



## Packing List:

### Clothing

- Casual shirts (Short sleeves-no spaghetti straps)
- Casual shorts/jeans/capri's (Appropriate shorts need to be at to your fingertips when your arms are down by your sides)
- Sneakers/Tennis shoes with closed toe/ closed heels **are required for Ropes Course** as well as most Recreation
- Swim trunks, modest bathing suits, flip flops, beach towel for Lake

Pillow, Sleeping bag -or- Sheets (TwinXL), Sleep Wear

### Personal Items

- Toiletries such as toothbrush, deodorant, body wash/shampoo, towel, etc.
- Personal medication: Tylenol, allergy meds, prescriptions, etc.
- Sunscreen / Bug Spray

Bible, journal and pen

Reusable Water Bottle for the week.

Spending Money for snack shack, drinks, apparel and souvenirs.

\*Students taking prescription medication are free to take their medicine on their own. If you would like a leader to administer it, we can accommodate a staff member to do so.

\*\*\* Weapons, Tobacco, Alcohol or any illegal substances are **STRICTLY PROHIBITED** from Camp Grounds.

### Electronic Devices:

- Tablets, iPods and other mp3 players, personal gaming devices, etc. are allowed only in cabins, unless a Leader allows additional use at their discretion. There is no WiFi on property.
- Cell phones may be brought and can be used at appropriate times. However, please note that cell phone coverage is very limited on the property.

### Parking Info:

+ Cars are to be parked in the Satellite (Bus) Parking Lot at the Peaks of Otter Lodge at: 85554 Blue Ridge Pkwy, Bedford, VA 24523. Please note: This is not the Sharp Top Trailhead Parking Lot nor is this parking in front of the Lodge/Restaurant. Cars are to be parked beyond the Lodge, on the upper parking lot in front of Peaks of Otter Lodging (Bus/Satellite Lot). Please visit our website for more information on parking.

### Contact Information:

TRO Land-Line Phone Number: 540-586-3175

TRO Office Line: 434-592-7681

[www.thomasroadoutpost.camp/](http://www.thomasroadoutpost.camp/)