



Catholic Church

215 South 8th Street  
Minneapolis, MN 55402

Wednesday, January 11, 2023  
Wednesday of the First Week  
in Ordinary Time



*Good morning!*

We read Hebrews 2:14-18, Psalm 105, and Mark 1:29-39. We read how Jesus healed Simon's mother-in-law, cured many who were sick, and drove out many demons. This must have been exhausting for Jesus as his ministry was just beginning and many came to hear about him. The excitement of ministry but the exhaustion of human needs. Jesus became like one of us so that he might be merciful and faithful. Jesus knows our excitement and our exhaustion. Jesus knows and understands the physical and the spiritual. Jesus can help those being tested, comfort those who are suffering, and walk with all of us on our journeys. We too need time to get away, reflect and pray as Jesus did. They will come looking for you but take the time anyway.

*Peace,*

*RevKev*

*"The Lord remembers his covenant forever."*

**<http://www.bible.usccb.org/>**