



Catholic Church

APRIL 9, 2023  
THE SACRED  
PASCHAL TRIDUUM  
AND EASTER SUNDAY

PASTOR  
Fr. Kevin Kenney  
ASSOCIATE PASTOR  
Fr. Wehmann



SAINT OLAF CATHOLIC CHURCH ■ MINNEAPOLIS, MINNESOTA ■ 612-332-7471 ■ SAINTOLAF.ORG

## THE EMPTY TOMB

Fr. Kevin Kenney, Pastor

We have entered the sacred time of the Triduum. We have waved our palms, listened to the passion story, sat with Jesus at the Last Supper, maybe walked to Calvary with Jesus, heard he was placed in a tomb that was new, where no one else had been buried. We wait! We wait as we are bewildered, confused, busy, yet we know what we will celebrate. Perhaps a sense of doubt, fear, or anxiety still lingers in our beings. We are busy about shopping for Easter brunch, changing environment in the Church, watching the weather, avoiding the news. What will Easter Sunday bring? Will there still be a resurrection?

We have choices. We have interpretations. We listen to the story. From Matthew's gospel we hear of the earthquake, an angel of the Lord descending from heaven and rolling back the stone. From John's gospel, we hear that when Mary of Magdala arrived at the tomb early in the morning, "the stone had been removed from the tomb." Either gospel is appropriate for Easter morning. The choice comes when the presider decides which is more pertinent to the time and place. We are now at the tomb. You stand before a space that is void. Will you listen? Will you enter? Will you see? Will you encounter the one who has risen? Whom will you run to tell?

### *The Empty Tomb*

The celebration of the Resurrection of Jesus Christ brings hope to all who believe. We have wandered through forty days of Lent. The disciplines of Lent challenged our relationship with Jesus Christ to grow. We recognize the covenant God has made with the people throughout the ages still exists. Life was renewed. The bindings to sin, darkness, negativity, judgement, hopelessness are undone and a new freedom is born. We walk with confidence, hope, and a new vision. Growth and change will continue to happen. We pray we are not fooled to go back, to remain stuck, or be numb to the world around us. A new day has dawned, "Do not be afraid!" "Do not be afraid," the angel spoke to the women. "Do not be afraid," Jesus spoke to the women. "Do not be afraid," is the message we hear today. Do not be afraid to be the new you. Do not be afraid to challenge the injustices you see happening around you. Do not be afraid to look up and see the beauty of God in all creation. Who or what has helped you roll back the stone? Where is your Galilee where you will see Him? We have fifty days of newness, joy, celebration! We will be renewed in our baptismal calls. We will be sprinkled of the water that brings new life. We might just have a new smile molded upon our face. "Do not be afraid!" Let these fifty days roll over you, surround you, envelop you as you are reinforced as a child of God and the love of God fills you with joy!

May the joy of this Easter season fill your hearts and renew your spirits! May you encounter new opportunities to live the joy in your life! May this Easter season encompass you anew so that whatever life has handed you, wherever you are today, your hopes and dreams may prevail and you may follow in the light and blessing of our Lord Jesus Christ. The message of God's love for you shines forth in the life, suffering, death and resurrection of Jesus Christ. May our hearts be uplifted throughout the Easter season and bring healing to our world!



## EVENTS & OTHER INFORMATION

ADDITIONAL INFORMATION AT [SAINTOLAF.ORG/EVENTS](http://SAINTOLAF.ORG/EVENTS)

### READINGS FOR SUNDAY MASS

\**RESPONSORIAL PSALMS ARE DENOTED BY BOLD ITALICS*

April 6, Holy Thur: Ex 12:1-8, 11-14, **Ps 116**, 1 Cor 11:23-26, Jn 13:1-15  
April 7, Good Fri: Is 52:13-53:12, **Ps 31**, Heb 4:14-16, 5:7-9, Jn 18:1-19:42  
April 8, Holy Sat: Gn 1:1-2:2, **Ps 104**, Ex 14:15-15:1, **Ex 15**, Is 55:1-11, **Is 12**, Bar 3:9-15, 32-4:4, **Ps 19**, Rom 6:3-11, **Ps 118**, Mt 28:1-10  
April 9, Easter: Acts 10:34a, 37-43, **Ps 118**, Col 3:1-4, Jn 20:1-9  
April 16, Divine Mercy Sun: Acts 2:42-47, **Ps 118**, 1 Pt 1:3-9, Jn 20:19-31

### WATCH SAINT OLAF SUNDAY MASS ON MCN CH 6

Watch our Sunday 10:00am Mass on MCN Cable TV Channel 6 on Sunday evenings at 8:00pm and replayed on Mondays at 10:00am. The Holy Thursday and Good Friday Liturgies will be televised on MCN Cable Channel 6 on Thursday, April 6 and Friday, April 7, at 4:30pm. Saint Olaf also live streams our Monday-Friday 12:00Noon Mass and our Sunday 10:00am Mass on YouTube: [youtube.com/user/SaintOlafChurch/live](https://youtube.com/user/SaintOlafChurch/live).

### LENTEN REGULATIONS

**Fasting:** Restricts eating to one full meal and two lighter meals in the course of a single day, and prohibits eating between meals. This is for Catholics beginning at age 18 until their 59th birthday. Pregnant women and people who are sick are not obligated to fast. Such fasting is obligatory on **Good Friday**. **Abstinence:** Catholics older than 14 years of age may not eat meat on any Friday of Lent.

### PRAY FOR OUR SYNOD EVANGELIZATION TEAM

Saint Olaf's Synod Evangelization Team members have completed the School of Discipleship. We are grateful for their work and ask for Parishioner prayers as our team continues their formation, embarking on the Guided 40-Day Discipleship Challenge to help put what they have learned into practice as "activated disciples" who will lead our parish with our synod response.

### VOLUNTEER UPHOLSTERER NEEDED

Our kneelers and chapel chairs need reupholstering. Saint Olaf will provide the materials. We need your time and expertise to make them new again. If you are interested, please contact Mary Kennedy at [MKennedy@SaintOlaf.org](mailto:MKennedy@SaintOlaf.org) or call 612-767-6204.

### YOUNG ADULT GROUP

Join us after the Holy Thursday 5:15pm Mass for soup and conversation as we plan our next steps.

### CALL FOR A WEDDING COORDINATOR

Opportunity to serve as a wedding coordinator at Saint Olaf, working with couples to help them plan a sacramental wedding at Saint Olaf. The Wedding Coordinator assists couples from the start of the wedding planning process through their special day. Training is provided. Contact Michael Strande at 612-767-7630 for more information.

### WOMEN'S BIBLE STUDY ON WEDNESDAYS

Given our parish theme this year to live as an intentional disciple, our Women's Bible Study meets on Wednesdays from 6:30-7:30pm in the Forliti Gathering Room. We study the readings for the following Sunday. For more information, please contact Margaret Adams at [margaretadams703@gmail.com](mailto:margaretadams703@gmail.com). All women are welcome!

### SUPPORT THE CATHOLIC SERVICES APPEAL FOR THE LOVE OF CHRIST IMPELS US TO BELIEVE IN THE POWER OF GIVING

Thank you to all who have given to the Catholic Services Appeal already! Saint Olaf's goal is \$76,698.06. Unfortunately, the CSAF staff is a bit behind on updating donations received, we will share the status of Saint Olaf donations as soon as possible. Prayerfully consider how you are called to share to support the 20 Designated Ministries. Envelopes are available in the acrylic stands at the church entrances, at [csafspm.org](http://csafspm.org), or use the QR code link here.



## THIS WEEK'S SCHEDULE

ADDITIONAL INFORMATION AT [SAINTOLAF.ORG](http://SAINTOLAF.ORG)

### WELCOME!

We support Facemasks. Wearing one is optional.

Building closes at 5:30pm Monday - Friday

Offices are open until 4:30pm Monday-Thursday

Chapel is open for private prayer from Monday - Friday, 7:30am - 5:30pm

+ Live streamed

#### THURSDAY, APRIL 6

*HOLY THURSDAY - NO 7:00AM MASS, NO CONFESSIONS DURING TRIDUUM*

**12:00 PM MASS +**

4:30 PM THE HOLY THURSDAY LITURGY TELEVISED ON MCN CABLE CHNL 6

**5:15 PM MASS**

#### FRIDAY, APRIL 7

*PARISH OFFICES CLOSED*

*GOOD FRIDAY - NO 7:00AM MASS, NO CONFESSIONS DURING TRIDUUM*

**12:00 PM CELEBRATION OF THE LORD'S PASSION+**

**3:00 PM STATIONS OF THE CROSS+**

4:30 PM THE GOOD FRIDAY LITURGY TELEVISED ON MCN CABLE CHNL 6

**5:15 PM CELEBRATION OF THE LORD'S PASSION**

#### SATURDAY, APRIL 8

*HOLY SATURDAY - NO 12:00PM MASS, NO CONFESSIONS DURING TRIDUUM*

**8:00 PM EASTER VIGIL MASS+**

#### SUNDAY, APRIL 9

*EASTER SUNDAY*

**6:00 AM MASS**

**8:00 AM MASS**

**10:00 AM MASS+**

**12:00 PM MASS**

**4:00 PM MASS**

#### MONDAY, APRIL 10

*PARISH OFFICES CLOSED*

*EASTER MONDAY*

**7:00 AM MASS - CHAPEL**

7:30 AM CONFESSIONS

**12:00 PM MASS+**

12:00 PM AA MEETING  
EDUCATION ROOM

#### TUESDAY, APRIL 11

**7:00 AM MASS - CHAPEL**

7:30 AM CONFESSIONS

**12:00 PM MASS+**

12:30 PM CONFESSIONS

#### WEDNESDAY, APRIL 12

**7:00 AM MASS - CHAPEL**

7:00 AM AA MEETING  
EDUCATION ROOM

7:30 AM CONFESSIONS

11:30 AM NICOTINE ANONYMOUS  
EDUCATION ROOM

**12:00 PM MASS+**

6:30 PM WOMEN'S BIBLE STUDY  
GATHERING ROOM

**12:00 PM MASS+**

6:30 PM WOMEN'S BIBLE STUDY  
GATHERING ROOM

#### THURSDAY, APRIL 13

**7:00 AM MASS - CHAPEL**

7:30 AM CONFESSIONS

**12:00 PM MASS+**

12:30 PM CONFESSIONS

#### FRIDAY, APRIL 14

*PARISH OFFICES CLOSED*

**7:00 AM MASS - CHAPEL**

7:30 AM CONFESSIONS

10:00 AM KNITTING GROUP  
GATHERING ROOM

**12:00 PM MASS+**

12:30 PM CONFESSIONS

12:30 PM CONFESSIONS

#### SATURDAY, APRIL 15

**12:00 PM MASS**

12:30 PM CONFESSIONS

12:30 PM ROSARY - CHAPEL

4:00 PM VIGIL MASS -  
DIVINE MERCY  
SUNDAY

### CALL FOR COMMUNION MINISTERS TO THE HOMEBOUND

These ministers bring Communion to those parishioners who are unable to attend Mass. Ministers visit sick parishioners in their homes, share a Scripture reading, distribute the Eucharist. Visit the homebound once a week. There is a Virtus training session. For more information, contact Fr. Wehmann at 612-767-6203.

### ANNUAL BUDGET AS OF WEEK #39

CONTRIBUTIONS	ACTUAL	BUDGET	DIFFERENCE
Mar 20 - 26	\$12,774	\$18,500	-\$5,726
YTD through Week #39	\$959,169	\$1,000,349	-\$41,180

Thank you for your continued support of Saint Olaf.