

General Packing List for Mission Journeys

This is a general list for all Mission Journeys. Please talk with your Team Leader and make changes for the requirements specific to your country.

- Pajamas
- Guys – shirt & tie for Sunday service (optional-speak with your team leader about local customs)
- Girls – modest length dresses/skirts
- Walking shoes – make sure shoes are comfortable because you will be doing a lot of walking.
- Toiletries – toothbrush, toothpaste, shampoo, soap, razor, deodorant, comb/brush, hand towel
- Toilet paper – at least two rolls
- Personal care items
- Hand sanitizer
- Travel Pillow (optional but helpful on long flights!)
- Poncho or umbrella
- Camera and film
- Snacks to share
- Water bottle
- Phone card (Check with team leader to see if they will have cell phone with international service)
- Addresses of people you want to send postcards to thank them for their support
- Bible/notebook/journal/pen
- Any medication needed (let leader know about them) and pack some in two bags just in case one is lost.
- Tylenol/Advil/Cough medicine
- Allergy/Sinus medicine
- Imodium/ Pepto Bismol
- Travel alarm clock
- Small flash light/batteries
- REMEMBER: You will carry your own luggage so pack in one suitcase and one carry-on/backpack.
- Additional Country specific Items
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