



The Body and
Blood of Christ
June 3, 2018

St. Olaf Catholic Church ■ Minneapolis, Minnesota 55402 ■ 612-332-7471 ■ www.SaintOlaf.org

Do you remember your First Communion?

By Vicki Klima, Parish Administrator

Do you remember your First Communion? Mine was a long time ago before the Second Vatican Council. That means that the sanctuary was set apart by a communion rail. No one went behind that rail except for priests, altar boys (Yes, only boys), and nuns who cleaned the altar linens. First Communion was a big deal because we were going to be allowed to go beyond the railing to receive the Eucharist for the first time. The girls all wore white dresses and veils. The boys were in suits. I was given a new rosary and Missal on this important occasion. We all received the Body of Christ on the tongue.

I remember two other Communion firsts, the day we were first allowed to receive the Body of Christ in the hand and the day we were allowed to drink the Blood of Christ. I don't remember the exact dates. I think it was in the early 1970s. Receiving the Body of Christ in my hand felt like I had become a grown up Catholic. I was no longer being fed by someone

else, but I was putting the spiritual food into my own mouth. Receiving the Blood of Christ felt to me like I was fulfilling what Christ had said, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you." John 6:53

Today is the celebration of the Most Holy Body and Blood of Christ, otherwise known as Corpus Christi. We read the account of the Last Supper from the Gospel of Mark. We give thanks for this gift of bread and wine that become the Body and Blood of Christ that we receive in the Mass.

Bread and wine do not come out of the ground in finished form. Wheat and grapes have to be planted and nurtured. They have to have the right amount of good soil, sun, and water. They are harvested, and then there is a lengthy process to make them into bread and wine. These gifts that came from God are changed by the work of human hands.

And then, God changes them again into the Body and Blood of Christ which we consume. Just as the bread and wine are transformed, so are we who eat and drink them. We become the Body and Blood of Christ for the world. We are the hands, feet, and voice of Jesus to everyone in our lives.

Back in the thirteenth century, this feast in honor of the Body and Blood of Christ was instituted as a countermeasure against a prevalent heresy that denied the presence of Christ in the Eucharist. Pope Urban IV began this feast in 1264. He asked St. Thomas Aquinas to compose prayers and songs to celebrate the feast. Some of our most beloved Eucharistic hymns were written by St. Thomas Aquinas at this time including the Pange Lingua (used on Holy Thursday for the procession of the Eucharist) "Sing, my tongue, the Savior's glory," and the Tantum Ergo (used at Benediction) "Down in Adoration Falling."

My friends,

I was privileged to attend the funeral of Sister Rosanne Fox, CSJ. She worked here at St. Olaf from 1972 – 2006. She was the force behind our service to the poor. The program and outreach she created has been enhanced over the years and remains integral to our ministry here at St. Olaf. I am reprinting the lovely Eulogy her nephew Joe Fox delivered at her funeral.

Fr. Kennedy

Eulogy of Sister Rosanne Fox, CSJ

Delivered by Joe Fox

May 22, 2018 at Our Lady of the Presentation Chapel, St. Paul, MN

"Life's journey is not to arrive at the grave safely, in a well preserved body, but rather to skid in sideways, totally worn out, shouting – Holey Moley – what a ride!" Our dear Rosie, a true force of nature, an advocate for those most vulnerable in our society, whose equal we shall never meet, lived this motto every day of her 90 plus years.

She lived life with great enthusiasm. She loved people, loved life and loved to make things happen. She was independent, willful and honest. She was tough. She worked hard, played well with others, partied with great spirit. She faced adversity and sadness stoically. Through it all Rosie grabbed life with both hands, filling each minute with 60 seconds run.

Sister Rosanne was raised on a farm near Franklin, MN. In 1935, Fr. Henry Byrne was installed as first resident pastor of Sacred Heart parish and made an impact on our family by encouraging Rosie, my dad, and their sister Mary to attend St. Mary's in Bird Island, where, of course, they were taught by the Sisters of St. Joseph.

As Rosie told the story, upon deciding to enter the convent, she told Fr. Byrne that she planned to join the Dominicans because they had taught her mother at Bethlehem Academy. Fr. Byrne replied, "After all the grief you have given the Sisters of St. Joseph, you owe it to them to give something back".

She entered the convent in 1941 and I think sometime shortly after she realized Mark Twain was right when he said, "The two most important dates in your life are when you are born... and the day you find out why".



Her first career was in the education of young people in a faith-based environment. Chesterton wrote, "Education is simply the soul of society as it passes from one generation to the next". She loved her students and they loved her, many staying in touch with her over the years. Rosie praised their successes and offered encouragement during tougher times; but most importantly, teaching that hard work, and keeping the faith, doesn't mean you can't have a little fun along the way.

One of her former students, Nick Coleman, once wrote, "There is a book titled *Everything I Need to Know I Learned in Kindergarten*. Not so for me, it was 7th grade, when Sr. St. Angela was my teacher. And she continued to teach us our whole lives".

After almost three decades in education, Sr. Rosanne embarked on a second career establishing the Social Outreach

Program at St. Olaf.

In 1972, Monsignor Fleming determined that one of the duties incumbent upon a downtown Parish was to minister to all individuals within the sound of its bells, not just to those that attended Mass on Sunday.

He once told me he did not have an exact definition of this ministry but he knew that he had the right person for the job when he recruited Sr. Roseanne.

She and Monsignor Fleming worked well together and had a great deal of admiration for each other. He gave her the autonomy that she needed, and in return she delivered on every task assigned. As Monsignor Fleming always said, "she's one great Rosie".

The Social Outreach Program she built truly accomplished the Corporal Works of Mercy every day. Not only did this program operate tirelessly and provide for the very important physical needs of clothing, shelter and food; but it also provided something much more important. Something that is needed not for a person to survive but is needed for a person to thrive. That thing, which was provided, is hope. Those that provide hope to the hopeless have answered a very noble calling.

A good friend of the family, a retired attorney, sent me an email that read in part, "there is a Latin legal phrase that translates as 'the law does not stoop to pick up trifles'. Sr. Roseanne spent her life picking up those regarded as trifles and rendering them strong, significant and noble".

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FOR YOUR INFORMATION

Additional info at: SaintOlaf.org/events

The Book Club next meets Sunday, June 3, from 2:30 to 3:30 p.m. *"The Shepherd Who Didn't Run"* by Maria Ruiz Scaperlanda.

Father's Day Flowers: Remember fathers, living or deceased, with a gift toward church flowers and environment. Suggested offering of \$5.00 or more per remembrance. Names of honorees and donors will be posted. Forms can be found in the pamphlet racks. Make checks payable to St. Olaf Church and write "Father's Day Flowers" on the memo line. Place form and donation in the collection or bring to the parish reception desk by June 4.

How is life to be lived? Join Fr. Emmanuel Uppamthadathil, MFSF, PhD, Rector of St. Clement College, Assam, India and Professor of Philosophy for two lectures on *India, Hinduism, Indian Christianity and Living the Philosophical Way*. Tuesday & Wednesday, June 5 & 6, 4:45 - 5:45 p.m. in Fleming Foyer on the 2nd floor. Beverages and snacks provided. No charge/freewill offering. Registration necessary beforehand or at the door. For more info, contact Fran Rusciano Murnane at FRMurnane@SaintOlaf.org or 612-767-7635 or the parish office: 612-332-7471.

Missionary Speaker, June 9 & 10 — Next weekend we will welcome Fr. Emmanuel (see above), a missionary from India, who will speak at all of our Masses as part of the Archdiocesan Missionary Cooperation Plan. Fr. Emmanuel is rector of St. Clement Seminary, which is in the final stages of construction. He is seeking funds for the chapel and library. Your welcome, prayers, and support will be appreciated. There will be a second collection after communion. Checks can be made to St. Olaf with "missionary" in the memo line.

Emmet Cahill Performs Live Tuesday, June 12, 7:30 p.m. Emmet Cahill, internationally acclaimed Irish tenor and lead singer with Celtic Thunder, will give a concert at St. Olaf, with the participation of the choir communities here. A portion of the proceeds will support St. Olaf ministries. You may purchase tickets at the door or online at www.emmetcahill.com. The St. Olaf concert is listed under "Tour Dates" at June 12, Minneapolis, MN.

Fr. David Haschka's last weekend at St. Olaf will be June 23 and 24. On Sunday, June 24 he will preside at the 10:00 a.m. and 12 noon liturgies and will attend hospitality after the 8:00 a.m., 10:00 a.m., and 12 noon Masses to say good bye and receive well wishes. Thank you, Fr. Haschka, for three years of priestly ministry at St. Olaf!



THIS WEEK'S SCHEDULE

Additional info at: SaintOlaf.org/events

Saturday, June 2

9:00 a.m. Centering Prayer
12:00 p.m. **Mass/Confessions**
2:00 p.m. African Choir Rehearsal
4:00 p.m. **Mass**

Sunday, June 3 — Body and Blood of the Lord

6:00 a.m. **Mass**
8:00 a.m. **Mass**
9:00 a.m. Nursery Opens
10:00 a.m. **Mass**
12:00 p.m. **Mass**
2:30 p.m. Book Club
4:00 p.m. **Mass**

Monday, June 4

7:00 a.m. **Mass/Confessions**
7:30 a.m. Samaritan Ministry Hospitality
12:00 p.m. **Mass**
12:00 p.m. AA

Tuesday, June 5

7:00 a.m. **Mass/Confessions**
12:00 p.m. **Mass/Confessions**
4:45 p.m. Lecture — Fr. Emmanuel

Wednesday, June 6

7:00 a.m. **Mass/Confessions**
7:00 a.m. AA
12:00 p.m. **Mass**
12:00 p.m. AA
4:45 p.m. Lecture — Fr. Emmanuel
6:30 p.m. Choir Rehearsal
7:30 p.m. Alanon

Thursday, June 7

7:00 a.m. **Mass/Confessions**
12:00 p.m. **Mass/Confessions**

Friday, June 8

7:00 a.m. **Mass/Confessions**
12:00 p.m. **Mass**
12:30 p.m. Adoration of the Blessed Sacrament

Saturday, June 9

9:00 a.m. Centering Prayer
12:00 p.m. **Mass/Confessions**
2:00 p.m. African Choir Rehearsal
4:00 p.m. **Mass**

Eulogy of Sister Rosanne Fox, CSJ *continued from page 2*

At Rosie's retirement Fr. Forliti said, "When I needed inspiration I went to the basement. They thought it was for a doughnut or muffin, but it was for inspiration". He also said, "She went places most of us wouldn't go without a couple policemen".

Fr. Kennedy recalled in an article in the St. Olaf bulletin marking her 90th birthday: As her ministry progressed, she became more creative. She established vegetable gardens throughout the Twin Cities, including one behind the convent (this complex of buildings). The fruits of the earth that were gathered were given to the poor. Her line was "they deserve a few homegrown tomatoes just like the rest of us".

She created a magical network that those who had — gave, and those who needed — received. It may have been financial support or volunteer time, but you didn't say no to Rosie, you simply asked "How much?" or "What time?".

She loved sports, whether it was playing

baseball with the nieces and nephews in her habit, attending her students' games, listening to the Twins, or watching the Vikings. She would sit on the floor right in front of the TV and pound on the floor cheering on the Vikings.

Oh, how she loved a party and to entertain. In the Rule of St. Benedict, the saint required that all Benedictine monasteries treat each passing pilgrim and guest as Jesus. Rosie took this directive to heart. You knew that she was there to share her table, to cheer your day or night, to tickle your heart, to revive your spirits, to make you feel you were the most important person in the world, because to her, you were.

Being part of a large Irish family, she reveled in all it entailed. Always interested in everything the nieces and nephews and cousins were up to; attending every event, and, much like her students, praising successes and offering encouragement through tough times. Playing cards was a big part of the family tradition— wherever four or more were gathered a

card game ensued. A game of 500 amongst her siblings sounded more like a rugby match.

Rosie faced adversity and sadness stoically; and had a great faith, not worn on her sleeve but lived every day. Rosie worked hard, but she enjoyed life and people just as much. If she were to leave us with parting words, I think they would be those of St. Francis, "I have done what is mine to do, may God give you the strength to do what is yours".

All of us who were blessed to have known her were ennobled by her presence, tickled by her wit, delighted by her company, amazed at her strength, and mostly wiser for her example.

May God rest the soul of Sister Rosanne Fox;
May He bless those fortunate to have known her;
May some of her light continue to shine upon us.



Serving as a living sign of Christ's saving presence in the heart of the city.

Sunday Mass is broadcast on Sundays at 8:00 p.m. and Mondays at 10:00 a.m. on MCN Cable TV Channel 6, and also via our website and YouTube.

WEEKEND MASS SCHEDULE

Saturday: 4:00 p.m.

Sunday: 6:00 a.m., 8:00 a.m., 10:00 a.m.*, 12:00 noon*, 4:00 p.m.

*nursery open for all ages

WEEKDAY MASS SCHEDULE

Monday - Friday:

7:00 a.m., 12:00 noon

Saturday: 12:00 noon

SACRAMENT OF PENANCE / CONFESSIONS

Monday - Friday after 7:00 a.m. Mass

Tuesday, Thursday, Saturday after

12:00 noon Mass

ADORATION OF THE BLESSED SACRAMENT IN THE CHAPEL

Fridays: 12:30 - 5:00 p.m.

PASTORAL TEAM

Fr. Patrick Kennedy

Fr. David Haschka, SJ

Fr. Michael Krenik

Find contact information for other staff members on our parish website

CONTACT

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www.SaintOlaf.org

OFFICE HOURS

Monday - Friday: 9:00 a.m. - 4:00 p.m.

For complete details on parking while at St. Olaf, visit us online at www.SaintOlaf.org/free-parking.

