



**Tuesday, February 20, 2024**  
**Tuesday of the**  
**First Week of Lent**



*Good morning!*

We read Isaiah 55:10-11, Psalm 34, and Matthew 6:7-15. We give praise to God who in time allows us to grow in faith, hope, and love as God nourishes us with God's word. Planted within us, it takes time to grow and take hold. God gifts us with this time. Jesus teaches us to pray. The Lord's prayer is the only prayer Jesus teaches and includes all that we need. God knows what we need before we even ask. We continue to develop in life each day into who God created us to be. Pray the prayer Jesus taught us slowly and ponder each phrase to allow the words to sink in and have meaning!

*Peace,*  
*RevKev*

*"From all their distress God rescues the just."*

**<http://www.bible.usccb.org/>**