

# **BOOK OF PSALMS**

## **LESSON 2**

### **PSALMS**

The most widely read and most highly treasured of all the books of the Old Testament.

Written over a thousand-year period with various authors including Moses, David, Solomon, Deborah, and Hannah—some anonymous authors as well

### **5 KINDS OF PSALMS**

- A. Praise
- B. Wisdom
- C. Royal
- D. Thanksgiving
- E. Lament

### **4 KINDS OF PRAYER**

- A. Adoration
- B. Contrition
- C. Thanksgiving
- D. Supplication

### **STRUCTURE OF PSALMS**

- A. Book One—Psalms 1-41
- B. Book Two—Psalms 42-72
- C. Book Three—Psalms 73-89
- D. Book Four—Psalms 90-106
- E. Book Five—Psalms 107-150

Books ONE and TWO contain psalms primarily written by David.

The historical books of the Bible speak of David's accomplishments as a musician, singer, and composer of poems.

Psalms were written for singing.

Psalms were written for private devotions.

Psalms were written for public worship.

Psalms always led people to worship the loving God.

Psalms were written in the language of response. Each psalm records in powerful, poetic language one's individual response to God. Whether a desperate cry or an ecstatic shout of joy, each psalmist responds to God in the middle of a particular situation. Even today, the psalms are used in both public worship and in the devotional moments of individual Christians.

The psalmist may not have understood what they were writing, but they wrote with both eyes focused on eternity (Psalms 96-99).

## **BOOK ONE**

Psalm 1: Righteous/Unrighteous

Psalm 2: Messiah's Triumph

Psalm 3: The Lord Helps

Psalm 4: Safety of the Faithful

Psalm 5: Praying for Guidance

Psalm 6: Prayer of Faith

Psalm 7: Prayer and Praise for Deliverance

Psalm 8: Glory of God in Creation  
Psalm 9: Prayer and Thanksgiving for the Lord's Righteousness  
Psalm 10: A Song of Confidence  
Psalm 13: Trust in the Salvation of the LORD  
Psalm 16: The Hope of the Faithful  
Psalm 20: The Assurance of God's Saving Work  
Psalm 22: The Suffering, Praise, and Posterity of the Messiah  
Psalm 23: The LORD—Shepherd of His People  
Psalm 24: The King of Glory and His Kingdom  
Psalm 27: Declaration of Faith  
Psalm 31: The LORD as a Fortress in Adversity  
Psalm 32: Joy of Forgiveness  
Psalm 33: Sovereignty of the LORD in Creation and History  
Psalm 34: Happiness of Those Who Trust in God  
Psalm 35: The LORD the Avenger of His People  
Psalm 37: The Heritage of the Righteous and the Calamity of the Wicked  
Psalm 39: Prayer for Wisdom and Forgiveness  
Psalm 40: Faith Persevering in a Trial  
Psalm 41: The Blessing and Suffering of the Godly