

SAINT OLAF CATHOLIC CHURCH • MINNEAPOLIS, MINNESOTA • 612-332-7471 • SAINTOLAF.ORG

'TIS GOOD, LORD, TO BE HERE

Joel Anderson, Director of Music

When was the last time you got some time away to reflect? Perhaps on a vacation, camping or wilderness trip, or a retreat? Or some nice quiet time for prayer? Or even just an unexpected moment of clarity?

Often, we find that things become clear only when we can disengage from the daily humdrum and commotion that surrounds us, so we have the space to contemplate, to let God work in us, whether consciously or subconsciously, and come to a fuller realization or awareness. Aside from prayer and liturgy, many people find this by spending time in nature, enjoying another perspective on God's creation... perhaps by climbing a mountain.

On this Second Sunday of Lent, we are provided with a vista from which to view this sacred season. Two of our readings take place atop a mountain. Abraham made a covenant with the Lord; and Jesus was transfigured, appearing with Elijah and Moses, in the presence of his disciples Peter, James, and John. Perhaps these events could have occurred anywhere, but God chose for them to take place on a mountaintop. God,

in great wisdom, interacted with our human nature and sensibility to enhance the distinctiveness of what took place.

The Transfiguration certainly had a powerful effect on the disciples. As we sing in the familiar hymn, "'Tis Good, Lord, to be here," Peter wanted to stay there, to build monuments. He recognized what had happened and felt the human urge to document, memorialize, and cling to it. When we have such moments in our own lives of clarity and vision, they can be profound and we don't want to let go. Even from less profound simple moments of peace, it can be hard to return to the daily grind. But we know that we cannot remain, that these are but a foretaste of what awaits us one day, and our Lenten journey reminds us of the importance to go and do our part in the present world, to continue to transform ourselves while still here on this earthly journey as we wait in hope for what is to come. The Psalmist proclaims this Sunday, "I will walk before the Lord, in the land of the living." Let us strive to do God's will here as we await the life to come.

Just as Abraham made a covenant with God on the mountain, in our baptism we make a covenant with God, but we spend our whole lives in formation; learning, striving, and hopefully improving. Even the disciples, after the wondrous Transfiguration on the mountaintop, needed some time, experience, and deepening of faith to truly understand it. Jesus commanded them not to tell anyone about what they had seen until he had risen from the dead. "So they kept the matter to themselves, questioning what rising from the dead meant."

And so, we continue. "We long to hold the vision bright, and make this hill our home. 'Tis good, Lord, to be here, yet we may not remain; but since you bid us leave the mount, come with us to the plain."

Before we descend, let us pause for a moment, and ponder what the transformative journey of Lent means to each of us, the struggle and the beauty of what can be, here and now; and take heart to journey with hope in anticipation of the beauty that is to come.



EVENTS & OTHER INFORMATION

ADDITIONAL INFORMATION AT SAINTOLAF.ORG/EVENTS

READINGS FOR SUNDAY MASS

*RESPONSORIAL PSALMS ARE DENOTED BY SEMIBOLD ITALICS February 25: Gn 22:1-2, 9a, 10-13, 15-18, Ps 116, Rom 8:31b-34, Mk 9:2-10 March 3: Ex 20:1-17, Ps 19, 1 Cor 1:22-25, Jn 2:13-25

PRAY SAINT OLAF SUNDAY MASS ON MCN CH 6

Pray our Sunday 10:00am Mass on MCN Cable TV Channel 6 on Sunday evenings at 8:00pm and replayed on Mondays at 10:00am. Saint Olaf also live streams our Monday-Friday 12:00Noon Mass and our Sunday 10:00am Mass on YouTube: youtube.com/user/SaintOlafChurch/live.

SMALL GROUP SIGN UP IS HERE!

Our Small Group Faith Sharing continues throughout Lent. Join us as your schedule allows:



Thursdays: 12:30pm – 2:00pm – Begins February 15, 2024 Saturdays: 10:00am - 11:30am - Begins February 17, 2024 Sundays: 11:15am – 12:45pm – Begins February 18, 2024 Tuesdays: 6:30pm – 8:00pm – Begins February 20, 2024

Pick up a registration form in the acrylic stands at the Church entrances, or visit "Join a Small Group this Lent" on the main page of our website. You can also register via the QR code above.

THE SKYWAYS ARE OPEN!

Skyway access to Saint Olaf is open Tuesday, Wednesday, and Thursday evenings until 8:00pm; Saturday from 2:00pm - 5:30pm; and Sunday from 5:30am - 5:30pm.

LENTEN REGULATIONS

Fasting: Restricts eating to one full meal and two lighter meals in the course of a single day, and prohibits eating between meals. This is for Catholics beginning at age 18 until their 59th birthday. Pregnant women and people who are sick are not obligated to fast. Such fasting is obligatory on Ash Wednesday and Good Friday. Abstinence: Catholics older than 14 years of age may not eat meat on Ash Wednesday or any Friday of Lent.

JOIN THE CHOIR FOR HOLY WEEK/EASTER

Come raise your voice in prayer, reflection, and praise as we celebrate the Sacred Paschal Triduum. The Parish Choir will sing Holy Thursday 5:15pm and Easter Sunday 10:00am; the Seasonal Choir will sing Good Friday 5:15pm and Easter Sunday 4:00pm; and both choirs will sing for the 8:00pm Easter Vigil. Rehearsals on Tuesday/Wednesday evenings. Contact Joel Anderson, Director of Music, to sign up or for more information. Email JAnderson@SaintOlaf.org or call 612-767-7628.

YOUNG ADULT LENTEN DISCUSSION SERIES

The Saint Olaf Young Adult Group will be starting a new Lenten series following the Synod discussion model, beginning February 14th. The group meets on Tuesday evenings at 5:45 pm in the Forliti Gathering Room for faith-building discussion and community. Parishioners and guests in their 20s and 30s are invited. Join our Facebook group for updates!

GIVING IS FAITH IN ACTION



We can radiate divine light like Jesus. When we receive Jesus into our hearts, he transfigures us.

We can shine with his joy, love, and serenity. He wants to transfigure our whole parish! Please support our Catholic Services Appeal so we can have all the resources we need to shine the way He wishes us to, so we can reach all those He longs for in our community. "I will make you a light to the nations, that my salvation may reach to the ends of the earth" (Isaiah 49:6). For more information about this year's Catholic Services Appeal or to donate, visit: hope.archspm.org.



THIS WEEK'S SCHEDULE

HAPPY LEAP DAY!

12:00Noon Mass+

THURSDAY, FEBRUARY 29

Mass - Chapel

Confessions

Confessions

- Edu Rm

Rehearsal

Mass

Confessions

FRIDAY, MARCH 1

PARISH OFFICE CLOSED

12:00Noon Mass+

SATURDAY, MARCH 2

Small Group Thursday

Session - Fleming Hall

Initiation of Adults (OCIA)

From Age to Age (FATA)

Saint Olaf Craftworks

Stations of the Cross+

- Forliti Gathering Rm

Small Group Sunday

Session - Cowley Hall

Centering Prayer -

Monthly On-Site

Mass

Mass

Mass+

Mass

Mass

Rosary - Chapel

Small Group Sunday

Session - Fleming Hall

Ministry – Forliti

Gathering Rm

Adoration

Order of Christian

ADDITIONAL INFORMATION AT SAINTOLAF.ORG

7:00am

7:30am

12:30pm

12:30pm

6:30pm

6:30pm

7:00am

7.30am

10:00am

11:00am

12:30pm

10:00am

6:00am

8:00am

10:00am

11:15am

12:00Noon

4:00pm

SATURDAY, FEBRUARY 24

JAIONDA	
10:00am	Small Group Saturday Session - Fleming Hall
10:00am	Secular Franciscan Board Meeting - Edu Rm
12:00Noon	Mass
12:30pm	Confessions
12:30pm	Rosary - Chapel
1:00pm	Secular Franciscans Luncheon
4:00pm	Vigil Mass
SUNDAY, 6:00am 8:00am	FEBRUARY 25 Mass Mass
10:00am	Mass+

10:00am	Mass+
11:15am	Small Group Sunday Session - Fleming Hall
12:00Noon	Mass
4:00pm	Mass

MONDAY, FEBRUARY 26 Mass - Chapel 7:00am

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7:30am	Confessions
12:00Noon	Mass +
12:00Noon	AA Meeting - Edu Rm

TUESDAY, FEBRUARY 27

7:00am	Mass - Chapel	10:00am	Small Group
7:30am	Confessions		Session – Co
12:00Noon	Mass+	12:00Noon	Mass
12:30pm	Confessions	12:30pm	Confessions
5:45pm	Young Adult Group –	12:30pm	Rosary - Cha
	Forliti Gathering Rm	4:00pm	Vigil Mass
6:30pm	Small Group Tuesday	•	0
	Session - Fleming Hall	SUNDAY,	MARCH 3

WEDNESDAY, FEBRUARY 28

7:00am	Mass - Chapel
7:00am	AA Meeting - Edu Rm
7:30am	Confessions
11:30am	Nicotine Anonymous Meeting – Edu Rm
12:00Noon	Mass+
6:30pm	Parish Choir Rehearsal
6:30pm	Women's Bible Study - Forliti Gathering Rm

Building closes at 5:30pm Monday - Friday.

• Offices are open until 4:30pm Monday-Thursday

Chapel is open for private prayer Monday – Friday, 7:30am – 5:30pm

+ LIVE STREAMED

SAMARITAN MINISTRY NEEDS

Samaritan Ministry still needs winter gear, especially coats. We welcome new or clean and gently used items. Thank you for your support!

ANNUAL DUDCET

ANNOAL BODGET					
CONTRIBUTIONS	ACTUAL	BUDGET	DIFFERENCE		
Feb 5 - 11	\$20,598	\$22,195	-\$1,597		
YTD through Week #33	\$931,701	\$894,527	\$37,174		

Thank you for your continued support of Saint Olaf.