

Packing list for Kenya trip

Bible

Black performance attire (Ladies- black performance dress and dress shoes; Guys – white shirts, black pants, black shoes/socks, ties)

Jacket, including rain/windbreaker, warm jacket/sweatshirt

2 sets nice casual pants/collared shirts (NOT tight) (for rehearsal time at MAA)

Jeans (in good repair, NOT tight)

Jeans for worksite (also NOT tight)

Shorts (need to be solid color and down to the knee)

T-shirts (bring several that are OAA/Adventist Group issued. Bring other older T-shirts that have appropriate writing on them for worksite.)

Socks/underwear -5-6 days worth-(will probably be able to do small amounts of laundry ONCE while on this trip. Wash out in sink/hang to dry otherwise)

Shoes (walking/tennis, flip flops for shower)

Good pair of protective shoes: work boots, hiking boots, or sturdy sneakers

Bandanas for those who want to protect their ears and neck.

Work Gloves – Students need to supply their own.

Sunglasses

Toiletries

Ladies – feminine products

Towel (micro-fiber is best, they dry faster.)

Lightweight sleeping bag/small pillow

Flashlight with batteries

Bug spray with DEET

Sunscreen, lip balm with sunscreen

Water bottle, empty – to refill each day

Hand sanitizer

Personal medications (MUST be in the original prescription bottle with prescription on it. Inhalers can be labeled by your pharmacist)

Money/travel pouch to keep money and passport in. Some hang around the neck or wrap around the waist.

Camera, compact cards, batteries, charger

Travel adapter/converter to charge your camera.

Personal preferences: chocolate, mints, etc. are not always available in the Mara. So if you cannot live without these, plan on packing them.

Hair dryer, curling iron, electric toothbrush and clothes iron are NOT allowed at the Mara. There is electricity, but these devices are too much for them.

Carry-on packing: You will have your passport and visa with you at all times. Pack a pen or two as you will need them throughout your journey there and back to fill out custom and immigration forms while on the plane. Pack your toothbrush/paste, and an extra pair of socks/undies and other smaller toiletries in case our luggage doesn't arrive when we do. Pack your carry-on as light as possible as you will be walking long distances with it. Remember, any liquids/gels must not be any bigger than 3 ounces in your carry-on, and all must fit in a clear quart-size Ziploc bag. Pack larger size bottles in your check bag.