

Each student must register at this link to attend

<https://fs3.formsite.com/FirstLavaca/form13/index.html>

FIRST LAVACA *HS RETREAT PACKING LIST

Where we are staying

The Lodge at Crystal Springs Resort

Lake Ouachita, AR

Brandon Crews - (615) 631-6197

What to Bring

- Bible ____
- Notepad or journal/Pen ____
- Reusable water bottle ____
- Swim suit/s (no 2 pieces unless t-shirt over) ____ *tankinis are okay
- Beach towel & Regular towel and wash cloth ____
- Toiletries (soap, shampoo, toothpaste, toothbrush, etc.) ____
- Bedding (pillow, sleeping bag or sheets and blanket) ____
- *Athletic clothes (must be able to see shorts) ____
- Only t-shirts. No tank tops, sleeveless shirts or spaghetti straps ____
- Tennis shoes ____
- Sandals ____
- Sunscreen & Bug spray ____
- Flashlight ____
- Snacks ____

What Not to Bring

- Guns, knives, grenades
- Bad attitude
- Alcohol or drugs