



## Community Group Questions Nov 1, 2020

### Experiencing the Peace of God Philippians 4:4-7

#### Kicking Things Off

Normally we don't dig quite this deep right at the start, but what is currently really heavy on your heart? What are you anxious/fearful/sad/confused/angry about right now?

#### Getting Into It

We are going to pray about those things later this evening. But first, let's read the passage, Phil. 4:4-7.

Paul once again tells us to rejoice in the Lord. What's going on in Paul's life as he writes this?

When things are not right in your world, how is it possible to rejoice?

Is there a connection between rejoicing and having a gentle spirit to all people?

Paul tells us in so many words that the antidote to being anxious is to pray to God. What is prayer?

What does Paul tell us to pray about?

How does confessing our needs to God through prayer replace our fears with a peace that only God can give?

Why is thanking God an important element of our prayers?

Why is prayer such so essential for God's people?

Most of us struggle with praying consistently, why is that so?

This verse has a promise in it, that if we bring everything to God in prayer God's peace will guard our hearts and minds. How does that work?

Do you remember what the acronym for P.R.A.Y. stands for?

#### The Parting Shot

Go back to the concerns you shared in Kicking Things Off. Let's spend some time together in prayer using the acronym P.R.A.Y. to pray for those.

