



APRIL 12, 2020  
EASTER SUNDAY

**St Olaf**  
Catholic Church

SAINT OLAF CATHOLIC CHURCH ■ MINNEAPOLIS, MINNESOTA ■ 612-332-7471 ■ SAINTOLAF.ORG

## DO NOT BE AFRAID

by Fr. Kevin Kenney

From Matthew's gospel read at the Easter Vigil, we hear "Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for He has been raised just as He said." "Do not be afraid." How many times have we heard this expression? Have we let it sink in? As we walk from a distance this Holy Week together, fear may come over us as we enter into the Triduum to relive the story that has saved all of us. We have triumphantly entered into Jerusalem and now we sit with Jesus at the Last Supper, spend time with Jesus in the garden, awake to find Jesus being arrested, hear those cruel words, "Crucify Him, Crucify Him," see Jesus carrying painfully his cross, follow the women who have stayed by Jesus, look for the disciples who have run away, weep as we see Jesus hang upon the cross, lose hope as Jesus died and now the news, "He has been raised." Each year we experience the emotions of Holy Week but this year they are different. Churches are not open for public services. Easter brunch is cancelled. The streets are barren. Is no one going to the tomb? Has the stone been rolled away? I do not know to whom to turn, I want to rejoice but the way the world has turned, how can we? We do not know what tomorrow will bring. There is Easter hope. There is Easter hope. The candle will be lit. The water will be blessed. The churches remain closed and

empty but it was not until the Holy Spirit was sent upon the disciples and Mary, Jesus' mother, at Pentecost that the world started to believe in Jesus. Maybe the end brings us to the beginning. Today, Easter Sunday, we begin fifty days in preparation for the outpouring of the Holy Spirit. There is Easter hope. There is Easter hope.

We still listen, wait and hope. It all will have meaning. It will take time to digest and understand. The disciples and the women did not completely understand at first. How could they all wrap their heads around what had just happened, and now, "He's back." Did he not say he would rise from the dead? What does this mean for us now? Whom are you going to tell? What will the days ahead bring?

New life is what the days will bring. Spring has sprung and new life will abound around us. The darkness of the coronavirus will dissipate. Some day we will be able to walk freely again without worrying about this invisible enemy. We must listen, wait and hope. We must listen to our leaders who will direct us through this pandemic and keep us safe. We must wait in order to save our lives and others. We hope for our families, friends, community and world that soon this will end. The bright spot is that Jesus is risen. Jesus broke the chains of sin and death and has set us

free. Now we have fifty days as we await the outpouring of the Holy Spirit. Our sins were forgiven and we were told, "Go and sin no more." We heard, "untie him and let him go." In the days to come we will hear Jesus say, "Peace." We long today to hear those words, to feel those words and to offer those words. Jesus' peace reaches to our hearts and brings us to new life. We all look for that new life today. Jesus is risen indeed, alleluia. Again, I say, "Jesus is risen indeed, alleluia." Say it again, "Jesus is risen indeed, alleluia." Now, "Do not be afraid" makes sense. Jesus conquered evil and death and Jesus continues to free us and make us whole. May we encounter the risen Lord in our hearts, in our homes, in our community and in the world. May our "Alleluias" be heard throughout the world and may they bring hope to all who listen and to all who hear.

May this Easter bring blessings to you and your families. May our family at Saint Olaf continue to be united under the saving presence of Jesus in the heart of the city. May we be a center of hope, of compassion and of belief that the days ahead will fill us with the Holy Spirit. Until we meet again, may God hold you in the palm of his hand. Jesus Christ is risen indeed, alleluia!

*Blessed Easter!*

# EASTER TRIDUUM 2020

SAINT OLAF CATHOLIC CHURCH

## Holy Thursday - April 9, 2020

### Mass of the Lord's Supper

Schola of the St. Olaf Parish Choir

Available online at our website [www.saintolaf.org](http://www.saintolaf.org) and televised on MCN Cable Channel 6 at 4:00pm

#### INTROIT

*"Let our glory be in the cross of our Lord Jesus Christ; in him we have salvation, life and resurrection; through him we are rescued and set free. O God, be gracious and bless us and let your face shed its light upon us. So will your ways be known upon earth and all nations learn your salvation."*

#### ENTRANCE PROCESSIONAL

*As We Gather at Your Table*

text by C. Daw; tune: Nettleton

#### GLORY TO GOD

from *Congregational Mass* by J. Lee

#### LITURGY OF THE WORD

FIRST READING *Exodus 12:1-8, 11-14*

RESPONSORIAL PSALM *Psalms 116* by K. Harmon

SECOND READING *1 Corinthians 11:23-26*

GOSPEL ACCLAMATION by J. Anderson

GOSPEL *John 13:1-15*

#### HOMILY

PRAYERS OF THE FAITHFUL *Byzantine Chant setting*

#### LITURGY OF THE EUCHARIST

##### PREPARATION OF THE GIFTS

*Ubi Caritas* by J. Biery

*"Where true love and charity are shown, God is always found."*

##### EUCHARISTIC PRAYER ACCLAMATIONS

from *Missa Simplex* by R. Proulx

##### LAMB OF GOD

*Agnus Dei XVIII* #312

##### COMMUNION ANTIPHON

*"This is my body which is given up for you; this is the cup of the new covenant in my blood", says the Lord. "Each time that you partake thereof, do it in memory of me."*

##### COMMUNION MEDITATION

*Ave Verum Corpus* by W.A. Mozart

*"Hail, true Body, born of the Virgin Mary, who having truly suffered, was sacrificed on the cross for mankind, whose pierced side flowed with water and blood: May it be for us a foretaste of the heavenly banquet As we contemplate our death."*

##### DEPARTURE IN SILENCE

## Good Friday - April 10, 2020

Good Friday is a day of fast (one full meal, two small meals and nothing in between) for healthy adults from age 18 until 59 and abstinence from meat for those age 14 and older.

This Paschal fast may be extended until the Easter Vigil in memory of Christ's suffering, in solidarity with all who are hungry, and in prayer for those preparing to receive sacraments of initiation.

### Stations of the Cross

*Not My Will But Yours Be Done* by William Rowan

Available online at our website [saintolaf.org](http://saintolaf.org)

### Celebration of the Lord's Passion

Schola of the St. Olaf Parish Choir

Available online at our website [saintolaf.org](http://saintolaf.org) and televised on MCN Cable Channel 6 at 4:00pm

#### ENTRANCE IN SILENCE

#### PRAYER

#### LITURGY OF THE WORD

FIRST READING *Isaiah 52:13-53:12*

RESPONSORIAL PSALM *Psalms 31* by S. Pishner

SECOND READING *Hebrews 4:14-16; 5:7-9*

GOSPEL ACCLAMATION by D. Haas

GOSPEL (PASSION) *John 18:1-19:42*

#### SOLEMN INTERCESSIONS

#### ADORATION OF THE HOLY CROSS

##### SHOWING AND ADORATION OF THE CROSS

Cantor: Behold the wood of the cross,  
on which hung the Savior of the world.

All: Come, let us adore.

##### MEDITATION

*Adoramus te, Christe* by T. Dubois

#### HOLY COMMUNION

##### LORD'S PRAYER

##### COMMUNION SONG

*Jesu, Salvator Mundi* by B. Cordans

##### DEPARTURE IN SILENCE

#### MUSIC FOR PRIVATE VENERATION

*O Bone Jesu* by G.P. da Palestrina

*O Sacred Head Now Wounded*

text: Bernard of Clairvaux; music by H.L. Hassler, arr. J.S. Bach and J. Raney

*Behold, Before Our Wondering Eyes*

text: G. Glen, OSB; music by B. Walker and G. Berberick

# EASTER TRIDUUM 2020

SAINT OLAF CATHOLIC CHURCH

**Easter Sunday** - April 12 2020

## Resurrection of the Lord

Schola of the St. Olaf Parish Choir

Available online at our website [saintolaf.org](http://saintolaf.org) and televised on MCN Cable Channel 6 at 8:00pm Sunday and 10:00am Monday.

### PRELUDE

*Christ is Arisen, Let Us Sing* by V. Leisring, arr. K. Kosche

*Christus Vincit (Christ Has Conquered)* by J. Noyon

### OPENING HYMN

*Crown Him With Many Crowns* arr. D. Cherwien

**GLORY TO GOD** from *Mass for a Servant Church* by M. Guimont

### LITURGY OF THE WORD

**FIRST READING** *Acts of the Apostles 10:34A, 37-43*

**RESPONSORIAL PSALM** *Psalm 118* by R. Proulx

**SECOND READING** *Colossians 3:1-4*

**EASTER SEQUENCE** *Victimae Paschali Laudes* arr. J. Revert

*"Christians, praise the paschal victim! Offer thankful sacrifice! Christ the Lamb has saved the sheep, Christ the just one paid the price, reconciling sinners to the Father. Death and life fought bitterly for this wondrous victory; The Lord of life who died reigns glorified! O Mary, come and say what you saw at break of day. 'The empty tomb of my living Lord! I saw Christ Jesus risen and adored!' Bright angels testified, shroud and grave clothes side by side! 'Yes, Christ my hope rose gloriously. He goes before you into Galilee. Share the good news, sing joyfully: His death is victory! Lord Jesus, Victor King, show us mercy!"*

**GOSPEL ACCLAMATION** O FILII ET FILIÆ arr. J. Anderson

**GOSPEL** *John 20:1-9*

### HOMILY

### RENEWAL OF BAPTISMAL PROMISES

### SPRINKLING RITE

*Springs of Water, Bless the Lord* #242 by M. Haugen

### PRAYERS OF THE FAITHFUL

### LITURGY OF THE EUCHARIST

#### PREPARATION OF THE GIFTS

*The Strife is O'er* #446

#### EUCHARISTIC PRAYER ACCLAMATIONS

from *Mass for a Servant Church* by M. Guimont

**LAMB OF GOD** by D.C. Isele #314

#### COMMUNION SONG

*Psallite Deo*, verses from Ps. 118, by J. Berthier

#### CLOSING HYMN

*Jesus Christ is Risen Today* #422 arr. J. Bankson

#### POSTLUDE

*Finale from Symphonie no. 2* by Ch. M. Widor

#### Act of Spiritual Communion

by St. Alphonsus Liguori

My Jesus,  
I believe that You are present in the Most Holy  
Sacrament.

I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment receive

You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there  
and unite myself wholly to You.  
Never permit me to be separated from You.  
Amen.



## EVENTS AND OTHER INFORMATION

ADDITIONAL INFORMATION AT [SAINTOLAF.ORG/EVENTS](http://SAINTOLAF.ORG/EVENTS)

On behalf of the entire staff at Saint Olaf, we want to wish you a blessed Easter!

May Jesus, risen from the dead, offer you hope and healing. You will be in our prayers and thoughts, please keep us in yours.

Thank you for joining our community in prayer and worship. Thank you for singing so loudly, we could hear you at Saint Olaf. God bless! Jesus Christ is Risen, Alleluia, Alleluia.

Fr. Kevin Kenney, Pastor  
Fr. Michael Krenik, Associate  
Fr. Mark Wehmann, Associate

### HOLY WEEK SCHEDULE

We encourage everyone to follow Governor' Walz's mandate and "STAY AT HOME."

DAY OF WEEK	TIME	MAIN CHURCH	
Monday-Wednesday	7:00am-7:30am	Adoration	
Monday-Wednesday	7:30am-till line ends	Reconciliation	
Monday-Wednesday	12:00pm-12:30pm	Adoration	
Tuesday	12:30pm-till line ends	Reconciliation	
TRIDUUM SCHEDULE		OPEN	CLOSED
Holy Thursday	Private Prayer only	7:00 am	11:00 am
Good Friday	Private Prayer only	7:00 am	11:00 am
Holy Saturday	Closed to the Public		
Easter Sunday	Closed to the Public		
Easter Monday	7am-7:30 am - Adoration & private prayer 7:30am-8am - Reconciliation 12pm-12:30 - Adoration	7:00 am	1:00 pm

### IF YOU NEED A PRAYER, FEELING DISCOURAGED, OR NEED TO SPEAK TO A PRIEST

Saint Olaf is a connected community. If you need a prayer, someone to talk to, or need to hear another voice, please give us a call, we are here for you, 612-332-7471.

### PRAYER RESOURCES

A list of resources available for prayer during these difficult days, from a variety of publishers is posted on the US Conference of Catholic Bishops (USCCB) website: [usccb.org/about/communications/covid-19-crisis-resources-from-catholic-publishers.cfm](http://usccb.org/about/communications/covid-19-crisis-resources-from-catholic-publishers.cfm)

### CATHOLIC SERVICES APPEAL

The Catholic Services Appeal reporting of donations received is on a hiatus until the "STAY AT HOME" mandate is over. Saint Olaf was at 44.45% of our \$76,809 goal and we will update this when reporting is re-activated.

### ANNUAL BUDGET AS OF WEEK 39

CONTRIBUTIONS	ACTUAL	BUDGET	DIFFERENCE
Mar 23-29	\$13,482	\$14,000	-\$518
YTD through Week #39	\$1,021,871	\$1,012,718	\$9,153

## SHARE THE LIGHT, SHARE YOUR LOVE

BY MARY KENNEDY, PARISH ADMINISTRATOR

Without a doubt, my favorite liturgy of the entire year is Holy Saturday. The liturgy starts with the assembled in a darkened church and the light from the newly blessed Paschal Candle is shared from candle to candle until the entire church is bathed in the glow of candlelight. After readings and prayer, the church lights come on and the choir and assembled burst into song joyfully proclaiming, "Alleluia, Christ is Risen!" Each year, I have been deeply moved by this liturgy. I am reminded that the light from a single candle shared with Christian love from one person to the next, to the next, underlines the importance that Christianity is not practiced in a vacuum. It is not just me and Christ, but me, and you, and you, and on and on. Together, we are that connected community that does what we can to share Jesus Christ's light every day with all we encounter.

This year is different from every other year, perhaps ever. We will be separated from one another and will need to find ways to celebrate the Easter season virtually, through the screen of our television or computer. Yet, through this all, Saint Olaf continues to strive to live out our mission to serve as a living sign of Christ's saving presence in the heart of the city. Each of us is now called to find a way to share Christ's light and show our love for one another.

**What Saint Olaf is doing:** We do not have a large staff, but our plan is to keep paying our staff as long as we can, with some of our staff working from home. A small staff contingent remains on property as we care for the spiritual needs of our parishioners and guests, as well as the physical needs of the homeless and at risk. We are doing everything we can to make sure we follow all protocol to keep staff safe and the building as sanitized as possible. The volunteers that augment our staff and serve in the parish office and our ministries are all following the Governor's mandate and staying at home for the duration.

We are updating our website daily with Mass recorded by Fr. Kevin in English and in Spanish, ([SaintOlaf.org/media](http://SaintOlaf.org/media) and scroll down and click on "View this week's Mass Broadcast") as well as Fr. Kevin's Weekday Liturgical commentary on the daily readings. ([SaintOlaf.org/RevKev](http://SaintOlaf.org/RevKev)). We are answering the phones, taking care of the mail and keeping current on our bills.

### What can YOU do?

Pray for Saint Olaf and this connected community of Faith. Please follow Governor' Walz's mandate and "STAY AT HOME." The closer we follow social distancing, the better it is for all. Of course, wash your hands frequently with soap and water and take good care of yourself. Stay connected with your family and friends. Reach out via phone, email, letters, and share the hopeful message of Easter.

Consider how you are called to support Saint Olaf during this time. As you probably realize, Easter is one of our larger donation times. The support we receive at Easter gives us the boost we need to take care of us now and into those summer months when so many head to cabins and the lakes. Your gifts of any size help us provide excellent worship opportunities, pay our talented staff, care for the building, and serve the homeless and at risk in the heart of the city. We have online giving available for one time or recurring gifts, [SaintOlaf.org/give](http://SaintOlaf.org/give). There are instructions on the Giving page on how to set that up, or call Mary Kennedy in the parish office, 612-767-6204 for assistance in setting that up.

*Thank you for your continual support of Saint. Olaf*