



Catholic Church

215 South 8th Street  
Minneapolis, MN 55402

**Wednesday, February 8, 2023**  
**Wednesday of the Fifth Week**  
**in Ordinary Time**



*Good morning!*

We celebrate Saint Jerome Emiliani and Saint Josephine Bakhita. We read Genesis 2:4-9, 15-17, Psalm 104, and Mark 7:14-23. In the second story of creation, we have God creating the face of the earth and then creating man, whom God placed in the garden. In the garden were trees God had made grow out of the ground that were delightful to look at and good for food. God placed man in the garden to cultivate and care for it. God gave man this order, "You are to eat from any of the trees of the garden except the tree of knowledge of good and evil." What God made was good and to man, God breathed the breath of life. Jesus reminds us that what is outside of us does not defile us but what comes from within is what defiles. Jesus' words ring true and taking the time to reflect on our actions, our language, and our thoughts, we might just say, "Wow." What is in your heart? Jesus gives us a list of potential evils that might exist. May we pray that our hearts be cleansed, our actions and language lift people up and our thoughts are of God and for others. May we be renewed in truth today.

*Peace,*

*RevKev*

*"O bless the Lord, my soul!"*

**<http://www.bible.usccb.org/>**