



Catholic Church

215 South 8th Street
Minneapolis, MN 55402

Wednesday, February 22, 2023 Ash Wednesday



Good morning!

We celebrate Ash Wednesday, the beginning of our Lenten Season. We read Joel 2:12-18, Psalm 51, 2 Corinthians 5:20-6:2, and Matthew 6:1-6, 16-18. We are being summoned today to a period of fasting, weeping and mourning. We pause to examine our lives and ask, "where have I been?" We are called to recognize our sinfulness and to turn away from sin and return to fullness of life in God. We may be marked with Ashes as an outward sign that we are mortal. We may hear, "Repent and believe in the Gospel," or "Remember you are dust and to dust you shall return." Hearing these words and seeing the sign of ashes, brings us to the entry of Lent. How will you approach these forty days? Prayer, fasting and almsgiving are laid out for us by Jesus. Recognizing how we may have been separated from God and/or another, Lent moves us to be reconciled and to live freely in the love that is in us and before us. Take some time today to reflect on what you want these forty days to be for you and your relationship with God. Then, walk with Jesus and know you are loved.

Peace,

RevKev

"Be merciful, O Lord, for we have sinned."

<http://www.bible.usccb.org/>