

BOOK OF PSALMS
LESSON 7

BOOK FIVE (cont.) 128-150

OBSERVATIONS

A. Five kinds of psalms: praise, wisdom, royal, thanksgiving, lament

B. Four kinds of prayer: adoration, contrition, thanksgiving, supplication, imprecatory, enthronement

Psalms 120-134 - Psalms of Ascents

A. Psalms are the compilation of songs sung by Hebrew pilgrims on their way to Jerusalem or possibly while ascending Mount Zion or the steps of the Temple.

B. Also referred to as Gradual Psalm or Pilgrim Psalm

“I was glad when they said to me, “Let us go into the house of the LORD.” Our feet have been standing within your gates, O Jerusalem! Jerusalem is built as a city that is compact together, where the tribes go up, the tribes of the LORD, to the Testimony of Israel, to give thanks to the name of the LORD.” (Psalms 122:1-4, NKJV)

Psalm 128: Blessing on Those who Fear the LORD (vs.1-6)

Psalm 130: Waiting on the Redemption of the LORD (vs.1-6)

Psalm 132: The Eternal Dwelling of God in Zion (vs.13-18)

Psalm 133: Blessed Unity of the People of God (vs.1-3)

Psalm 134: Praising the LORD in His House at Night (vs.1-3)

Psalm 136: Thanksgiving to God for His Enduring Mercies (vs.1-3)

Psalm 137: Longing for Zion in a Foreign Land (vs.1-4)

Psalm 139: God’s Perfect Knowledge of Man (vs.1-3, 7-12, 13-16)

DELIVERANCE—PROTECTION—WICKEDNESS—PERSECUTORS

- A. Psalm 140
- B. Psalm 141
- C. Psalm 142
- D. Psalm 143

Psalm 144: A Song to the LORD Who Preserves and Prospers His People (vs.1-3)

Psalm 145: A Song of God's Majesty and Love (vs.1-3, 8-9, 14-20)

A. Psalm of Praise

In total, there are 58 psalms which are categorized as psalms of praise.

PSALMS OF PRAISE 146-150

Psalm 146: The Happiness of Those Whose Help is in the LORD (vs.1-7)

Psalm 147: Praise to God for His Word and Providence (vs.2-6, 11, 18-20)

Psalm 148: Praise to the LORD from Creation (vs.1-5, 13-14)

Psalm 149: Praise to God for His Salvation and Judgment (vs.1-9)

Psalm 150: Let All Things Praise the LORD (vs.1-6)

The Psalms represent covenant relationship between God and His people. Their interactions, good and bad, obedience and disobedience, blessing and discipline, are all recorded here in the Psalms. It is an experiential account of life as the people of God. May we learn and hold to the lessons found in these 150 psalms. They represent life in its full expression as children of the Most High. Ultimately, we are again reminded that Jehovah is both ABLE and FAITHFUL. Thank you for sharing in this journey.