Amen.

- **Call to Action:**

Take a moment to thank God for the gift of eternal life. Share the message of salvation with someone who may need to hear it today.

Day 10: My God's Favor is for Life

- **Scripture Focus:**
 - **Psalm 30:5 (NKJV):**
"For His anger is but for a moment, His favor is for life; Weeping may endure for a night, but joy comes in the morning."
 - **Deuteronomy 28:2 (NKJV):**
"And all these blessings shall come upon you and overtake you, because you obey the voice of the Lord your God."
 - **John 13:34-35 (NKJV):**
"A new commandment I give to you, that you love one another; as I have loved you, that you also love one another. By this all will know that you are My disciples, if you have love for one another."
 - **Matthew 5:14 (NKJV):**
"You are the light of the world. A city that is set on a hill cannot be hidden."
 - **Matthew 5:13 (NKJV):**
"You are the salt of the earth; but if the salt loses its flavor, how shall it be seasoned? It is then good for nothing but to be thrown out and trampled underfoot by men."
- **Prayer:**
Father, thank You for Your favor that lasts a lifetime. Even in difficult seasons, I know that joy comes in the morning. Help me to walk in Your favor and to extend Your love and kindness to those around me. Thank You for Your blessings. In Jesus' name, Amen.
- **Call to Action:**
Pray for God's favor over your life, your family, and your community. Look for ways to extend God's favor to someone else through an act of kindness.

Day 11: My God Does Not Lie

- **Scripture Focus:**
 - **Numbers 23:19 (NIV):**
"God is not human, that he should lie, not a human being, that he should change his mind. Does he speak and then not act? Does he promise and not fulfill?"

- **2 Corinthians 5:21 (NKJV):**
"For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him."
- **1 Peter 2:24 (NKJV):**
"Who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed."
- **2 Peter 1:4 (NKJV):**
"By which have been given to us exceedingly great and precious promises, that through these you may be partakers of the divine nature, having escaped the corruption that is in the world through lust."
- **2 Timothy 1:9 (NKJV):**
"Who has saved us and called us with a holy calling, not according to our works, but according to His own purpose and grace which was given to us in Christ Jesus before time began."
- **Prayer:**
Lord, You are a God of truth, and Your promises never fail. Help me to stand firm on Your Word and to trust in Your faithfulness. Remind me of Your promises when I feel discouraged, and give me the strength to hold onto them. In Jesus' name, Amen.
- **Call to Action:**
Reflect on a promise from God's Word that you are holding onto. Speak it out loud in faith, trusting that God will fulfill it in His perfect timing.

Day 12: My God Loves Me

- **Scripture Focus:**
 - **Romans 5:8 (NIV):**
"But God demonstrates his own love for us in this: While we were still sinners, Christ died for us."
 - **2 Corinthians 5:20 (NKJV):**
"Now then, we are ambassadors for Christ, as though God were pleading through us: we implore you on Christ's behalf, be reconciled to God."
 - **Ephesians 2:10 (NKJV):**
"For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them."

- **1 Peter 2:24 (NKJV):**
"Who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed."
 - **Isaiah 53:5 (NKJV):**
"But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed."
 - **Prayer:**
Heavenly Father, thank You for loving me unconditionally. Your love is greater than I can comprehend, and I am so grateful to be called Your child. Help me to walk in the confidence of Your love and to share it with others. In Jesus' name, Amen.
 - **Call to Action:**
Spend time in prayer, thanking God for His unconditional love. Write a letter to God expressing your gratitude for His love and faithfulness.
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Day 13: God's Plans for Me Stand Firm Forever

- **Scripture Focus:**
 - **Psalms 33:11-13 (NIV):**
"But the plans of the Lord stand firm forever, the purposes of his heart through all generations. Blessed is the nation whose God is the Lord, the people he chose for his inheritance. From heaven the Lord looks down and sees all mankind."
 - **2 Corinthians 3:18 (NKJV):**
"But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord."
 - **Philippians 1:6 (NKJV):**
"Being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ."
 - **John 1:12 (NKJV):**
"But as many as received Him, to them He gave the right to become children of God, to those who believe in His name."
 - **Romans 8:16 (NKJV):**
"The Spirit Himself bears witness with our spirit that we are children of God."

- **Prayer:**

Lord, Your plans for me are good, and they stand firm forever. Help me to trust in Your purpose for my life and to seek Your guidance in all that I do. Thank You for the hope and future You have promised me. In Jesus' name, Amen.

- **Call to Action:**

Ask God to reveal His plans for your life. Write down any dreams or goals He places on your heart and commit them to Him in prayer.

Day 14: My God's Thoughts Toward Me Are Good

- **Scripture Focus:**

- **Jeremiah 29:11 (NKJV):**

"For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope."

- **Romans 6:16 (NKJV):**

"Do you not know that to whom you present yourselves slaves to obey, you are that one's slaves whom you obey, whether of sin leading to death, or of obedience leading to righteousness?"

- **Romans 6:22 (NKJV):**

"But now having been set free from sin, and having become slaves of God, you have your fruit to holiness, and the end, everlasting life."

- **Romans 8:14-15 (NKJV):**

"For as many as are led by the Spirit of God, these are sons of God. ¹⁵ For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, 'Abba, Father.'"

- **1 Corinthians 3:16 (NKJV):**

"Do you not know that you are the temple of God and that the Spirit of God dwells in you?"

- **Prayer:**

Father, thank You for thinking good thoughts toward me. Your plans are to prosper me and not to harm me. Help me to trust in Your goodness and to rest in the peace that comes from knowing You are in control. In Jesus' name, Amen.

- **Call to Action:**

Reflect on Jeremiah 29:11 and write down how God's good thoughts toward you give you hope for the future. Share this hope with someone who may need encouragement.

Day 15: My God is the Author and Finisher of My Faith

- **Scripture Focus:**

- **Hebrews 12:2 (NKJV):**

- "Looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God."*

- **1 Corinthians 6:17 (NKJV):**

- "But he who is joined to the Lord is one spirit with Him."*

- **1 Corinthians 12:27 (NKJV):**

- "Now you are the body of Christ, and members individually."*

- **Ephesians 5:30 (NKJV):**

- "For we are members of His body, of His flesh and of His bones."*

- **2 Corinthians 5:18-19 (NKJV):**

- "Now all things are of God, who has reconciled us to Himself through Jesus Christ, and has given us the ministry of reconciliation, that is, that God was in Christ reconciling the world to Himself, not imputing their trespasses to them, and has committed to us the word of reconciliation."*

- **Galatians 3:26, 28 (NKJV):**

- "For you are all sons of God through faith in Christ Jesus. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus."*

- **Prayer:**

- Lord, You are the author and finisher of my faith. Thank You for starting a good work in me and for being faithful to complete it. Help me to keep my eyes fixed on You and to trust in Your perfect plan. In Jesus' name, Amen.*

- **Call to Action:**

- Identify an area of your life where you need to trust God to finish what He started. Pray for faith to keep moving forward, knowing He is in control.

Day 16: God's Power is Available to Me

- **Scripture Focus:**
 - **2 Corinthians 4:7 (NKJV):**
"But we have this treasure in earthen vessels, that the excellence of the power may be of God and not of us."
 - **Galatians 5:6-7 (NKJV):**
"For in Christ Jesus neither circumcision nor uncircumcision avails anything, but faith working through love. You ran well. Who hindered you from obeying the truth?"
 - **Ephesians 4:24 (NKJV):**
"And that you put on the new man which was created according to God, in true righteousness and holiness."
 - **Philippians 3:20 (NKJV):**
"For our citizenship is in heaven, from which we also eagerly wait for the Savior, the Lord Jesus Christ."
 - **Ephesians 2:6 (NKJV):**
"And raised us up together, and made us sit together in the heavenly places in Christ Jesus."
- **Prayer:**
Father, thank You for the power of Your Spirit working in me. Help me to rely on Your strength and not my own. Empower me to do Your will and to live a life that glorifies You. In Jesus' name, Amen.
- **Call to Action:**
Pray for God's power to work in and through you today. Step out in faith to do something that requires His strength, not your own.

Day 17: My God is the Same Every Day

- **Scripture Focus:**
 - **Hebrews 13:8 (NKJV):**
"Jesus Christ is the same yesterday, today, and forever."
 - **Colossians 3:4 (NKJV):**
"When Christ who is our life appears, then you also will appear with Him in glory."

- **Ephesians 1:4 (NKJV):**
"Just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love."
 - **1 Peter 2:9 (NKJV):**
"But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light."
 - **1 Thessalonians 5:5 (NKJV):**
"You are all sons of light and sons of the day. We are not of the night nor of darkness."
 - **Prayer:**
Lord, You are the same yesterday, today, and forever. Thank You for being my constant in an ever-changing world. Help me to trust in Your unchanging nature and to find peace in Your presence. In Jesus' name, Amen.
 - **Call to Action:**
Reflect on God's unchanging nature. Write down three ways His consistency has brought stability to your life. Praise Him for being the same yesterday, today, and forever.
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Day 18: My God's Understanding is Infinite

- **Scripture Focus:**
 - **Psalms 147:5 (NKJV):**
"Great is our Lord, and mighty in power; His understanding is infinite."
 - **Hebrews 3:1 (NKJV):**
"Therefore, holy brethren, partakers of the heavenly calling, consider the Apostle and High Priest of our confession, Christ Jesus."
 - **1 Peter 2:5 (NKJV):**
"You also, as living stones, are being built up a spiritual house, a holy priesthood, to offer up spiritual sacrifices acceptable to God through Jesus Christ."
 - **1 Peter 2:11 (NKJV):**
"Beloved, I beg you as sojourners and pilgrims, abstain from fleshly lusts which war against the soul."

- **Prayer:**

Heavenly Father, Your understanding is infinite, and Your wisdom is perfect. Help me to trust in Your knowledge and to seek Your guidance in every decision. Thank You for being my source of wisdom. In Jesus' name, Amen.

- **Call to Action:**

Spend time in prayer asking God for wisdom and understanding in a specific area of your life. Trust His infinite knowledge to guide you.

Day 19: My God is Able to Do Beyond What I Can Ask or Think

- **Scripture Focus:**

- **Ephesians 3:20 (NKJV):**

"Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us."

- **1 Peter 5:8 (NKJV):**

"Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour."

- **1 John 3:1-2 (NKJV):**

"Behold what manner of love the Father has bestowed on us, that we should be called children of God! Therefore the world does not know us, because it did not know Him. Beloved, now we are children of God; and it has not yet been revealed what we shall be, but we know that when He is revealed, we shall be like Him, for we shall see Him as He is."

- **Romans 5:1 (NKJV):**

"Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ."

- **Prayer:**

Lord, You are able to do exceedingly abundantly above all I can ask or think. Help me to dream big and to trust in Your power to accomplish great things in my life. Thank You for working in and through me. In Jesus' name, Amen.

- **Call to Action:**

Write down a bold prayer request that seems impossible. Present it to God, trusting that He is able to do exceedingly abundantly above all you can ask or think.

Day 20: My God is Omniscient

- **Scripture Focus:**

- **Isaiah 46:9-10 (NKJV):**

- "Remember the former things of old, for I am God, and there is no other; I am God, and there is none like Me, declaring the end from the beginning, and from ancient times things that are not yet done, saying, 'My counsel shall stand, and I will do all My pleasure.'"*

- **Romans 6:1-6 (NKJV):**

- "What shall we say then? Shall we continue in sin that grace may abound? ² Certainly not! How shall we who died to sin live any longer in it? ³ Or do you not know that as many of us as were baptized into Christ Jesus were baptized into His death? ⁴ Therefore we were buried with Him through baptism into death, that just as Christ was raised from the dead by the glory of the Father, even so we also should walk in newness of life. ⁵ For if we have been united together in the likeness of His death, certainly we also shall be in the likeness of His resurrection, ⁶ knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin."*

- **Galatians 2:19-20 (NKJV):**

- "For I through the law died to the law that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me."*

- **2 Corinthians 1:21 (NKJV):**

- "Now He who establishes us with you in Christ and has anointed us is God."*

- **Prayer:**

- Father, You know the end from the beginning, and nothing is hidden from You. Help me to trust in Your perfect plan and to surrender my worries to You. Thank You for being my all-knowing God. In Jesus' name, Amen.*

- **Call to Action:**

- Reflect on God's omniscience and surrender any worries or uncertainties to Him. Trust that He knows the end from the beginning and has a perfect plan for your life.

Day 21: My God is Full of Perfect, Unchanging Wisdom

- **Scripture Focus:**

- **Romans 11:33 (NKJV):**

"Oh, the depth of the riches both of the wisdom and knowledge of God! How unsearchable are His judgments and His ways past finding out!"

- **Ephesians 1:13-14 (NKJV):**

"In Him you also trusted, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit of promise, who is the guarantee of our inheritance until the redemption of the purchased possession, to the praise of His glory."

- **Galatians 2:20 (NKJV):**

"I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me."

- **Ephesians 1:4 (NKJV):**

"Just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love."

- **Ephesians 1:5 (NKJV):**

"Having predestined us to adoption as sons by Jesus Christ to Himself, according to the good pleasure of His will."

- **Prayer:**

Lord, Your wisdom is perfect and unchanging. Thank You for guiding me through this 21-day journey of fasting and prayer. Help me to continue seeking Your wisdom in all areas of my life. I praise You for who You are. In Jesus' name, Amen.

- **Call to Action:**

Spend time in worship, praising God for His perfect wisdom. Reflect on how His wisdom has guided you during this 21-day journey and commit to seeking His guidance in the days ahead.

Final Encouragement

This 21-day journey is a time of consecration, dedication, and transformation. As you fast, pray, and reflect, expect God to reveal His plans, purpose, and blessings for your life. Let this be a season of renewal and spiritual growth!