



Mon	Tue	Wed	Thu	Fri
<b>28</b> Turkey Wrap Cheez-its Bell Peppers w/dip (c) Watermelon Milk	<b>29</b> Pizza (Dominos) Green Salad Strawberries Milk	<b>30</b> Chicken/Cheese Quesadilla Salsa & Sour Cream Cucumber w/dip Grapes Milk/Dessert	<b>31</b> <b>CLOSED</b> <b>District In-Service</b>	<b>Sept-1</b> <b>CLOSED</b> <b>Campus In-Service</b> 3-5pm MVPC Meet the Teacher
<b>4</b> <b>CLOSED</b> <b>Labor Day</b>	<b>5</b> <b>CLOSED</b> <b>Campus In-Service</b>	<b>6</b> Ham & Cheese Sandwich Chips Broccoli w/dip (a) (c) Watermelon Milk/Dessert	<b>7</b> Lentil Pilaf Cooked Carrots Fruit Cocktail Milk	<b>8</b> Open Faced Chicken Melt on English Muffin w/cheese Bell Peppers Grapes Milk
<b>11</b> Chicken Nuggets Tater Tots Carrots Fruit Cocktail Milk	<b>12</b> Macaroni & Cheese w/Hot Dogs Broccoli Apple Slices Milk	<b>13</b> Spaghetti w/meat sauce Garlic Bread Green Beans Pears Milk/Dessert	<b>14</b> Cheeseburger French Fries Pickle Strawberries Milk	<b>15</b> Turkey Wrap Cheez-its Bell Peppers w/dip (c) Honeydew Melon Milk
<b>18</b> Greek Pita w/spring greens Chips Grape Tomatoes Kiwi Milk	<b>19</b> Spinach Casserole w/Brown Rice Cooked Carrots Grapes Milk	<b>20</b> Taco Casserole w/chips Ground Beef/Refried Beans Bell Peppers w/dip (c) Strawberries Milk/Dessert	<b>21</b> Chicken Burger Tater Tots Broccoli w/dip Fruit Cocktail Milk	<b>22</b> Pizza (Dominos) Green Salad Apple Slices Milk
<b>25</b> Pancakes Sausage Patty Corn Mixed Berries Milk	<b>26</b> Meatballs Mashed Potatoes Green Beans Applesauce Milk	<b>27</b> Chicken/Cheese Quesadilla Salsa & Sour Cream Cucumber w/dip Grapes Milk/Dessert	<b>28</b> Chicken Alfredo Wheat Bread Peas Strawberries Milk	<b>29</b> "Lunchables" Ham/Cheese/Ritz Broccoli w/dip Blueberries Milk

**FOODS & PORTION SIZES CHART**

Available upon request

Dessert = Oreo Cookie or Redvine Licorice

**SNACKS**

(AM & PM Snacks will be on a 2 week rotation)

AM Snack served at 9:30 w/Milk  
**Mon** - Saltines & Applesauce Pouch or Graham Cracker w/Mandarin Oranges  
**Tue** - Cheerios or String Cheese & Ritz Crackers  
**Wed** - Cinnamon Toast or Banana Yogurt Smoothie  
**Thur** - Gogurt/Van Yogurt w/Graham Cracker or Grapes & Goldfish  
**Fri** - Cereal Mix or Vanilla Wafers & Banana

PM Snack served at 2:30 w/Juice or Water  
**Mon** - Hummus & Pita Chips or Apples & Club Cracker  
**Tue** - Chex Mix or Rice Krispy Treat  
**Wed** - Cheese Slice & Ritz Cracker or Pears & Saltine Cracker  
**Thur** - Grapes & Saltine Cracker or Mini Bagel w/Cream Cheese  
**Fri** - Cucumber & Club Cracker or Oranges & Goldfish

Late PM Snack served at 5:00 w/Water or Milk  
**Mon** - Fruit Cup or Gogurt/Vanilla Yogurt  
**Tue** - Fruit Snacks & Saltines or Cheez-its  
**Wed** - Mandarin Oranges & Graham Cracker or Peaches  
**Thu** - Goldfish Crackers or String Cheese & Ritz Cracker  
**Fri** - Popcorn with Water or Juice

**We are a NUT FREE Facility**

All of our food items are Nut Free and NOT Processed in Facilities with Nuts.

*Parents are responsible to provide supplemental food for children with allergies.*