

Gear Up: An adventure in kindness

Kindness is showing others they are valuable by how you treat them.



MEMORY VERSE

"You are God's chosen people.
You are holy and dearly loved.
So put on tender mercy and
kindness as if they were your
clothes. Don't be proud.
Be gentle and patient."
Colossians 3:12, NIV

Week One

The Kindness of Jesus

Matthew 8:1-4, Matthew 19:13-15,
Matthew 9:10-13

Jesus showed us how to be kind.

Week Two

Ruth and Naomi

Ruth 1-2

Be kind to the people closest to you.

Week Three

Go the Extra Mile

Matthew 5:41

Be kinder than you have to be.

Week Four

Good Samaritan

Luke 10:25-37

Be kind to people who are different from
you.

Elementary

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your kid starts their day, tell them about something they did or said that showed kindness. (Or maybe it was something they chose NOT to say or do.)



Meal Time

At a meal this week, have everyone at the table answer this question: “What are some ways Jesus showed kindness to people? How can we show people kindness in similar ways?”



Drive Time

While on the go, ask your kid: “What is something kind you’ve seen someone say or do lately—even if it’s online?”



Bed Time

Pray for each other: “Jesus, help us to show others kindness and compassion the way that You did.”

More Ways to Engage with Your Kid

Faith & Character Activities



Worship Song of the Month



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