



Rainier Christian Preschool/Childcare

Lunch Menu

Beverage: Milk Dessert: Cookies

MON	TUE	WED	THU	FRI
28	29	30	31	1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

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4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

Other than lunch

Breakfast Menu (served with milk or juice)

Monday: Cereal Bars & Fruit
 Tuesday: Pancakes & Fruit
 Wednesday: Oatmeal & Fruit
 Thursday: French Toast Stix & Fruit
 Friday: Cereal & Fruit

Breakfast is offered from 6:30-7:30 a.m.

Breakfast Charges: \$1.00 per meal (prepaid cards)

Morning Snack Menu: (served with milk)

Monday: Crisp Apple Slices and Town House Crackers
 Tuesday: Orange Wedges and Saltine Crackers
 Wednesday: Bananas and Vanilla Wafers
 Thursday: Sweet Onions and Fish Crackers
 Friday: Seasonal Fruit and Graham Crackers

Afternoon Snack Menu: (served with water)

Monday: Rice Krispie Treat / Granola bar / Cereal Bar
 Tuesday: Pretzels and Pudding / Cheese balls and Go-gurt
 Wednesday: Crackers and Cheese Dip / String Cheese & Crackers
 Thursday: Cereal Mix / Veggies and dip / Fruit Muffin
 Friday: Cookies and Milk / Special Treat

Evening Snacks: (served with water)

*Cheese Balls *Fruit *Crackers and Cheese
 *Pretzels *Muffins *Go-gurt *Granola Bars
 *Veggies *Raisins *Bagels *Animal Crackers
 *Chips-n-salsa *Cheese Sticks *Sandwich squares

Parents are responsible to provide supplemental food for children with allergies.

Johnny Applesseed